

# COMMUNIQUE

October 2022

## Meet the Communique Team

Meet the Communique team is a series of stories from each of the members of our team. This month will feature Jim B, Jim has been with the Communique for several years and gives us the traditions, jokes, history and trivia. We hope you get to know us all and enjoy the Communique.

### Inside This Issue

- 2 - District 13 Officers
- 2 - Intergroup Officers
- 2 - Intergroup & District Meetings
- 2 - District Committees
- 2 - Group Donations Addresses
- 3 - DCM Corner
- 4 - Announcements/Events
- 5 - District Treasury Report
- 6 - Intergroup Treasurer Report
- 7 - Step 10
- 7 - Tradition 10
- 8 - Anniversaries



## Whiskey River

A Local history book written about Fairfax Co. VA. Lists its earliest house as belonging to my one of grandfathers in the 1700s. The story goes it was across the road from Earp's Ordinary (a pub). We don't know which came first the pub or the house? So, I guess during my many years of drinking I was just "carrying on, a very old, family tradition."

I grew up in a house, not far from there, where the whiskey flowed like a river most of the time. My mother didn't drink Thank God. She was the responsible adult around the drunks. My grandmother died from pills and booze in her 60s. Everyone got drunk at her wake.

I can't remember the first time I tried alcohol. I used to sip whiskey and coke from time to time I kind of liked the taste. I was in 7th grade when I got my first buzz doing lawn work for an older cousin. He went to town and told me if I got too hot there was a cold beer in the fridge. It got hot. I got a beer. He had an awesome stereo. I turned it on, drank the beer, and liked the buzz. So, I drank another. I forgot about the lawn until my cuz got home. I think I was on number 3. He got pissed at me because I didn't finish the lawn and drank up half his beer. So, the first time I drank I managed to get into trouble. It would not be the last.

I quickly got in with some of my buddies and we started to drink whatever we could steal. It was the 60s. Pot was king. I never liked that high. I wanted a beer, wine or a whisky buzz but with them came the hangovers. I would swear if God would let me live, I would never drink again and I didn't. Until next time.

Got through high school and joined the Navy. A very fertile ground for a budding alcoholic. We would "work hard and play hard". That was to last 22 years. Many times, referred to alcohol "counseling" as a choice to atone for some drunken misdeed. A second career lead me into the park service. It was a perfect fit. Turns out Rangers like to work hard and play hard too. At around the 15th year I was not able to cover my drinking at work or at home anymore. I was physically at a point where if I didn't stop I was going to die, as my Grandmother had. At 55 the doctor said I would not see 60. I signed myself into a spin dry under doctor's orders because he feared how bad my detox would be. He was right. The first night there I got up and fell to the floor. I crawled to the bathroom and did not have the strength to raise my arm up to pull the cord to call for help. I spent the better part of that night there on that floor. Right then and there I had reached a low I never wanted to feel again.

But I still didn't want to quit drinking altogether. I just didn't want to drink as much as I had been. They sent me home still very sick. I had to use a walker as I could not stand on my own two feet. My wife got out a yellow pages and called up an A.A. hotline. I was too sick to drive, someone came and brought me to my first three meetings. The first is a blur but by the third I started to take in a few things. The first being I did not have to live the way I'd been living. I had to quit, all together, my drinking was out of my control. I needed an intervention that only God could give me. Not knowing then, I was experiencing a total "psychic change" in my life. There in that A.A. room, among that group of drunks, I learned there IS a life without alcohol. The life I live now, one day at a time, is beyond anything I could ever imagine. I can now see all the blessings I am gifted. I am a "Grateful Recovered Alcoholic."

Jim B.

Interested in sharing your story?

Contact us or submit it to:  
Communique@aahernando.org

**District 13 Officers****DCM**

Eleanor B.  
(484) 661-8753  
dcm@aahernando.org

**Alternate DCM**

Mark S.  
(727) 858-8366  
altdcm@aahernando.org

**Treasurer**

Linda M.  
(812) 841-5601  
dtreasurer@aahernando.org

**Secretary**

Michael E.  
dsecretary@aahernando.org

**District 13 Committees****Accessibilities**

Richard C.  
accessibilities@aahernando.org

**Archives**

Open

**Communique Chair**

Sue S. (413) 219-5133  
Communique@aahernando.org

**Communique Co-Chair & Anniversaries**

John K. (352) 650-2324  
anniversaries@aahernando.org

**Corrections**

Debbie Q.  
corrections@aahernando.org

**Grapevine**

Jenlean G.  
grapevine@aahernando.org

**Literature**

Linda S. (813) 310-8559  
literature@aahernando.org

**Public Info (PICPC)**

Jim S.  
picpc@aahernando.org

**Parliamentarian**

Wendy S.  
parliamentarian@aahernando.org

**Treatment**

Joe C.  
treatment@aahernando.org

**Intergroup Officers****Chairperson**

Frank S.  
(352)436-2731  
chair@aahernando.org

**Alternate Chair**

Jim B.  
(727)642-3533  
altchair@aahernando.org

**Secretary**

Dee Mc.  
(352) 442-6423  
igsecretary@aahernando.org

**Treasurer**

Suzanne M.  
(352) 584-5656  
igtreasurer@aahernando.org

**Intergroup Liaison**

Anthony C.  
igliaison@aahernando.org

**HotLine**

Johnny V.  
(352) 346-6096

**HEAART**

Nancy E.  
(352) 232-5207  
heaart@aahernando.org

**WebMaster & Meeting List**

John K.  
(352) 650-2324  
webmaster@aahernando.org

**Central Office & Book Store**

4116 Lamson Ave  
Spring Hill, FL 34608  
(352) 683-4597

**Office Manager - JJ M.**

info@aahernando.org

**Book Store Hours**

Mon-Fri 9am-1pm  
Saturday 9am-12pm

**Hotline: Jonny V****Monthly Intergroup Meeting**

Friday October 7<sup>th</sup> 2022  
2022 @ 6:30 PM  
Forest Oaks Lutheran Church  
8555 Forest Oaks Blvd  
Spring Hill FL

**Monthly District Meeting**

Monday, October 3<sup>rd</sup> 2022  
Holy Trinity Lutheran Church  
1214 Broad St.  
Masaryktown FL

**Group Donations****District 13 Treasurer**

P.O. Box 10653  
Brooksville, FL 34605  
(Checks payable to District 13)

**Hernando Intergroup Office**

4116 Lamson Ave  
Spring Hill, FL 34608  
(352) 683-4597

**Office Manager - JJ M.**

info@aahernando.org

**Intergroup Office Hours**

Mon-Fri 9am-1pm  
Saturday 9am-12pm  
(Checks payable to Hernando Intergroup)

**North Florida Assembly**

P.O. Box 226  
DeLeon Springs, FL 32130  
(Checks payable to NFAC)

**General Service Office**

P.O. Box 459  
Grand Central Station  
New York, NY 10163  
(Checks payable to GSO)



## **The DCM's Corner with Eleanor B.**

Dear Members,

It's that time again! Yes, in November, District 13 will be holding elections for the offices of DCM, Alt DCM, Secretary, Treasurer and Archivist. If you are interested in growing spiritually, please bring a service resume to our October/November business meeting. Always remember that "Service is the foundation of spiritual growth."

In service,

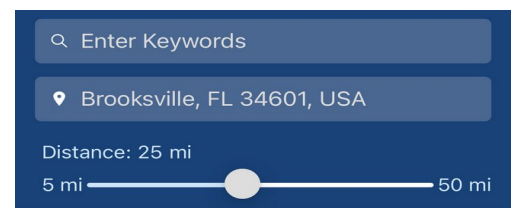
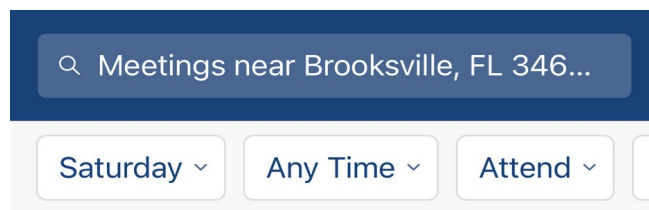
*Eleanor B.*

DCM District 13

### **Accessibilities Corner**

Have no fear, technology is here part 2. Now that we have downloaded and installed The Meeting Guide let's look at some of its features.

The top search bar if you tap it, you can change its settings. Distance sets to 50 miles, use your finger to slide the dot to what distance you want to see.



"Keywords Search" is if you are looking for a specific type of meeting. Type a word into that and search, simple. The second search bar is "Current Location." If you are planning a trip, you can put in any location you want to see meetings in that location.



On the home screen there are 5 icons on the bottom. "Meetings" brings you back to its home screen. "Favorites" is a meeting list of meetings you have marked with the heart. "News" is anything put out by AAWS and Grapevine. "Quote" is for the Daily Reflection. "Contact" has links for literature, contacting AA, submitting meeting updates. Also has a help and feedback section.

Any questions, comments, or suggestions contact Richard C. or Diane B at [accessibilities@aahernando.org](mailto:accessibilities@aahernando.org)

## UNITY MEETING

**Hosted by Let Go & Let God**  
**Saturday October 8<sup>th</sup>, 2022**  
 Doors open at 6:30 for food and fellowship Please bring a desert.  
**Meeting @ 7:00**  
**Nativity Lutheran Church**  
**6363 Commercial Way**  
**Weeki Wachee, Fl. Next month**  
**Hernando Beach Group**

## Gratitude Dinner Planning

**Tuesday October 11<sup>th</sup> 6PM**  
**Thursday October 27<sup>th</sup> 6PM**  
**Forest Oaks Lutheran Church**  
**8555 Forest Oaks Blvd**  
**Spring Hill FL, 34606**  
**Volunteers needed!**  
**Contact Dee M.**  
**Gratitude Chairperson**  
**352-442-6423**

Hernando County Intergroup Presents

2022





# GRATITUDE

## Dinner



Doors open 4:00 pm  
 Dinner starts 5:00 pm  
 Guest Speaker 6:30 pm  
 50/50 Raffle  
 Gift Baskets Raffle

Have your group donate a gift basket! Ideas: Spa, Lottery, Gift Cards, Electronics, Garden, Beach, Chocolate/Coffee Lovers, Pet supplies, Cash.

Bring your basket to Gratitude Dinner



**Bring your favorite holiday side dish or a dessert to share**

No alcoholic turned away  
 For more info, contact Dee Mc: 352-442-6423

 Jerome Brown Center  
 99 Jerome Brown Place, Brooksville

## Service Opportunities

\* Literature Chair is looking for Volunteers to serve on the Literature committee. They Also welcome suggestions on How they can best serve you.

**Contact Linda S.**  
[literature@aahernando.org](mailto:literature@aahernando.org)

- \* Intergroup office in need of volunteers.
- \* District 13 Archives
- \* Corrections is in desperate need Of volunteers, If interested please


Let us know if you would like to share an announcement or future event for your group or meeting. Email us at:  
[Communique@aahernando.org](mailto:Communique@aahernando.org)

JOIN US FOR A NIGHT IN A SAFE PLACE  
 DURINGA ..

**SPOOKTACULAR**

**EVENT**

HOSTED BY HEAVY HITTERS  
 @ BELL AVE.



THE 30TH OF OCTOBER 6 O'CLOCK IN THE  
 EVENING TIL 9.

All welcomed| Potluck (bring a dish)| Games |  
 Costume prizes| FELLOWSHIP

**Approved District Treasury Report**

			Aug-22				
DONATIONS							
		22-Aug	YTD		BEGINNING BALANCE		\$270.81
A Desire/Friendship Group		0	0	Expenses			
AA Way of Life		0	0		Drop Box	(\$199.90)	
AlGood Grp		50	50		Zoom	(\$14.99)	
Anonymous		0	25		Drop Box	(\$19.99)	
Audio Big Book Group		0	0		Service Charge	(\$12.00)	
Founders day 7th Trad.		55.5	55.5		Archives Rent	(\$50.00)	
Fun & Frolic Group		0	20				(\$296.88)
Happy Hour Grp		100	125				
Hernando Beach Group		50	50	Deposits			
Hernando Cty Intergroup		180	180		Donations	\$715.50	
Hope Group		0	200		Corrections	\$73.88	
Let Go Let God		25	100		Founders Day	\$370.00	
Living Sober		0	0				
Principles Before Personalities		0	20				\$1,175.38
Ridge Manor Big Book Group		100	100				
Rough Road Group		0	0	ENDING BALANCE			\$1,149.31
Serendipity Sisters Group		0	0				
Singleness Of Purpose Gp		0	150				
Spring Hill Group		0	100		CORRECTIONS		
Sunset Group		0	0	Beginning Balance			\$1,437.39
The Steps we took		25	25		Donations		
There Is A Solution Group		80	240	Hope Group		\$46.00	
Thursday Night Welcome		0	0	Interroup		\$23.88	
Tranquility Group		50	50	Lunch Bunch		\$4.00	
WISE Women		0	50			\$73.88	
Womens Serenity Group		0	75	Ending Balance			\$1,511.27
Total Donations		715.5	1615.5				

**GRAPEVINE DAILY QUOTES:**

**“In early sobriety, I remember moaning to another member about how I didn’t have a relationship, I didn’t have a new car, and I didn’t have a flashy job. He replied: ‘It takes a steady hand to hold a full cup.’”**

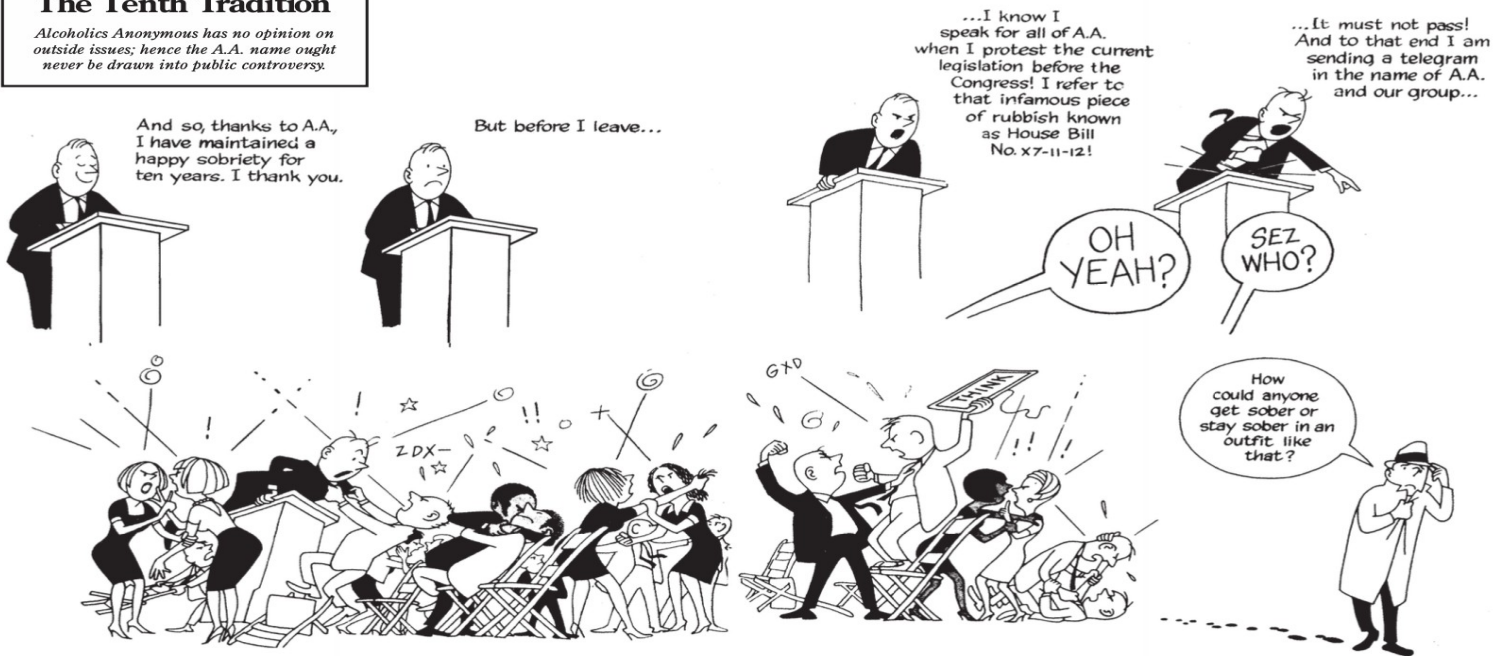
**“God never gives me more than I can handle, but sometimes he takes me right to the edge.”**

**“Spirituality for me is not a question of feeling good (Though feeling good is a feeling I like a whole lot). Instead it is a matter of finding from prayer and meditation, from other people, from meetings-- in short, from all the ‘Tools of recovery’--the power to do what is good, what is healthy, what brings joy and healing to myself and others.”**

## Approved Intergroup Treasury Report

Hernando County Intergroup Treasurer's report				Group Donations	
Aug-22				Jul	Aug
Checking		Savings			
Beginning Balance 8/1/2022	\$ 2,153.70	Beginning Balance 8/1/2022	\$ 3,062.99	A Desire	\$0.00 \$0.00
Total Withdrawals	\$ (1,177.54)	Total Withdrawals	\$ -	Allgood Grp	\$0.00 \$100.00
Total Deposits	\$ 2,622.48	Total Deposits	\$ 0.03	Aripeka Big book	\$0.00 \$0.00
Ending Balance 8/30/2022	\$ 3,598.64	Ending Balance 8/30/2022	\$ 3,063.02	AA Way of Life	\$0.00 \$0.00
<b>Expenses</b>					
Rent - Intergroup Office	\$ 600.00	Ck # 5457	5459	Audio Big Book	\$0.00 \$0.00
Spectrum- 2 months	\$ 247.94			Bring Your own Big Book	\$0.00 \$0.00
AAWS	\$ -			Fun And Frolic	\$0.00 \$0.00
Hazelden	\$ -			Heavy Hitters	\$0.00 \$123.22
Recovery Accents	\$ 119.95			Hernando Beach	\$0.00 \$100.00
District donation	\$ 180.00	Ck # 1001		Hope Group	\$0.00 \$0.00
Office Supplies	\$ 29.65			Lets Get Serious	\$0.00 \$0.00
<b>Total</b>	<b>\$ 1,177.54</b>			Let Go and Let God	\$25.00 \$0.00
<b>Deposits</b>					
Cash/Checks	2529.04			Life goes on	\$0.00 \$0.00
Square (Credit Cards)	93.44			Living Sober	\$0.00 \$0.00
<b>Total</b>	<b>2622.48</b>			More Serenity Sisters	\$0.00 \$0.00
				Monday Night Meeting rental	\$0.00 \$0.00
				P.B. P.	\$79.50 \$100.93
				Precisely II Big Book	\$0.00 \$0.00
				Precisely II	\$0.00 \$0.00
				Ridge Manor Group	\$0.00 \$500.00
				Rough Road Group	\$0.00 \$0.00
				Serenity Sisters	\$0.00 \$0.00
				Singleness of Purpose	\$0.00 \$0.00
				Spring Hill Monday Night	\$0.00 \$0.00
				Step In the right direction	\$0.00 \$0.00
				Sunset Group	\$0.00 \$0.00
				The Steps we took	\$25.00 \$0.00
				There is a Solution	\$0.00 \$0.00
				Together We Stand	\$0.00 \$0.00
				Tranquility Group	\$37.50 \$0.00
				Thursday Night Welcome	\$0.00 \$0.00
				Tuesday Night B.B	\$0.00 \$0.00
				Unity	\$0.00 \$0.00
				Umbrella Group	\$0.00 \$0.00
				Wise Women	\$0.00 \$0.00
				Womens Serenity Group	\$0.00 \$0.00
				<b>\$167.00</b>	<b>\$924.15</b>

**The Tenth Tradition**  
*Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.*



## Step Ten

Continued to take personal inventory and when we were wrong promptly admitted it.

This thought brings us to Step 10, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for, selfishness, resentment, and fear.

When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Love and tolerance of others is our code. The Tenth Step can be a pressure relief valve. We work this step while the days ups and downs are still fresh in our minds. We list what we have done try not to rationalize our actions. This may be done in writing at the end of the day.

The first thing we do is Stop! Then we take the time to allow ourselves the privilege of thinking. We examine our actions, our reactions, and our motives. We often find that we've been "doing better than we've been feeling".

This allows us to find out where we have been wrong and admit fault before things get any worse. We need to avoid rationalizing. We promptly admit our faults, not explain them. Step 10, 11, 12 are called the maintenance steps. These steps are practiced the rest of our lives.

### THE 10TH TRADITION

*"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into any public controversy."*

A.A. does not take any sides in public controversy. Reluctance to fight is no special virtue. Survival and spread of A.A. are our primary aims. Lessons learned from the Washingtonian movement. This is not to say, personally (and sometimes not so privately) we all agree.

No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues – particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one concerning such matters, they can express no views whatever.

"Never since it began has Alcoholics Anonymous been divided by a major public controversy... This however, has been no easy earned virtue". (12 x 12, pg. 176)

Fall-outs seen by breeching in Anonymity at the level of Press, Radio and film have ended up with A.A. and public controversy.

Some years back a radio host wrote in his newspaper blog. He praised A.A. as he celebrated 30 years of sobriety. Six months later he made the news accused of making "racial" remarks. His actions may have gotten some public thinking A.A. was racist.. and what a controversy that would be for us.

#### TRADITIONS CHECKLIST

These questions published in the A.A. grapevine in conjunction with the Twelve Traditions that began in November 1969 and continued through 1971. While they were originally intended primarily for individual use, many A.A. groups have used them as a basis for wider discussion.

Do I ever give the impression that there really *is* an "A.A. opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?

Can I honestly share my own personal experience concerning giving the impression I am stating the "A.A. opinion"?

What in A.A. history gave rise to our Tenth Tradition?

Have I had similar experience in my own A.A. life?

What would A.A. be without this Tradition? Where would we be?

Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious ways?

How can I manifest the spirit of the tradition in my personal life outside A.A.? Inside?

**October Anniversaries****Groups:**

Principles B4 Personalities  
11 years

Spring Hill Monday Night Group  
48 years

Women's Serenity Group  
38 years

**Members:****A Desire**

Michael V – 5 years

**All Good**

None Reported

**Aripeka**

JJ M – 5 years

**Brooksville Group**

None Reported

**Fun and Frolic**

None Reported

**Happy Hour**

None Reported

**Heavy Hitters**

None Reported

**Hernando Beach**

Dave P – 2 years  
Ray D – 32 years

**Hope Group**

Carl – 40 years

**Ladies Big Book**

Jeanne C – 26 years  
Janis G – 41 years

**Let Go Let God**

Bob S – 32 years  
JJ M – 5 years  
Ray D – 32 years

**Lets Get Serious**

None Reported

**Life Goes On**

None Reported

**Lunch Bunch**

None Reported

**More Serenity Sisters**

Jamie M – 6 years

**Principles B4 Personalities**

Roger S – 5 years

**Promises**

Sean T – 21 years  
Terry K – 33 years

**Ridge Manor Big Book Group**

Kevin B – 30 years  
Andrew G – 9 years

**Rough Roads**

AJ – 13 years  
Andy S – 8 years  
Cheri M – 35 years  
Eddie – 29 years  
Mike R – 6 years  
Todd – 43 years  
William – 32 years

**Spring Hill Monday Nite**

None Reported

**Serendipity Sisters**

Ann Marie – 13 years  
Val – 30 years

**Serenity Sisters**

Jennean G – 3 years

**Singleness of Purpose**

Jim F – 4 years

**Step in the right direction**

None Reported

**StepSisters**

None Reported

**Steps We Took**

None Reported

**Sunset Group**

Celeste G – 3 years

**There is a Solution**

None Reported

**Thursday Night Step**

None Reported

**Tranquility Group**

Rob B – 19 years

**Women's Serenity**

Anne Marie – 13 years  
Celeste – 3 years  
Mindy D – 15 years

**Young at heart**

None Reported

**Young Mens**

None Reported

**Congratulations to all of those celebrating!** Have you ever considered sharing your story Let us know. We are always looking for stories to feature and we will come to you.

**Send us Anniversary information for your group** at [www.aahernando.org](http://www.aahernando.org) Look for the "Submit Anniversaries" link at the top of the home page or email them to [anniversaries@aaahernando.org](mailto:anniversaries@aaahernando.org). Please submit by the 25<sup>th</sup> for the coming month.