



# COMMUNIQUE



## From Homeless and Hopeless to Grateful

My name is Hugh, and I'm an alcoholic. My sober date is August 11, 1998. I'm grateful to be sober.

I grew up in the great state of North Carolina and was raised by loving parents and three grandparents. I am an only child (but not spoiled), and my parents were both college graduates who tried to instill in me the values of hard work. They separated when I was 7 which was the first of my feelings of "life just ain't fair" moments. I lived with my mother during the school year and my dad in the summer. My mother converted to Catholicism when I was in the 3rd grade, and so I went to parochial school from then until my senior year in high school. I received a good education and was a straight A student which made me mistakenly believe I was a genius.

On the outside I looked really good. President of the freshman and sophomore class, Latin honor society, lead in the school play, and first-string varsity basketball. I was so popular that my classmates would say "that boy is really going somewhere." But my senior year I discovered the magical power of alcohol and what it did for me, and from that moment on I loved the effect and never ever wanted to stop. I went to a local college for one semester and came through with a 0.9 grade point average ending my college career and beginning the fulfillment of my classmates' prediction of going somewhere.

As a direct result of the alcoholic way I drank and used a few of what we call "outside issues," I wound up in prison for the first time. After 16 months and being denied parole, I decided I was rehabilitated, and I escaped from prison. This would begin a series of "geographics" that would take me from North Carolina to D.C., New York City, Boston, Maine, California, and finally to Alaska.

I thought I had found my kind of people up there, but the progression of the disease grew out of control. Although I made lots of money and got lots of things, the only thing I really cared about was where I would get my next drink. I was there for 13 years, and finally North Carolina found me, so I went back to serve my time and made

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STEP 7

## EVENT CALENDAR

Sat 07/01	Accessibilities 10:00 AM 4116 Lamson Ave, Spring Hill + Zoom
Fri 07/07	Area Assembly Registration 6:00 PM 10400 County Road 48, Howey-in-the-Hills
Fri 07/07	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 07/08	Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
Sat 07/08	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee
Sun 07/09	Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
Mon 07/10	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Sat 07/16	Intergroup Spring Picnic 11:00 AM 16739 Crews Lake Dr, Spring Hill
Fri 08/04	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 08/05	Accessibilities 10:00 AM 4116 Lamson Ave, Spring Hill + Zoom
Mon 08/07	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Sat 08/12	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee



## Hernando County Intergroup

### Central Office & Book Store

4116 Lamson Ave.

Lamson Woods Plaza

Spring Hill, FL 34608

Office Manager: JJ M.

**352-683-4597**

Intergroup Office Hours:

Mon - Fri 9 am–1 pm

Saturday 9 am–12 pm

[info@aahernando.org](mailto:info@aahernando.org)

## Group Donation Addresses

### Attention all Group Treasurers:

Please send donations to the following:

#### District 13 Treasurer

7381 Lykes Dublin Road

Brooksville, FL 34601

***(Checks payable to District 13)***

#### Hernando Intergroup Office

Suzanne M. – Treasurer

4116 Lamson Ave.

Spring Hill, FL 34608

***(Checks payable to Hernando Intergroup)***

#### North Florida Area Assembly

PO Box 6301

Jacksonville FL 32205-9998

[aanorthflorida.org](http://aanorthflorida.org)

***(Checks payable to NFAC)***

**Please note new address:**

#### General Service Board

PO Box 2407

James A Farley Station

New York, NY 10116-2407

***(Checks payable to GSB)***



*(From Hopeless and Homeless to Grateful, continued from page 1 ...)*

parole after a year. Then I went back to Alaska for five years where my drinking just got worse and worse. I figured the problem must be the way they drank up there, so I decided to go home to North Carolina. I was only there 6 months and was back in prison for the third time. In another year, I made parole and once again tried another "geographic" to New York City.

By this time, I was homeless, hopeless, and barely surviving living like an animal on the streets of New York. Along the journey I was introduced to AA and treatment centers. Not able to ever get sober, I would spend thirteen miserable years being "around AA" but never really in it, and not being able to surrender to the fact that I was an alcoholic who couldn't drink safely.

Then, on a hot summer day, God stepped in!

On August 10th, I came to be sitting on a park bench next to a guy who was in just as bad of shape as me, and I turned to him and said, "I can't do this anymore!" He said to me, "Sure you can, you just need a rest." He said there was a crisis center around the corner, and they would feed me, give me clean clothes and a bed. I fished in my pockets, found 75 cents, went to a bodega, bought a 50-cent beer, and chugged it down. I had no idea that would be my last drink.

I stayed at the crisis center overnight, and they sent me to a detox on Staten Island where I stayed for 5 days. (I still needed some rest.) Then the next miracle happened. One of the counselors there told me I needed more treatment, and, after horse laughing him, I told him I could probably teach at one of those places. He mentioned a place called Graymoor. This is how God works! A month earlier, another fellow sufferer had told me about this place upstate that had horseback riding and golf courses. He said, you stay there three weeks, and they give you an Oscar de la Renta suit.

When that ol' boy mentioned Graymoor, I made a plan. I'd stay there the three weeks, my welfare check would get right, I'd get my food stamps, sell them, get that Oscar de la Renta suit, and be on my next run. I had no plan of actually getting sober, but God had another plan. God also has a funny sense of humor as, unbeknownst to me, this place was a homeless shelter and treatment center run by the Franciscan Brothers and Sisters of the Atonement, the very same Catholic church I had a 30-year resentment against.

With the guidance of some great counselors and my first AA sponsor, I was given the gift of surrender and willingness that I never had before (Step 1.) After about a month, I woke up and realized I no longer had the obsession and compulsion to drink that had controlled my every waking moment for nearly 30 years. I knew that I had absolutely nothing to do with it, that it had to have been a Power greater than myself; I finally had the beginnings of Step 2. I was finally on an inward journey. That included trusting this newfound power (Step 3.)

After 4 months they sent me to a sober house in Huntington, Long Island with the best advice I'd ever been given in my life. They told me to find an AA meeting, to raise my hand, and tell them I needed help. I did, and that's what I got: help from a few old-timers that, thank God, were not concerned with hurting my feelings or bruising my ego! They were only concerned with saving my behind and giving me their experience with staying sober. I got a sponsor who took me through the program as outlined in the Big Book. I got a homegroup and got a commitment

*(Continued on page 4 ...)*

## Intergroup Officers

### CHAIRPERSON

Frank S.

chair@aahernando.org

### ALTERNATE CHAIRPERSON

Jim B. 727-642-3533

altchair@aahernando.org

### SECRETARY

Dee Mc. 352-442-6423

igsecretary@aahernando.org

### TREASURER

Suzanne M. 352-584-5656

igtreasurer@aahernando.org

## Intergroup Contacts

### OFFICE MANAGER

JJ M. 352-683-4597

info@aahernando.org

4116 Lamson Ave. Spring Hill

### Intergroup Office Hours

Mon-Fri 9am-1pm

Saturday 9am-12pm

(Checks payable to Hernando Intergroup)

### COMMUNIQUÉ (INTERGROUP)

John K. 352-650-2324

communiqué@aahernando.org

### HOTLINE 352-683-4597

### Chairperson:

Johnny V. 352-346-6096

### HEAART

Nancy E. 352- 232-5207

heaart@aahernando.org

### INTERGROUP LIAISON

Pam H. 352-424-5352

igliaison@aahernando.org

### UNITY MEETING

Anne Marie Chair 352-277-6304

Nancy Asst. Chair

unity@aahernando.org

### WEBMASTER & MEETING LISTS

John K. 352-650-2324

webmaster@aahernando.org

## Intergroup Meeting

### First Friday

Jul 7<sup>th</sup>, Aug 4<sup>th</sup> at 6:30 PM

Forest Oaks Lutheran Church

8555 Forest Oaks Blvd,

Spring Hill



## District 13 Officers

### DCM

Lori Ann S. 631-480-3200

dcm@aahernando.org

### ALTERNATE DCM

Mark S. 727-858-8366

altdcm@aahernando.org

### SECRETARY

<V A C A N T>

dsecretary@aahernando.org

### TREASURER

Linda M. 812-841-5601

dtreasurer@aahernando.org

## District 13 Committees

### ACCESSIBILITIES

Richard C. Chair

Diane B. Alt Chair

accessibilities@aahernando.org

### ARCHIVES

Elizabeth S. 352-942-2591

archives@aahernando.org

### COMMUNIQUÉ (DISTRICT)

Maryanne N. 914-466-9116

communiqué@aahernando.org

### CORRECTIONS

Debbie Q. 314-607-4670

Lisa W. 912-312-0210

corrections@aahernando.org

### GRAPEVINE

Tom H. 352-502-1274

grapevine@aahernando.org

### LITERATURE

Linda S.

literature@aahernando.org

### PUBLIC INFO (PICPC)

Jim S.

picpc@aahernando.org

### PARLIAMENTARIAN

Diana B. 727-470-1642

parliamentarian@aahernando.org

### TREATMENT

Joe C.

treatment@aahernando.org

## District Meetings

### District-1st Monday

**Jul 10<sup>th</sup>**, Aug 7<sup>th</sup> at 6:15 PM

Holy Trinity Lutheran Church

1214 Broad St., Masaryktown

### Accessibilities-Sat before 1st Mon

Jul 1<sup>st</sup>, Aug 5<sup>th</sup> at 10:00 AM

4116 Lamson Ave, Spring Hill and

Zoom Meeting ID: 852 0319 0787

Passcode: 820000 (all 2023

meetings)

## Unity Meeting Schedule

Saturday, July 8<sup>th</sup>

Hosted by: **More Serenity Sisters**

Saturday, August 12<sup>th</sup>

Hosted by: **Tranquility**

Doors open at 6:30, meeting at 7:00 pm.

Nativity Lutheran Church, 6363

Commercial Way, Weeki Wachee, FL

For more information please contact:

Anne Marie, Chair: 352-277-6304,

unity@aahernando.org

## 2023 AREA 14 ASSEMBLY DATES

July 7-9

Sept 29-Oct 1

Area Assembly location: Mission Inn Resort & Club, 10400 County Road 48, Howey-in-the-Hills, FL. 352-324-3101, 800-874-9053 (toll free.) Check in 4:00 PM, check out 12:00 PM.

See Area Assembly website for more information:

[aanorthflorida.org/assembly\\_agenda.asp](http://aanorthflorida.org/assembly_agenda.asp)

## Here are some digital resources for recovery:

A.A. Grapevine podcast:

<https://www.aagrapevine.org/podcast>

A.A. Grapevine on YouTube:

<https://www.youtube.com/@AAGrapevine>

A.A. Podcasts:

<https://player.fm/podcasts/Alcoholics-Anonymous>

YouTube Alcoholics Anonymous World Services, Inc:

<https://www.youtube.com/channel/UC2nfvf9DeDA7QYvLeq4pQ-w>

## Meeting Change

Principles Before Personalities has a meeting change to announce:

The Sunday 8:00 AM meeting is now a beginners meeting.

The group meets 7 days a week at 8:00 AM at the St. Andrews Episcopal Church (Coulton Hall), 2301 Deltona Blvd in Spring Hill.



*(From Hopeless and Homeless to Grateful, continued from page 2 ...)*

right away. I was told that if I said I was grateful to be sober, I had to act like it with action and not words. Action, service, prayer and meditation, cleaning house and passing on what I had been given so freely were the hallmarks of recovery.

I've been given so many gifts since I surrendered to this disease. I met a saint with whom I fell madly in love and married into four beautiful kids. I've seen five grandkids born. I had the privilege of being able to hold my mother's, father's, and mother-in-law's hands when each took their last breath on this earth. I got to hold the job that God intended for me to have until I retired. After twelve years on Long Island, my wife and I were able to move to sunny Florida where we both had to become newcomers again and get a new network of AA friends, which happened quickly. A year and a half ago we moved up to Hernando County and once again had to start a new chapter in our recovery. So far so good!

From total hopelessness and no desire to get sober, with the help of an awesome Power and the program of Alcoholics Anonymous, I'm finally given the opportunity to be the man my mama and grandma always knew I could be.

Thank all y'all for my sobriety!

Hugh B.

Spiritual Axiom Group



### My Recent 7<sup>th</sup> Step Experience

For a few weeks I've been having problems with my online shopping job. I lost my best shopper status while out for two and a half months recovering from surgery. I have to re-earn status every 3 months. Tuesday night after a great meeting, I said a quiet prayer in bed before sleep. "God, I have a lot of fear from economic insecurity, not being able to pay my bills. Please take this fear away as I know You will make it fine." Wednesday morning, I got a phone call to come in for a job interview that I thought would be months away. I got the job. I was still possibly a little short to pay bills before paychecks came in. I signed in to my online shopping job on Wednesday and had the best day shopping in about a month. God provided everything I needed. Thank You, God. Ritchie C.

[subscribe@aahernando.org](mailto:subscribe@aahernando.org)

## **HEAART HEAART In the Right Place!**

HELLO TO ALL HERNANDO COUNTY HEAART REPS!

If your group does not have a HEAART rep, it is strongly suggested you do. HEAART stands for **H**ernando **E**mergency **A.A.** Response Team – carrying the message during times of emergency and crisis. A HEAART rep is the point of contact between group members to determine if the meeting location they normally attend for their group has been affected by a state of emergency or local weather conditions.

To prepare for the upcoming hurricane season there a few things you should do.

1. Pick up new Where and Whens; they can be found at the intergroup office
2. Pick up updated 12 step call list at the Intergroup office (HEAART does not provide these numbers)
3. You can also get an updated Intergroup hotline list at the intergroup office at 4116 Lamson St Spring Hill, 352-683-4597
4. Get familiar with the HEAART LINK: [aahernando.org/heart](http://aahernando.org/heart). This is where you will be able to update members to inform them if your meeting is "up" or "down" (members will not get confused if the meeting is a closed meeting or an open meeting.) Stay on top of updates.
5. Check out "Nature Coast Serenity Group" on Facebook
6. If none of the options above work please contact Nancy E. 352-232-5207 or email [heaart@aahernando.org](mailto:heaart@aahernando.org).

Your HEAART folder should contain the following information: heart rep list, 12 step lists, church numbers, detox numbers, hotline list, group members list form. Updated information for these items can be obtained here:

- Intergroup meeting Friday July 7 (see Dee)
- Unity meeting Saturday July 8 (see Annmarie or Amy R.)
- District meeting Monday July 10 (see Amy R.)

If you are a new rep, please fill out the HEAART rep form and give to the person you received it from.

Thank you for your service! Nancy E.



### Communique Email List

Anyone wishing to subscribe to the Communique email list can send an email with a subject line of "Opt In" to the address below requesting to be added to the email list. You will automatically receive

Communique in your email inbox on the first of every month. You can opt out anytime by sending an email with your request to the same address with the subject line "Opt Out."

[subscribe@aahernando.org](mailto:subscribe@aahernando.org)

Your email address will not be shared for any other purpose.

[www.aahernando.org](http://www.aahernando.org)

**[Alt] DCM Corner**

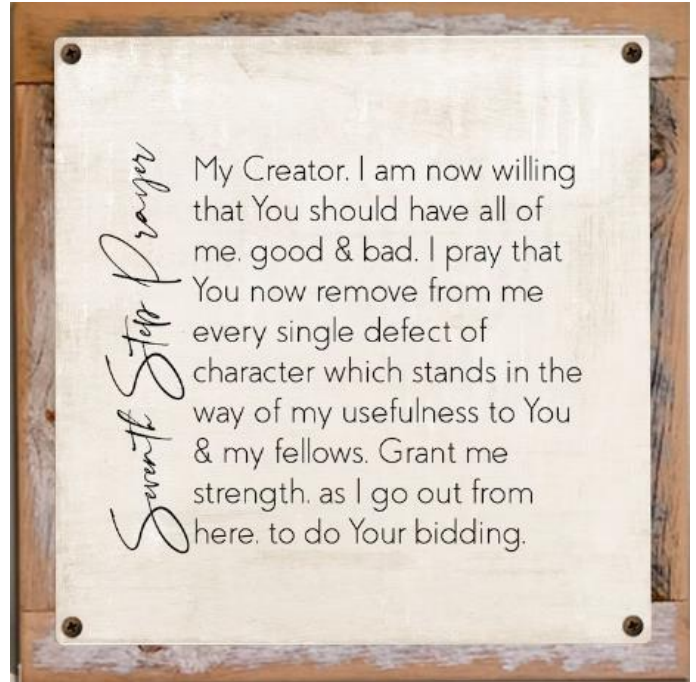
“The GSR ... may be the most important job in AA. By choosing its most qualified man or woman GSR, a group helps secure its own future and the future of AA as a whole.”  
- Bill W.

The General Service Representative has the job of linking his or her group with AA as a whole. The GSR represents the group at district and area assemblies, bringing the group's thoughts, events, and problems to the DCM and to the Delegate. In return, the GSR brings back to the group all information that affects AA unity, health, and growth. Every group should have a GSR, so each group's conscience is heard.

I know that some groups that have said “It's all politics,” or “We don't need all that stuff.” That's truly not the case. Without our service structure, ask yourself where would we be? If our co-founders didn't begin our Fellowship the way they started it 88 years ago, so many lives would have been lost, including yours, mine, and those to come.

Dr. Bob stated “Keep It Simple.” Somehow that saying has become an all-purpose cop-out and effective argument against love and service.

Yours in grateful service,  
Mark S.  
Alt DCM



The District Meeting that would normally be held on July 3<sup>rd</sup> has been changed to **July 10<sup>th</sup>**. Since July 4<sup>th</sup> is a Tuesday, most people have a long weekend and are unable to attend.

[subscribe@aahernando.org](mailto:subscribe@aahernando.org)

**Meeting In A Box**

Are you or do you know of anyone who is unable to regularly attend meetings? Convalescing at home, recovering, or caring for a loved one? Extended stay at assisted living facility or hospital? We have a fully self-contained meeting in a box, portable to take to any location and designed to leave no trace from set up to clean up. Coffee and percolator, cream, sugar, cups, readings, format, and commemorative chips for all who attend.

Contact Richard C. or Dianne B. at [accessibilities@aahernando.org](mailto:accessibilities@aahernando.org)

**Meeting In A Bag**

Accessibilities committee is announcing Meeting in a Bag, also called Mini-Meeting in a Box. If you are planning to visit a member of AA in the hospital, residential center, convalescing at home, or caring for a loved one, and they can't make it to a meeting, simply contact Accessibilities committee, and take one of these with you. Visiting is great, but sometimes a meeting can be even better. It includes everything needed: format card, readings, and our commemorative chips.

Richard C. (352) 346-8338 call, text, or email [accessibilities@aahernando.org](mailto:accessibilities@aahernando.org).

[www.aahernando.org](http://www.aahernando.org)

## About Concept 7

*The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of A.A. purse.*

This Concept attempts to clarify the relationship and "balance of powers" between the Conference and the General Service Board. "This ... may look like the collision of an irresistible force with an immovable object." On the one hand, "the board is invested with complete legal power over A.A.'s funds and services; on the other hand, the Conference is clothed with such great power it could overcome the legal rights of the board.

"Thus, the practical power of the Conference is, in the final analysis, superior to the legal power of the board. This superior power derives from the traditional influence of the Conference Charter itself; from the fact that the delegates chosen by the groups always constitute more than two-thirds of the Conference members"; and finally, from the ability of the delegates to cut off financial support by the groups. "Theoretically, the Conference is an advisory body only; but practically speaking, it has all the ultimate power it may ever need.

The Conference "recommends" -- though its recommendations have the force of directives to the board. The board executes these recommendations. The board does have the legal authority to veto a Conference recommendation -- but in actual practice, it never has done so. As Bill tactfully puts it, the trustees "simply refrain from using their legal right to say 'no' when it would be much wiser, all things considered, to say 'yes.'

"If ... the Conference will always bear in mind actual rights, duties, responsibilities and legal status of the General Service Board, and if the trustees... will constantly realize that the Conference is the real seat of authority...neither will be seriously tempted to make a 'rubber stamp' out of the other... In this way, grave issues will always be resolved and harmonious cooperation will be the general rule."

## Step 7

Humbly asked Him to remove our shortcomings.

## Tradition 7 (Short Form)

Every A.A. group ought to be fully self-supporting, declining outside contributions.

## Tradition 7 (Long Form)

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

## Concept 7

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

### The Seventh Tradition

*Every A.A. group ought to be fully self-supporting, declining outside contributions.*

"Passing the basket" at meetings is our way of meeting our responsibility for the work of A.A. Our own contributions support the group, the General Service Office, and all A.A. activities

As active alcoholics we were always looking for a handout - in one way or another...



Part of our personal recovery came in making ourselves into responsible human beings





INTERGROUP TREASURER'S REPORT FOR MAY 2023

Hernando County Intergroup Treasurer's report  
May-23

Checking		Savings	
Beginning Balance	\$ 754.96	Beginning Balance	\$ 1,063.18
Total Withdrawls	\$ (3,431.95)	Total Withdrawls	\$ (937.49)
Total Deposits	\$ 3,674.54	Total Deposits	\$ 1,500.01
Ending Balance	\$ 997.55	Ending Balance	\$ 1,625.70

Expenses	
Rent - Intergroup Office	\$ (600.00)
Spectrum	\$ (137.97)
AAWS	\$ (388.00)
Printing Plus - W&W	\$ (148.35)
WREC	\$ (114.00)
Recovery accents	\$ (160.90)
Office depot	\$ (70.23)
Unity rent	\$ (150.00)
Ck 1016 communique May23	\$ (162.50)
Transfer to savings	\$ (1,500.00)
<b>Total</b>	<b>\$ (3,431.95)</b>

Donations	May 2023
Unity	\$ 287.00
Happy Hour	\$ 50.00
More Serenity Sisters	\$ 60.00
Women's Serenity Group	\$ 90.00
Living sober	\$ 200.00
Precisely BB	\$ 100.00
<b>Total</b>	<b>\$ 787.00</b>

**What is Accessibilities?**

The purpose of an Accessibilities Committee is to determine resources and recommend activities that will help carry the message of Alcoholics Anonymous to those with accessibility needs, both inside and outside the rooms of AA. **Examples of Accessibility needs:**

- Deaf/Blind, Hard of Hearing or Low Vision
- Homebound or Bedridden •Technology/Literacy
- Speech and Language Barriers •Military/Veterans
- Reading Comprehension •Remote Communities
- Foreign Language / English as a second language
- Cooperation with the Elder Community CEC •Nursing

- Homes/Assisted Living •Loners Internationalists
- Correspondence Service •Lack of
- Transportation/Mobility •Childcare Availability

The Accessibilities Committee is looking for enthusiastic people to help us carry the message of A.A. to anyone needing help. We meet in person at the intergroup office at 10:00 AM and via Zoom. Here is the Zoom connection info for the rest of 2023:

**Meeting ID: 852 0319 0787, Passcode: 820000**

If you are interested in joining us, or know of anyone needing assistance, please contact Richard C. or Diane B. at [accessibilities@ahernando.org](mailto:accessibilities@ahernando.org)







July 16  
11am-4pm

# Intergroup Spring Picnic

Crews Lake Park  
Pavillion 2



## Food Fun Fellowship

Speaker meeting starts at 1pm  
featuring Will. W from Apopka

Bring the family & bring a dish to share

Volleyball  
Corn hole  
Horse Shoe



JULY ANNIVERSARIES



Send us anniversary information for your group at [www.aahernando.org](http://www.aahernando.org). Look for the "Submit Anniversaries" link at the top of the home page, or email them to [anniversaries@aahernando.org](mailto:anniversaries@aahernando.org). Please submit by the 25th of the month for the following month.

**Group Anniversaries**

(Date registered with GSO)

Let's Get Serious ..... 14

**A Desire**

Misty R. .... 5

Gabby M. .... 2

**AlGood**

Laura D. .... 17

Sharon H. .... 37

**Aripeka Open Speaker**

Doe T. .... 18

**Heavy Hitters**

Pam H. .... 7

Kathy G. .... 7

Amanda P. .... 1

Bob W. .... 9

Fern L. .... 37

Jim W. .... 40

Kelly B. .... 9

**Hernando Beach**

Kenny K. ....25

Clark C. ....35

**Hope**

Calvin .....3

Michele L. ....3

Sam C. ....53

**Let Go and Let God**

Marsha .....6

John C. ....12

**Let's Get Serious**

Rachel K. ....38

Frank R. ....30

Tattoo Dan.....15

Todd R. ....12

**Life Goes On**

Carl B. ....26

Ben F. ....34

Sam C. ....53

**More Serenity Sisters**

Zsuzsi .....3

Rebecca.....3

Bobbie.....47

Breda.....20

**Principles Before Personalities**

Marsha P. ....6

Nick O. ....3

Johnathan M. ....3

John C. ....12

Mari-Beth .....12

**Promises**

Sandra T. ....3

Marcus A. ....8

Diane P. ....10

**Ridge Manor Big Book**

Larry H. ....47

Mike G. ....33

Richard C. ....2

**Rough Roads**

Bernadette C. ....15

Harry P. ....30

Johnny H. ....34

Mike C. ....24

Steve N. ....10

**Spring Hill Monday Night**

Ralph G. ....5

**Serenity Sisters**

Karol L. ....7

Lori P. ....29

**Sunset**

Ed S. ....18

Alex M. ....4

Phil P. ....19

Gary F. ....47

**Thursday Night Welcome**

Amy M. ....37

**Tranquility**

Stuart P. ....56

**Women's Serenity**

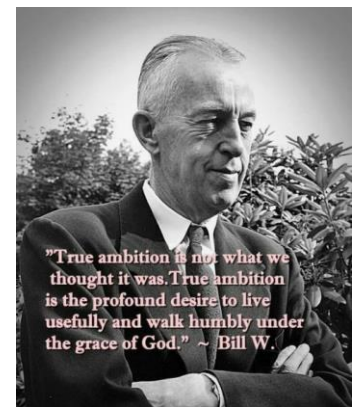
Peggy B. ....27

Diane S. ....42

Gabby .....2

Maribeth.....12

Rebecca .....3



**24 Hour  
HOTLINE**

**7 DAYS week  
365 DAYS a year  
352-683-4597**

**VISIT OUR WEBSITE  
[aahernando.org](http://aahernando.org)**

*for all your event info and meeting schedules when you are on the go.  
If you have any changes or event information to add please email  
[webmaster@aahernando.org](mailto:webmaster@aahernando.org)*

**If you find a mistake in this newsletter, please consider that it is there for a purpose.  
We publish something for everyone, and some people are always looking for mistakes.**