



# COMMUNIQUE



Perseid Meteor Showers:  
July 17 - August 24  
Peak: August 13

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## Relieve Me Of Me

Hello, my name is Tom, and I am an alcoholic. I came back to Alcoholics Anonymous on October 20th, 2021. I'd reached a bottom, maybe not the most severe bottom I ever encountered, but definitely a bottom. I knew the two alternatives: 1) I could keep going on to the bitter end with my drinking. Or 2) I could accept spiritual help. Today, I ask and receive spiritual help daily.

Dr. Harry Tiebout, an early friend and psychiatrist to AA, describes me as a defiant individual with grandiose qualities. Nobody can tell me what to do, and I am the master of my own destiny. The Big Book, describes me as doing absurd, incredible, tragic things while drinking; the real Dr. Jekyll and Mr. Hyde. It didn't matter how long I drank, or how much I drank, but the change to my personality when I drank that makes me alcoholic.

I'm going to go back through my long history, as I remember. Like many alcoholics, I began drinking at an early age. Neither one of my parents were practicing alcoholics. My father was a career Air Force sergeant and my mother a commissary cashier. I spent my school years moving from one air base to another every three years. When I was in junior high school, I went to a party where there were girls. One of my friends had some liquor, and we each drank some out of the bottle. Soon a warm calming sensation happened, and I could talk to the girls, and do whatever. Soon after, I got involved with a group of friends who would sneak out of our houses at night, raid neighborhood garages for beer, and stay out all night drinking before sneaking back home before sunrise. My high school days began in South Florida in the early 1970s, after my father retired. Once again, I got involved with the wrong people. All my friends were dropouts, rode motorcycles, sold drugs, and partied every chance we got. My father kicked me out of the house at 17 with my girlfriend, and we lived from place to place. By early 1976, we found out she was pregnant. We decided to get married and raise the child. I continued to make money from my criminal activities supporting my new family. What I was sowing soon began to bear fruit in the form ...

*(Continued on page 2)*

## EVENT CALENDAR

Fri 08/04	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 08/05	Accessibilities 10:00 AM 4116 Lamson Ave, Spring Hill + Zoom
Mon 08/07	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Thu 08/10-	66 <sup>th</sup> Florida State Convention Saddlebrook Resort Wesley Chapel, <a href="#">Website</a>
Sun 08/13	
Sat 08/12	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee
Sat 08/26	Sunset Group BBQ and Speaker 4:30 PM 250 Bell Ave, Brooksville
Fri 09/01	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 09/02	Accessibilities 10:00 AM 4116 Lamson Ave, Spring Hill + Zoom
Sat 09/09	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee
Mon 09/11	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Fri 09/29	Area Assembly Registration 6:00 PM 10400 County Road 48, Howey-in-the-Hills
Sat 09/30	Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills



STEP 8

## Hernando County Intergroup

### Central Office & Book Store

4116 Lamson Ave.  
Lamson Woods Plaza  
Spring Hill, FL 34608  
Office Manager: JJ M.

**352-683-4597**

Intergroup Office Hours:

Mon - Fri 9 am–1 pm

Saturday 9 am–12 pm

[info@aahernando.org](mailto:info@aahernando.org)

## Group Donation Addresses

### Attention all Group Treasurers:

Please send donations to the following:

#### District 13 Treasurer

7381 Lykes Dublin Road  
Brooksville, FL 34601

***(Checks payable to District 13)***

#### Hernando Intergroup Office

Suzanne M. – Treasurer  
4116 Lamson Ave.  
Spring Hill, FL 34608

***(Checks payable to Hernando Intergroup)***

#### North Florida Area Assembly

PO Box 6301  
Jacksonville FL 32205-9998

[aanorthflorida.org](http://aanorthflorida.org)

***(Checks payable to NFAC)***

**Please note new address:**

#### General Service Board

PO Box 2407  
James A Farley Station  
New York, NY 10116-2407

***(Checks payable to GSB)***



### *(Relieve Me Of Me, Continued from page 1)*

... of an early arrest. After the arrest, I hired a well-known criminal attorney and was given a chance by the judge with one year in the county jail. At release, my wife had divorced me, my father had died, and I was destitute. After hitting an oak tree and losing my car and license, I had no transportation and moved in with my widowed mother. I wasn't working and drinking every day. My mother had a new man in her life, and I didn't like any of it. We had a fight after I came home drunk with the police coming and arresting me. The next day my probation officer came to the jail and violated my probation. I was brought before my sentencing judge who vacated my original conviction and resentenced me to the Florida State Penitentiary for five years with 12 years of supervised release. When I went back before the judge, he said, "Son, I'm sending you away so you can grow up". I was 20 years old and would spend my next three birthdays incarcerated. While away, I had time to reflect on my life and realized that if I didn't change, I'd become a repeat offender. I got involved with religious activities and Alcoholics Anonymous. The prison chaplain offered me a position as his clerk after a year. The chaplain's job was to help different inmates with different problems. It was my job to do basic office filing and typing. We organized for gospel groups to come and perform for any inmate who would attend. I had a spiritual experience during this time. I remember being outside in the recreation yard alone on an Easter morning. I became born again; I remember the overwhelming presence of God. I felt like whatever criminal activities I had done in the past, I could never repeat them.

I was released into a small town up in northwest Florida. I had a job, had a place to live, and had bought an automobile. I started applying for college and started full-time at a junior college in January 1982. I earned an Associates of Science degree and transferred to a state university during my junior year. I ended up meeting a woman through the local Baptist church and we were married before transferring to the university. I earned a Bachelor's degree in marine biology at the end of 1985. During college, I was straight, except for occasional binge drinking and all out sprees during breaks. I would get in trouble with my spouse, she didn't really understand my behaviors. I remember there was an AA meeting on campus, but I never attended. I'd had my taste of Alcoholics Anonymous in prison and was not ready to give up my drinking. I gave up everything else, drugs and the fast life. But I wanted to hold on to alcohol and my alcoholism.

The progression of my disease accelerated after graduation, job hunting, and spouse becoming pregnant. In July 1988, I agreed to go into treatment as requested by my spouse. My wife and I fought about my drinking and treatment would get her off my back. I attended AA meetings sparsely after treatment and ended up drinking again after 18 months. She had had enough, we separated, I moved out, and divorced in six months. We shared joint custody, and I had visitation with our son and daughter from the marriage.

After the divorce, I lived alone for about a year or so stopping and starting drinking. I began attending church and met my current wife at an adult get together. She soon realized I drank like other alcoholics in her family. After a few shouting matches, I agreed to contact a friend from church who was in AA. He became my sponsor and we started the steps. Steps one through three were all I was willing to do, not a fourth step. I attended regular meetings and was active ...

***(Continued on page 4)***

## Intergroup Officers

### CHAIRPERSON

Frank S.

chair@aahernando.org

### ALTERNATE CHAIRPERSON

Jim B. 727-642-3533

altchair@aahernando.org

### SECRETARY

Dee Mc. 352-442-6423

igsecretary@aahernando.org

### TREASURER

Suzanne M. 352-584-5656

igtreasurer@aahernando.org

## Intergroup Contacts

### OFFICE MANAGER

JJ M. 352-683-4597

info@aahernando.org

4116 Lamson Ave. Spring Hill

### Intergroup Office Hours

Mon-Fri 9am-1pm

Saturday 9am-12pm

(Checks payable to Hernando Intergroup)

### COMMUNIQUÉ (INTERGROUP)

John K. 352-650-2324

communiqué@aahernando.org

### HOTLINE 352-683-4597

### Chairperson:

Johnny V. 352-346-6096

### HEAART

Nancy E. 352- 232-5207

heaart@aahernando.org

### INTERGROUP LIAISON

Pam H. 352-424-5352

igliaison@aahernando.org

### UNITY MEETING

Anne Marie Chair 352-277-6304

Nancy Asst. Chair

unity@aahernando.org

### WEBMASTER & MEETING LISTS

John K. 352-650-2324

webmaster@aahernando.org

## Intergroup Meeting

### First Friday

Aug 4<sup>th</sup>, Sep 1<sup>st</sup> at 6:30 PM

Forest Oaks Lutheran Church

8555 Forest Oaks Blvd,

Spring Hill



## District 13 Officers

### DCM

Lori Ann S. 631-480-3200

dcm@aahernando.org

### ALTERNATE DCM

Mark S. 727-858-8366

altdcm@aahernando.org

### SECRETARY

<V A C A N T>

dsecretary@aahernando.org

### TREASURER

Linda M. 812-841-5601

dtreasurer@aahernando.org

## District 13 Committees

### ACCESSIBILITIES

Richard C. Chair

Diane B. Alt Chair

accessibilities@aahernando.org

### ARCHIVES

Elizabeth S. 352-942-2591

archives@aahernando.org

### COMMUNIQUÉ (DISTRICT)

Maryanne N. 914-466-9116

communiqué@aahernando.org

### CORRECTIONS

Debbie Q. 314-607-4670

Lisa W. 912-312-0210

corrections@aahernando.org

### GRAPEVINE

Tom H. 352-502-1274

grapevine@aahernando.org

### LITERATURE

Linda S.

literature@aahernando.org

### PUBLIC INFO (PICPC)

Jim S.

picpc@aahernando.org

### PARLIAMENTARIAN

Diana B. 727-470-1642

parliamentarian@aahernando.org

### TREATMENT

Joe C.

treatment@aahernando.org

## District Meetings

### District-1st Monday

Aug 7<sup>th</sup>, Sep 11<sup>th</sup> at 6:15 PM

Holy Trinity Lutheran Church

1214 Broad St., Masaryktown

### Accessibilities-Sat before 1st Mon

Aug 5<sup>th</sup>, Sep 2<sup>nd</sup> at 10:00 AM

4116 Lamson Ave, Spring Hill and

Zoom Meeting ID: 852 0319 0787

Passcode: 820000 (all 2023

meetings)

## Unity Meeting Schedule

Saturday, August 12<sup>th</sup>

Hosted by: **Tranquility**

Saturday, September 9<sup>th</sup>

Hosted by: **Hernando Beach**

Doors open at 6:30, meeting at 7:00 pm.

Nativity Lutheran Church, 6363 Commercial Way, Weeki Wachee, FL

For more information please contact:

Anne Marie, Chair: 352-277-6304,

unity@aahernando.org

## 2023 AREA 14 ASSEMBLY DATES

Sept 29-Oct 1

Area Assembly location: Mission Inn Resort & Club, 10400 County Road 48, Howey-in-the-Hills, FL. 352-324-3101, 800-874-9053 (toll free.) Check in 4:00 PM, check out 12:00 PM.

See Area Assembly website for more information:

[aanorthflorida.org/assembly\\_agenda.asp](http://aanorthflorida.org/assembly_agenda.asp)

## Meeting Changes

Brooksville Happy Hour has a meeting change to announce:

The Sunday Happy Hour meeting which used to meet at 5:30 PM will now be meeting at 7:00 PM due to the church having a youth group meeting at that time.

The group meets at the United Methodist Church, 109 South Broad Street, Brooksville, on Thursdays at 5:30 PM and now Sunday at 7:00 PM.

Hernando Beach has a meeting change to announce:

Effective August 1<sup>st</sup>, they will be in their new location at:

Christian Church in the Wildwood

10051 Country Road

Weeki Wachee North, FL 34613

352-596-1388

Building D

Going north on Rt 19 after the intersection of Rt 19 and Rt 50 make a right at the next traffic light which is Country Rd and follow the road to Building D which is the last building on the right.

*(Relieve Me Of Me, Continued from page 2)*

... with a home group. After three years, my daughter from my first marriage showed up with two toddlers and pregnant with a third. We tried to incorporate them into the family, but I couldn't cope with the drama and started drinking. Again, my disease progressed, and I didn't even know it. I drank myself into a jealous rage and attacked my wife physically in a blackout. Again, the cops came and carted me off to the drunk tank. The next day the judge released me, and I walked to the AA clubhouse and called my sponsor. My wife and I separated for two months while I attended meetings and worked with a sponsor. I ended up on probation and completed anger management for a year. After a year of sobriety, I was promoted to middle management at my job where I supervised 21 employees. When I'm sober, I work hard and overachieve. After three years and 9/11, I left my job of 17 years accepting a job with the federal government and moving to Virginia. After arriving in Virginia, I located the nearest AA meeting but never took the time to attend. I was too busy with everything else, hunting, fishing, and traveling. My wife, daughter, and I attended church, but I was not involved with recovery. After seven years of not drinking, I picked up a beer on a complete whim and drank it. I could not remember the suffering and humiliation that the first drink brought. I had no defense against that drink marshalled by my own will power. I drank for two more years always rationalizing reasons to continue. The relapse was the same game for me, just a different field. When I became sick and tired of being sick and tired, I reached out to the hand of AA. Starting with daily meetings and step work with a sponsor. I moved to step four where I took a good look at myself and described what I saw, completing a thorough fearless moral inventory. I completed steps five, six, and seven with the sponsor. Using my written inventory, I began step eight and nine. After two years of sobriety in Virginia, I requested and was transferred back to Florida. Our mothers were both experiencing dementia and we wanted to be closer to them. I moved to temporary housing in New Port Richey and joined a group where I attended meetings. We soon found a home in Spring Hill and moved permanently from Virginia in 2009. I worked in Tampa and attended a noon meeting along with meetings in NPR and SH. In July of that year, I was picked to be an international investigator by the agency where I worked. I was assigned a foreign trip lasting three weeks six times per year, leaving me away from home half the year. I traveled on over 60 trips in a 10-year period. In my first five years of traveling, I was still talking with my AA friends but not attending meetings regularly when I was home.

In June 2015, I became deathly ill after returning from a three-week trip in Southeast Asia. I was diagnosed with swine flu and hospitalized. I was released from the hospital and began traveling after getting a release from the infectious disease physician. I returned to my primary doctor after six months and my blood work revealed that I had elevated white blood cell counts. I was referred to a hematologist where testing revealed I had leukemia. After getting a second opinion, they determined that I had an aggressive form of the disease and there was little hope for my survival using the standard treatments available. Fortunately for me there was a new drug approved for patients that had relapsed with this type of disease. The doctors told me that they could not put me on the medication until I became much sicker. I continued to travel while the doctors checked my blood every month. I was sent to Manila in October 2017 and after a month became extremely ill and full of fear, I tried to ease my pain on the flights home with alcohol. At that time, I had over ten years of sobriety. The time no longer mattered to me, I was sure to die soon anyway. I began taking the new medication with a big bite of fear washed down with a tall glass of self-pity. After two months the medication began to reduce the size of my lymph nodes and I started feeling better. By six months I was on my way to feeling normal and was approved to travel again. I occasionally dabbled with alcohol on these trips but understood the drugs I was taking did not work correctly with alcohol. It was March 2020 and I was sent to Europe when COVID struck the world. By the end of my trip our country was shutting down for travelers from Europe. I had made it back to Tampa on a flight the night before the closure. Again, fear struck that with my compromised immune system, if I was exposed to the virus I'd surely die. I would leave the house on an errand and stock up on alcohol while out. Eventually, my drinking at home during the pandemic led to more incomprehensible demoralization. I had to have a steroid shot in my knee and the steroid reacted with the alcohol causing a manic response. My wife soon realized I was drinking from my behavior and left for her sister's home in north Florida. After two nights of remorse, I realized my only option was to go back to AA and get some help. The third night I found a meeting in my area and attended. At that meeting I knew I was home, right where I was supposed to be. The next morning, I started attending a morning meeting and began my journey of 90 meetings in 90 days. After 60 days, I prayed for and found a sponsor. We began working the steps and I became a member of a home group. I became active with the group and helped other alcoholics. My leukemia medication that I take daily convinced me that I must have a daily dose of meetings and helping others to give me a daily ...

*(Continued on page 5)*

## DCM Corner

I attended a meeting where the topic was "How can I find peace?" My hand immediately went up. When I was looking for a sponsor, I was looking for a quality in them that I wanted. There was a lady who always seemed very calm. She had a quietness about herself, that did not resemble what I would call shyness or being introverted. She was always very engaged in the meetings, active in sponsorship, and always present. I asked her to be my sponsor, and she said she would. All I could do was cry. I cried because I finally had hope. Her secret to success was no secret. She was brought through the 12 steps of Alcoholics Anonymous with the guidance of her sponsor. She paid it forward and guided me.

Alcoholics Anonymous is a program of change. I needed to change the way I thought and believed how things "should be." My expectations of people were so off-the-wall that no one could possibly meet them. When I learned to accept that I cannot change other people and accept them for who they are, my expectations of them changed too.

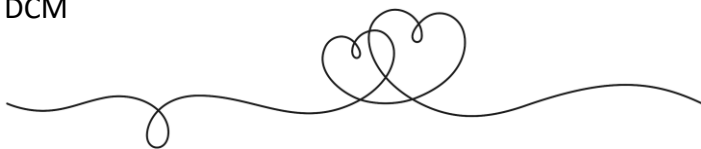
The Serenity Prayer was big in my early sobriety, as well as the slogans One Day At A Time, Live And Let Live, and Easy Does It. But I think the biggest change in me was my connection to my Higher Power and how much I rely on Him. My sponsor taught me that my Higher Power is always with me. I believe it now. I didn't always. As I've been learning the 12 Steps and incorporating them into my life, I have seen miraculous things happen around me as long as I do and say the next right thing. I believe that things happen the way they are supposed to if I do whatever it is I need to do and leave the results up to my Higher Power. If things don't turn out the way I want, I accept that my Higher Power is responsible for the results, and this is how it is supposed to be. I have always gotten everything I needed.

It gives me peace and serenity knowing God has my back. Let Go and Let God! Once I do the work necessary, I then don't need to worry; it is off my shoulders because things will turn out the way they are supposed to.

Do the next right thing, and watch the miracles happen. Talk to your sponsor about your beliefs. You may find as I did that my beliefs/expectations were not realistic. And accept that I can only change me.

Yours in grateful service,

Lori Ann  
DCM



[subscribe@aahernando.org](mailto:subscribe@aahernando.org)

## Volunteers Needed

Lori P., the alternate delegate for our area, is asking for volunteers from District 13 to man the registration table for the 66<sup>th</sup> A.A. Florida State Convention. The convention dates are Thursday August 10<sup>th</sup> to Sunday August 13<sup>th</sup> at Saddlebrook Resort in Wesley Chapel. If you're attending the convention and are interested in helping out, please let her know, or, contact Mark S., Alt DCM for District 13: email at [altdcm@aahernando.org](mailto:altdcm@aahernando.org) or call 727-858-8366. See the flyer contained in this newsletter for more info about the state convention!



## BECOMING WILLING

H.O.W. does one become willing? The program says honesty, open mindedness, and willingness. After steps four and five, I began to experience peace and a deep connection to God.

I wanted more of that feeling, and I was finally WILLING to do whatever it took to make things right. I made a new eighth step list of people that I had harmed (much bigger than the original) and dived right in and started the work. The work will probably take a lifetime. Little situations pop up all the time, but today I am willing to make an amend. I try not to hurt others and that keeps it simple for me. I have been given a gift, and I will go to any length to keep it thanks to the program of Alcoholics Anonymous and God.



Donna M.

## Communique Email List



Anyone wishing to subscribe to the Communique email list can send an email with a subject line of "Opt In" to the address below requesting to be added to the email list. You will automatically receive the Communique in your email inbox on the first of every month. You can opt out anytime by sending an email with your request to the same address with the subject line "Opt Out."

[subscribe@aahernando.org](mailto:subscribe@aahernando.org)

Your email address will not be shared for any other purpose.

[www.aahernando.org](http://www.aahernando.org)

## Concept 8

Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

### About Concept 8

*The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and custodial oversight which they exercise through their ability to elect all directors of these entities.*

This Concept deals with ways the General Service Board "discharges its heavy obligations," and its relationship with its two subsidiary corporations: A.A. World Services, Inc. and A.A. Grapevine, Inc.

Long experience has proven that the board "must devote itself almost exclusively to the larger question of policy, finance, group relations and leadership. ... In these matters, it must act with *care and skill to plan, manage, and execute.*"

The board, therefore, must not be distracted or burdened with details or the endless questions which arise daily in routine operations, including the Grapevine. "It must delegate its executive functions" to its subsidiary, or operating boards.

"Here, the board's attitude has to be that of custodial oversight. ... The trustees are the grantors of good management of A.A. World Services, Inc. and the A.A. Grapevine, Inc. ... By electing the directors of these service arms, part of whom must always be trustees. ... The Executive direction of these functions is ... lodged in the ... service corporations themselves, rather than the General Service Board. Each corporate service entity should possess its own bylaws, its own working capital, its own executives, its own office and equipment."

Bill draws from earlier mistakes by the General Service board in trying to run the General service board in trying to run service functions directly and warns repeatedly against "too much concentration of money and authority."

*(Relieve Me Of Me, Continued from page 5)*

... reprieve from my alcoholism.

Today I start my day with prayer and meditation. I pray that God relieves me of me, and He directs my thinking. I ask daily for Him to remove every defect in my character so that I may better serve Him, and that He search my heart and test my mind to better do His will.

Tom H.

Rough Roads Group



### Step 8

Made a list of all persons we had harmed and became willing to make amends to them all.

### Tradition 8 (Short Form)

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

### Tradition 8 (Long Form)

Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage non-alcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for.



### Meeting In A Box

Are you or do you know of anyone who is unable to regularly attend meetings? Convalescing at home, recovering, or caring for a loved one? Extended stay at assisted living facility or hospital? We have a fully self-contained meeting in a box, portable to take to any location and designed to leave no trace from set up to clean up. Coffee and percolator, cream, sugar, cups, readings, format, and commemorative chips for all who attend.

Contact Richard C. or Dianne B. at [accessibilities@aahernando.org](mailto:accessibilities@aahernando.org)

INTERGROUP TREASURER'S REPORT FOR JUNE 2023

Hernando County Intergroup Treasurer's report  
June, 2023

Checking		Savings	
Beginning Balance	\$ 2,049.70	Beginning Balance	\$ 625.70
Total Withdrawals	\$ (3,256.18)	Total Withdrawals	\$ (32.53)
Total Deposits	\$ 1,528.49	Total Deposits	\$ 1,000.01
Ending Balance	\$ 322.01	Ending Balance	\$ 1,593.18

Expenses

Rent - Intergroup Office	\$ (600.00)
Spectrum	\$ (137.97)
AAWS	\$ (591.80)
Recovery Accents	\$ (99.60)
WREC	\$ (115.00)
founders day seed	\$ (400.00) Ck1017
White Chips-imprinted	\$ (153.99) Ck1018
Greeting card universe	\$ (105.32)
Transfer to savings	\$ (1,000.00)
Service charge	\$ (12.50)
Tax filing	\$ (40.00)
<b>Total</b>	<b>\$ (3,256.18)</b>

Donations

Rough roads	\$60.00
Serenity sisters	\$25.00
Sunset group	\$390.00
Step Sisters	\$25.00
Tuesday Big Book	\$100.00
Unity	\$285.32
<b>Total</b>	<b>\$885.32</b>

Deposits

Cash/Checks	1295
Square (Credit Cards)	233.49
<b>Total</b>	<b>1528.49</b>

**What is Accessibilities?**

The purpose of an Accessibilities Committee is to determine resources and recommend activities that will help carry the message of Alcoholics Anonymous to those with accessibility needs, both inside and outside the rooms of AA. **Examples of Accessibility needs:**

- Deaf/Blind, Hard of Hearing or Low Vision
- Homebound or Bedridden •Technology/Literacy
- Speech and Language Barriers •Military/Veterans
- Reading Comprehension •Remote Communities
- Foreign Language / English as a second language
- Cooperation with the Elder Community CEC •Nursing

- Homes/Assisted Living •Loners Internationalists
- Correspondence Service •Lack of
- Transportation/Mobility •Childcare Availability

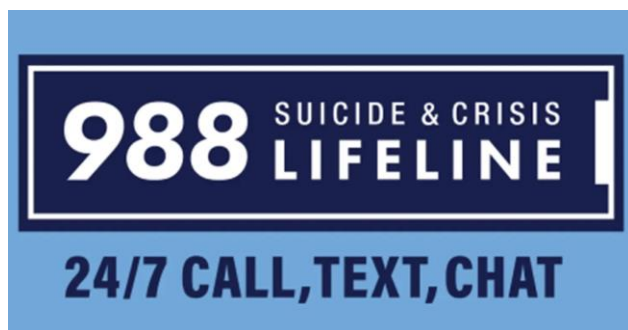
The Accessibilities Committee is looking for enthusiastic people to help us carry the message of A.A. to anyone needing help. We meet in person at the intergroup office at 10:00 AM and via Zoom. Here is the Zoom connection info for the rest of 2023:

**Meeting ID: 852 0319 0787, Passcode: 820000**

If you are interested in joining us, or know of anyone needing assistance, please contact Richard C. or Diane B. at [accessibilities@aahernando.org](mailto:accessibilities@aahernando.org)

## DISTRICT TREASURER'S REPORT FOR JUNE 2023

DISTRICT 13		Jun-23		DONATIONS		YTD	
Beginning Balance		\$1,371.97		Anonymous	0	150	
			YTD	Aripeka BB	0	150	
Expenses				Fun and Frolic	0	30	
Archive Rent	\$50.00		300	Happy Hour	0	100	
Founders Day	\$0.00		400	Heavy Hitters	0	160	
Meeting Rent	\$0.00		150	Hernando Beach	0	25	
Area Room Rent	\$0.00		297.48	Hope Group	0	200	
Communique	\$0.00		1625	Its All Good	0	100	
Email Expense	\$0.00		59.7	Let Go Let God	0	100	
Service Fee	\$0.00		47	Meeting in Box	0	4	
Accessibilities	\$0.00			More Serenity Sis	40	40	
Treatment	\$0.00		89.2	Principles b4	225	225	
Total	\$50.00		2968.38	Ridge Manor BB	0	360	
				Rough Roads	60	180	
Donations	\$708.00	\$708.00	2439	S.A.Y.S.	0	10	
Comq		\$0.00	\$2,065.10	Serendipity Sisters	0	25	
Ending Balance		\$2,079.97		Serenity Sisters	25	25	
				Singleness of Purpose	23	168	
	CORRECTIONS			Step Sisters	25	25	
Beginning Balance		YTD	\$1,175.20	Sunset Grp	260	500	
Hope grp	16	77.5		The Steps We Took	0	25	
Intergroup Pink Can	0	76.68		TIAS	50	180	
Living Sober	0	72.37		Tranquility Group	0	115	
Ridge Manor BB		105.75		Woman's Serenity Grp.	0	150	
Tranquility	0	15		13530	0	100	
Total	16	347.3	\$16.00	Total	708	2439	
Expenses	\$0.00	\$572.58	\$0.00	Bank Beginning Balance	\$3,022.07		
Ending Balance			\$1,191.20	Bank Ending Balance	\$3,621.07		
				Cash on hand	\$0.72		
				Outstanding	(\$400.00)		
				Total	\$3,221.79		



If you or someone you know is thinking about suicide, please call 988 (formerly 1-800-273-8255(TALK)). 988 is a 24/7, free, confidential counseling line that connects individuals to a trained specialist in suicide crisis intervention. *One common misconception of the line is that people need to be suicidal to contact 988, yet that is not the case.* Call, text, or chat 988 if you are feeling overwhelmed, upset, or worried about a suicidal loved one, and talk through the steps to take to feel better.





# 66TH FLORIDA STATE CONVENTION 2023

THURSDAY AUGUST 10 - SUNDAY AUGUST 13

[WWW.FLORIDASTATECONVENTION.COM](http://WWW.FLORIDASTATECONVENTION.COM)

SADDLEBROOK RESORT - WESLEY CHAPEL, FL 33543

[WWW.SADDLEBROOK.COM](http://WWW.SADDLEBROOK.COM)

## PROGRAM AND ACTIVITIES



AA, Al-Anon, Alateen, Spanish Speaking, LGBTQIA, YPG, First Nations, Old Timer's Panel, Marathon Meetings, Workshops, and Archives Display; Friday and Saturday Banquets, Saturday BBQ lunch and Ice Cream Socials; Sports Activities include Golf, 5K Walk/Run, Pickle Ball, Morning Yoga, and Escorted Motorcycle Ride; Dances and Entertainment including South Florida's own "The A.A. Service Manual: The Musical", Saturday Pool Party, and much more...

ASL interpretation at main conference's speaker meetings.

### GUEST SPEAKERS

Marty J. - Vancouver, B.C., Canada

Aaron Z. - Molalla, OR

Larcine G. (Al-Anon) - Hawthorne, CA

Candice M. - Los Angeles, CA

Chris R. - Ingram, TX

Myers R. - Ingram, TX

Marion M. - Ft. Lauderdale, FL

Cathy C. - Tampa, FL

Jane D. L. - Tallahassee, FL

### HOST HOTEL INFORMATION

SADDLEBROOK RESORT  
 A PREMIER MEETING, GOLF, AND TENNIS RESORT  
 5700 SADDLEBROOK WAY WESLEY CHAPEL, FL 33543  
[WWW.SADDLEBROOK.COM](http://WWW.SADDLEBROOK.COM)  
 800-729-8383

CONVENTION CODE: FSC

HOTEL RESERVATIONS START ON AUGUST 3, 2022

HOTEL RESERVATION LINK: [HTTPS://BE.SYNXIS.COM/?HOTEL=39244&CHAIN=28394&CONFIG=INITIALCONFIG&THEME=INITIALTHEME&ARRIVE=2023-08-10&DEPART=2023-08-11&ADULT=1&CHILD=0&GROUP=FSC](https://be.synxis.com/?HOTEL=39244&CHAIN=28394&CONFIG=INITIALCONFIG&THEME=INITIALTHEME&ARRIVE=2023-08-10&DEPART=2023-08-11&ADULT=1&CHILD=0&GROUP=FSC)

RATES:  
 STANDARD ROOM - \$135  
 ONE BEDROOM SUITE - \$155  
 TWO BEDROOM SUITE - \$265  
 RATES WILL BE HONORED 3 DAYS BEFORE AND 3 DAYS AFTER THE CONVENTION DATES BASED ON AVAILABILITY



ALL ROOMS ARE SUBJECT TO STATE AND LOCAL TAXES

**THIS HOTEL IS NON-SMOKING**  
 CHECK-IN 4 PM - CHECK-OUT 11 AM



# Sunset Group Barbeque and Speaker

SATURDAY  
August 26th

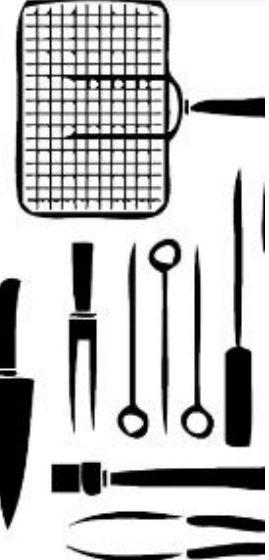
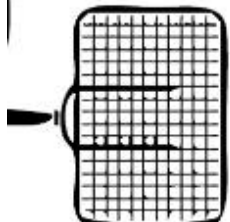
First Presbyterian Church  
250 Bell Ave Brooksville

Food 4:30 pm  
Speaker 5:30 pm  
Joel R. from Melbourne, FL

Side dishes and desserts are appreciated.

Suggested Donation \$5.  
No alcoholic turned away.  
Proceeds will be donated in  
accordance with our group pie

For more info contact Ed S. 352-428-8438



AUGUST ANNIVERSARIES



Send us anniversary information for your group at [www.aahernando.org](http://www.aahernando.org). Look for the "Submit Anniversaries" link at the top of the home page, or email them to [anniversaries@aahernando.org](mailto:anniversaries@aahernando.org). Please submit by the 25th of the month for the following month.

**A Desire**

Jim K. ....	3
JP L. ....	2
Tim B. ....	11

**AlGood**

Tom C. ....	38
Jeff C. ....	12
Ben G. ....	7
John D. (#1).....	36
John D. (#2).....	33
Steven C. ....	2

**Aripeka Open Speaker**

Brandy C. ....	16
Wayne H. ....	13
Sue M. ....	4

**Heavy Hitters**

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* Angie (July) .....	1*
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Pat P. ....	1
Sara Y. ....	1
Brandi C. ....	16
Victor R. ....	29
Mary B. ....	1
Daniel H. ....	43
Joanne W. ....	45
Brian H. ....	23
Eric P. ....	5

**Hernando Beach**

Eric T. ....	26
Cindy G. ....	2
Bo L. ....	30

**Hope**

Sarah P. ....	2
Eleanor B. ....	11
Carolyn W. ....	36
Tony G. ....	29

**Let Go and Let God**

Eleanor B. ....	11
Pat .....	43
Sydney-Anne.....	35
Donna.....	28
Michelle.....	22

**Principles Before Personalities**

Peter O. ....	3
Linda S. ....	7
Shelly B. ....	3
Steve M. ....	2
Mike P. ....	24
Shannon G. ....	11
Charles M. ....	29

**Ridge Manor Big Book**

Theresa H. ....	12
Al C. ....	25
Stephen O. ....	33

**Rough Roads**

Don G. ....	47
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**Spring Hill Monday Night**

Paul R. ....	1
Steve.....	2

**Serendipity Sisters**

Cyd B. ....	1
Shannon V. ....	13

**Singleness of Purpose**

Lori S. ....	11
Linda F. ....	8

**Step Sisters**

Laura L. ....	11
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**Sunset**

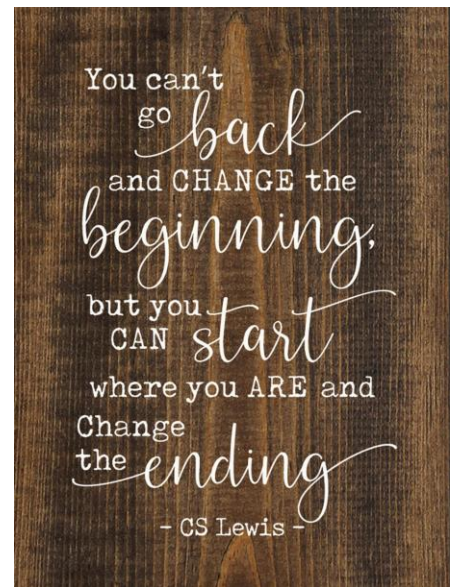
Amy D. ....	2
Michelle B. ....	14

**Tranquility**

Chris T. ....	9
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**Women's Serenity**

Donna.....	27
Laura L. ....	11



**24 Hour  
HOTLINE**

**7 DAYS week  
365 DAYS a year  
352-683-4597**

**VISIT OUR WEBSITE  
[aahernando.org](http://aahernando.org)**

*for all your event info and meeting schedules when you are on the go. If you have any changes or event information to add please email [webmaster@aahernando.org](mailto:webmaster@aahernando.org)*

**If you find a mistake in this newsletter, please consider that it is there for a purpose. We publish something for everyone, and some people are always looking for mistakes.**