



COMMUNIQUE



Not Enough Days

Like many people, I came through the doors of AA desperate and full of fear. Chaos ruled my life. Yet, I did not want to give up drinking because alcohol was all that kept me numb to my inner pain and self-hatred. Although I was afraid of alcohol, I was more afraid of being without it. It was a mystery how the people gathered around the tables of AA could be sober for four hours, let alone for twenty-four. Then there were the old-timers with years of sobriety who, I believed, had to live in a world different from the one I inhabited. It seemed to me that only someone from another planet could not drink for so many years and enjoy it.

During my first years in AA, most of my story could be found in the stories of other members who had less than a year of sobriety. I could relate to them. With the Fellowship, a sponsor, and working the Steps, sobriety happened a day at a time. However, after a time, I found myself "restless, irritable, and discontented." I was not physically drunk but I was so difficult to be around that some people probably wished that I would go back to drinking. What was wrong?

One night, at a meeting, I heard one of the old-timers share his struggle to not drink after many years of sobriety. He said that he had forgotten to live one day at a time. He had taken control of his life back from his Higher Power, had started to live in the future, and so, lost his serenity. Listening to him, a dim bulb lit up in my brain. That was what I had been doing. I was on a dry drunk, miserable, desperate not to drink because I had stopped living the program a day at a time. I had jumped to believing that "I have the answers." What I really had was too many months and not enough days of sobriety.

So, I returned to the First Step and surrendered, one day at a time. And, of course, serenity returned and life got better--at least until I forgot, again, to live twenty-four hours at a time. Eventually, twenty-four hours became of ...

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EVENT CALENDAR

Sun 10/01	Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
Mon 10/02	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Fri 10/06	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 10/14	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee
Fri 11/03	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 11/04	Accessibilities 10:00 AM 4116 Lamson Ave, Spring Hill + Zoom
Sat 11/04	Gratitude Dinner 4:00 PM 99 Jerome Brown Pl, Brooksville
Mon 11/06	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Sat 11/11	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee



STEP 10

CONTINUED TO TAKE

PERSONAL INVENTORY

and when we were wrong

PROMPTLY ADMITTED IT

Hernando County Intergroup

Central Office & Book Store

4116 Lamson Ave.
Lamson Woods Plaza
Spring Hill, FL 34608
Office Manager: JJ M.

352-683-4597

Intergroup Office Hours:
Mon - Fri 9 am–1 pm
Saturday 9 am–12 pm
info@aahernando.org

Group Donation Addresses

Attention all Group Treasurers:

Please send donations to the following:

District 13 Treasurer

7381 Lykes Dublin Road
Brooksville, FL 34601
(Checks payable to District 13)

Hernando Intergroup Office

Suzanne M. – Treasurer
4116 Lamson Ave.
Spring Hill, FL 34608
(Checks payable to Hernando Intergroup)

North Florida Area Assembly

PO Box 6301
Jacksonville FL 32205-9998
aanorthflorida.org
(Checks payable to NFAC)

Please note new address:

General Service Board

PO Box 2407
James A Farley Station
New York, NY 10116-2407
(Checks payable to GSB)



... *Not Enough Days*, continued from page 1

primary importance to my sobriety, and I stopped counting beyond it. This is how the program works best for me. For me, keeping it simple means living in today, which is all the time I am given to live. To me, it is all that is important. Only today can I find serenity and stay sober with the help of my Higher Power and of the Fellowship of AA.

D.T. | ALBUQUERQUE, NEW MEXICO

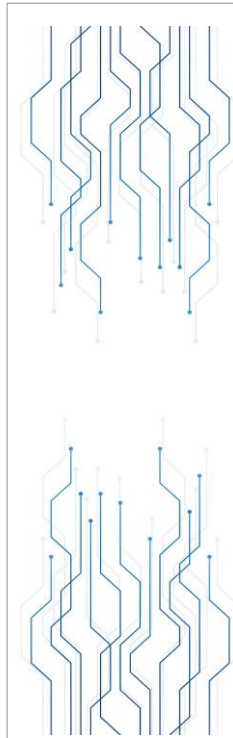
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<https://www.aagrapevine.org/magazine/2007/oct/not-enough-days>



A son went to his dad and asked him, "Dad, what's an alcoholic?" So, the dad replied, "Do you see those four trees? Well, an alcoholic would see eight."



The son replied, "But Dad, I only see two."



Technology Changes

The position of **Webmaster** has been changed to **Technology Committee Chair**. The technology committee will provide, support, and maintain the website, social media pages, online and printed meeting directory, assist with distribution of digital Communique, electronic communications (including email, video conferencing, electronic voting and surveys), provide assistance with Intergroup- and district-related software, technology-related equipment and needs working within the guidelines set forth in A.A. Guidelines for the internet.

"A.A. Guidelines are compiled from the shared experience of A.A. members in various service areas. They also reflect guidance given through the Twelve Traditions and the General Service Conference (U.S. and Canada). In keeping with our Tradition of autonomy, except in matters affecting other groups or A.A. as a whole, most decisions are made by the group conscience of the members involved. The purpose of these Guidelines is to assist in reaching an informed group conscience."



Calling All Home Groups!

The Gratitude Dinner is Saturday November 4th, and baskets are needed from your group to be raffled off. **All money raised at the Gratitude Dinner goes directly to Intergroup.** Get your creative hats on and bring your group's basket on November 4th by 3:00 PM.

Intergroup Officers

CHAIRPERSON

Frank S.

chair@aahernando.org

ALTERNATE CHAIRPERSON

Jim B. 727-642-3533

altchair@aahernando.org

SECRETARY

Dee Mc. 352-442-6423

igsecretary@aahernando.org

TREASURER

Suzanne M. 352-584-5656

igtreasurer@aahernando.org

Intergroup Contacts

OFFICE MANAGER

JJ M. 352-683-4597

info@aahernando.org

4116 Lamson Ave. Spring Hill

Intergroup Office Hours

Mon-Fri 9am-1pm

Saturday 9am-12pm

(Checks payable to Hernando Intergroup)

COMMUNIQUÉ (INTERGROUP)

John K. 352-650-2324

communiqué@aahernando.org

HOTLINE 352-683-4597

Chairperson:

Johnny V. 352-346-6096

HEAART

Nancy E. 352-232-5207

heaart@aahernando.org

INTERGROUP LIAISON

Nancy C. 706-386-9857

igliaison@aahernando.org

UNITY MEETING

Anne Marie Chair 352-277-6304

Nancy Asst. Chair

unity@aahernando.org

TECHNOLOGY COMMITTEE

John K. Chair 352-650-2324

technology@aahernando.org

Intergroup Meeting

First Friday

Oct 6th, Nov 3rd at 6:30 PM

Forest Oaks Lutheran Church

8555 Forest Oaks Blvd,

Spring Hill



subscribe@aahernando.org

District 13 Officers

DCM

Lori Ann S. 631-480-3200

dcm@aahernando.org

ALTERNATE DCM

Mark S. 727-858-8366

altdcm@aahernando.org

SECRETARY

<V A C A N T>

dsecretary@aahernando.org

TREASURER

Linda M. 812-841-5601

dtreasurer@aahernando.org

District 13 Committees

ACCESSIBILITIES

Diane B. Chair

Laura L. Co-Chair

accessibilities@aahernando.org

ARCHIVES

<V A C A N T>

archives@aahernando.org

COMMUNIQUÉ (DISTRICT)

Maryanne N. 914-466-9116

communiqué@aahernando.org

CORRECTIONS

Debbie Q. 314-607-4670

Lisa W. 912-312-0210

corrections@aahernando.org

GRAPEVINE

Tom H. 352-502-1274

grapevine@aahernando.org

LITERATURE

Linda S.

literature@aahernando.org

PUBLIC INFO (PICPC)

Jim S.

picpc@aahernando.org

PARLIAMENTARIAN

Diana B. 727-470-1642

parliamentarian@aahernando.org

TREATMENT

Joe C.

treatment@aahernando.org

District Meetings

District-1st Monday

Oct 2nd, Nov 6th at 6:15 PM

Holy Trinity Lutheran Church

1214 Broad St., Masaryktown

Accessibilities-Sat before 1st Mon

Oct 4th, Nov 4th at 10:00 AM

4116 Lamson Ave, Spring Hill and

Zoom Meeting ID: 852 0319 0787

Passcode: 820000 (all 2023

meetings)

Unity Meeting Schedule

Saturday, October 14th

Hosted by: **Let Go Let God**

Saturday, November 11th

Hosted by: **There Is A Solution/Sunset**

Doors open at 6:30, meeting at 7:00 pm.

Nativity Lutheran Church, 6363 Commercial Way, Weeki Wachee, FL

For more information please contact:

Anne Marie, Chair: 352-277-6304,

unity@aahernando.org

2023 AREA 14 ASSEMBLY DATES

Sept 29-Oct 1

Area Assembly location: Mission Inn Resort & Club, 10400 County Road 48, Howey-in-the-Hills, FL. 352-324-3101, 800-874-9053 (toll free.) Check in 4:00 PM, check out 12:00 PM.

See Area Assembly website for more information:

aanorthflorida.org/assembly_agenda.asp

Here are some digital resources for recovery:

A.A. Grapevine podcast:

<https://www.aagrapevine.org/podcast>

A.A. Grapevine on YouTube:

<https://www.youtube.com/@AAGrapevine>

A.A. Podcasts:

<https://player.fm/podcasts/Alcoholics-Anonymous>

YouTube Alcoholics Anonymous World Services, Inc:

<https://www.youtube.com/channel/UC2nfvf9DeDA7QYvLeq4pQ-w>

Communique Email List

Anyone wishing to subscribe to the Communique email list can send an email with a subject line of "Opt In" to the address below requesting to be added to the email list. You will automatically receive the Communique in your email inbox on the first of every month. You can opt out anytime by sending an email with your request to the same address with the subject line "Opt Out."



subscribe@aahernando.org

Your email address will not be shared for any other purpose.

www.aahernando.org

About Concept 10

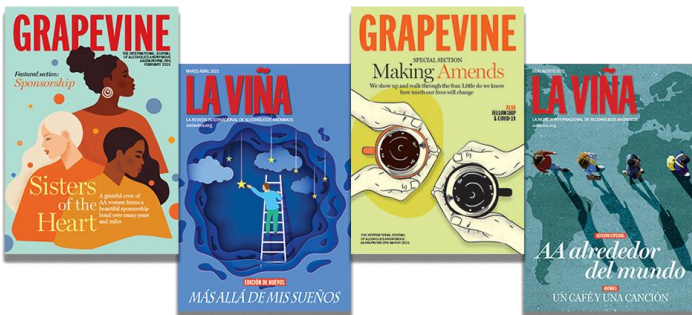
Every service responsibility should be matched by an equal service authority -- the scope of such service authority to be always defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

Our service structure cannot function effectively unless, at every level, each operational responsibility is matched by corresponding authority to discharge it. This requires that authority must be delegated at every level -- and that responsibility and authority of every entity are well defined and clearly understood.

As we have seen in Concept I, "final responsibility and unlimited authority" reside with the A.A. groups, and delegate this authority to the conference (Concept II.) The Conference, in turn, delegates to the General Service Board the authority to manage A.A.'s affairs (Concept III) on its behalf. The board is in authority over its subsidiary operating conditions -- A.A. World Services, Inc. and The A.A. Grapevine, Inc. -- but it delegates to the director of those corporations the authority necessary to run these service entities. The directors are in authority over the executives of the corporations, but delegate to these officers the authority needed to carry out their administrative responsibilities. And finally, the executives delegate to G.S.O. and Grapevine staff members and other employees the authority necessary to carry out their important service jobs.

"It is perfectly clear," says Bill, "that when delegated authority is operating well, it should not be constantly interfered with." Otherwise, he warns, "those charged with operating responsibility will be demoralized." For example, the General Service Board owns the two operating corporations and its authority over them is absolute. "Nevertheless, so long as things go well, it is highly important that trustees do not unnecessarily interfere with or usurp the operating authority of these entities."

"To sum up: Let us always be sure that there is an abundance of final or ultimate authority to correct or to reorganize; but let us be equally sure that all of our trusted servants have a clearly defined and adequate authority to do their daily work and to discharge their clear responsibilities."



Grapevine communicates the experience, strength, and hope of its contributors and reflects a broad geographic spectrum of current A.A. experience. Throughout its history the magazine has been a forum for the varied and often divergent opinions of A.A.s around the world.

subscribe@aahernando.org

Concept 10

Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

Step 10

Continued to take personal inventory, and when we were wrong, promptly admitted it.

Tradition 10 (Short Form)

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Tradition 10 (Long Form)

No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues--particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters, they can express no views whatever.

"Learning how to live in the greatest peace, partnership, and brotherhood with all men and women, of whatever description, is a moving and fascinating adventure."

- Bill W.

10th Step Experience

I do my tenth step daily and throughout the day. It doesn't just mean that I owe an apology to anyone. I inventory any negative thinking (Character Defects) and change the focus to positive thinking (Character Assets). What it does for me is it changes my focus and my outlook on anything that I am focusing negatively on. If I change the way I look at things, the things that I'm looking at will change.

So, by changing my outlook, what I'm looking at changes because I'm looking at it in a positive aspect instead of a negative one. I do this often when I'm thinking negatively of someone, and I change the thinking to positive things about that person. I get the most growth from this step because it builds my character. I will never be perfect, so I can only try to improve myself. Practice makes improvement, not perfect.

Ed S.
Sunset Group

www.aahernando.org

INTERGROUP TREASURER'S REPORT FOR AUGUST 2023

Hernando County Intergroup Treasurer's report

Aug-23

Checking		Savings		
Beginning Balance	\$ 129.76	Beginning Balance	\$ 2,149.61	
Total Withdrawals	\$ (1,434.00)	Total Withdrawals	\$ (350.00)	31-Aug
Total Deposits	\$ 2,288.61	Total Deposits	\$ 0.02	
Ending Balance	\$ 984.37	Ending Balance	\$ 1,799.63	

Expenses	
Rent - Intergroup Office	\$ (600.00)
Spectrum	\$ (137.97)
AAWS	\$ (400.33)
Ck #1019 Picnic	(\$50.00)
WREC	\$ (59.00)
Greeting card Universe	\$ (90.91)
Recovery Accents	\$ (83.30)
Service charge	\$ (12.50)
Total	\$ (1,434.01)

Donations	
Ladies BB	\$100.00
Fun & Frolic	\$100
All good Group	\$100
Young Mens	\$50
Hern Beach Group	\$75.00
Unity	\$277.00

Deposits	
Cash/Checks	2171.14
Square (Credit Cards)	117.47
Total	2288.61

DCM Corner

When I was a kid, I learned to pray by memorizing prayers that you say in church or bedtime. I didn't always know what the prayers were for or about, but I remembered them. As I was growing up, I learned that prayers were to ask God for something you want. I did this for many years, but I never got what I wanted. After a time, I stopped praying. What was the point? I felt God never heard my prayers and left me alone.

After coming into Alcoholics Anonymous and after some time in the program, my conception of God was different from the God of my youth. My prayers are also different because now I pray for unselfish things. I pray to be a better person so that I can be useful to others. I pray for other people to heal and make well physically, mentally and emotionally.

Throughout my life I had thought that God had abandoned me. I know now that He never left me. He has always been with me preparing me for the life I live today. I had to go through the "shit show" called my life to become the person I am today.

I rely on the God of my own understanding. I do the footwork and the next right thing, then turn it over. Things will work out the way they are supposed to in His time. This gives me peace.

Yours in grateful service,

Lori Ann
DCM

NOVEMBER 4, 2023

Gratitude Dinner

AT JEROME BROWN COMMUNITY CENTER
BROOKSVILLE

WITH LISA L. FROM BOYNTON BEACH

Doors open at 4 • Dinner at 5
Meeting starts at 6:30 • speaker on at 7



Please bring a dessert or side to share

Gratitude Dinner Budget – 2023

Facility Deposit*	\$300
Facility Cost	\$565
Facility Total	\$865
Food	\$1,200
Beverages	\$150
Decorations	\$150
Coffee	\$50
Greeters	\$25
50/50	\$25
Servers	\$25
Speaker Gift	\$100
Desserts	\$100
Clean Up	\$25
Chair / Table Rental	\$310
Projected Costs	\$3,025
Deposit Return	\$300
Adj. Projected Costs	\$2,725

Respectfully Submitted,
Ed S., Chair
Kim B. Co-Chair

* \$865 Paid by Ed S., facility hours 11-10

SET-ASIDE PRAYER

God, please help me today to set aside everything I think I know about You, everything I think I know about myself, everything I think I know about others, and everything I think I know about my own recovery, so I may have an open mind and a new experience with all these things. Please help me see the truth.

Meeting In A Box

Are you or do you know of anyone who is unable to regularly attend meetings? Convalescing at home, recovering, or caring for a loved one? Extended stay at assisted living facility or hospital? We have a fully self-contained meeting in a box, portable to take to any location and designed to leave no trace from set up to clean up. Coffee and percolator, cream, sugar, cups, readings, format, and commemorative chips for all who attend.

Contact Dianne B. or Laura L. at accessibilities@aahernando.org

Meeting In A Bag

Accessibilities committee is announcing Meeting in a Bag, also called Mini-Meeting in a Box. If you are planning to visit a member of AA in the hospital, residential center, convalescing at home, or caring for a loved one, and they can't make it to a meeting, simply contact Accessibilities committee, and take one of these with you. Visiting is great, but sometimes a meeting can be even better. It includes everything needed: format card, readings, and our commemorative chips.

Contact Dianne B. or Laura L. at accessibilities@aahernando.org

OCTOBER ANNIVERSARIES



Send us anniversary information for your group at www.aahernando.org. Look for the "Submit Anniversaries" link at the top of the home page, or email them to anniversaries@aaahernando.org. Please submit by the 25th of the month for the following month.

A Desire

Michael V.6

AI Good

Jose R.28

Aripeka Open Speaker

J.J. M.6

Hernando Beach

Dave P.3

Ray D.33

Hope

Carl41

Ladies Big Book

Jeanne C.27

Janis G.42

Rita W.1

Let Go & Let God

J.J. M.6

Bob S.33

Ray D.33

Sean33

More Serenity Sisters

Jamie M.7

Principles Before Personalities

Roger S.6

Ridge Manor Big Book

Kevin B.31

Rough Roads

AJ14

Andy S.9

Cheri M.36

Eddie.30

Mike R.7

Todd44

William33

Women's Serenity

Amy F.2

Serendipity Sisters

Ann Marie D.14

Val31

Serenity Sisters

Jennean G.4

Singleness of Purpose

Jim F.5

Sean T.22

Sunset

Celeste G.4

Tranquility

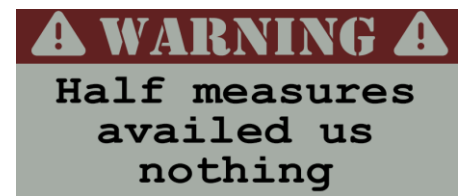
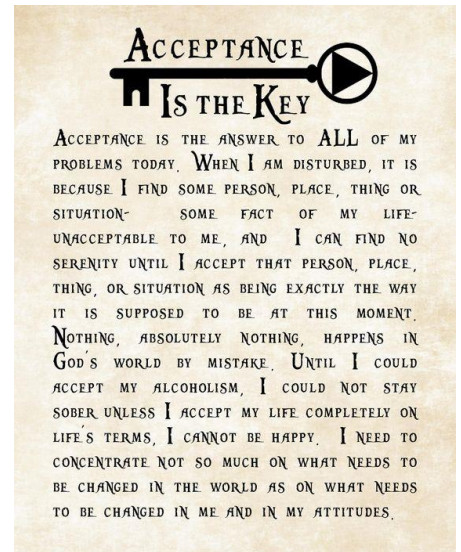
Rob B.20

Women's Serenity

Ann Marie14

Celeste4

Mindy D.16



**24 Hour
HOTLINE**

**7 DAYS week
365 DAYS a year
352-683-4597**

**VISIT OUR WEBSITE
aaahernando.org**

*for all your event info and meeting schedules when you are on the go.
If you have any changes or event information to add please email
webmaster@aaahernando.org*

**If you find a mistake in this newsletter, please consider that it is there for a purpose.
We publish something for everyone, and some people are always looking for mistakes.**