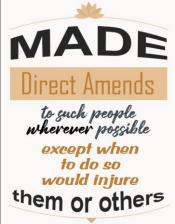


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SIEP 9



The Magic of Recovery

I have been clean and sober for 12 and a half years. I work the steps, help others, and do service. My home group is the Hand of AA step meeting in Kingston, NY.

What was it like? As a kid, I had sparks of joy, creativity, and spirituality. I also had experiences of feeling alienated, anxious, and apart.

I grew up in Boulder, Colorado, a pretty magical place in the 70s and 80s. My mother raised me and my brother. She was an alcoholic. We also had strong ties to our extended family — in New York City, where my parents were from. It was my grandparents and my aunt and uncle who in many ways gave me the familial support I needed. My parents were divorced when I was little, and my dad lived far away.

As a young girl, I became, on some level, my mother's caretaker, and also my younger brother's. When I picked up alcohol in my teens, it relieved the tension and isolation that I felt much of the time.

I completed high school, went to college, graduated. I drank alcoholically in college but so did everyone else I knew. After graduation, I had a breakdown — I became very depressed for about a year and could hardly leave my apartment.

What finally made me feel better was to geographically relocate, first back to Boulder, then to the Pacific Northwest. And to drink A LOT more. That was when drinking really worked for me. I also started having consequences then, in my early 20s. I got drunk and cheated on my boyfriend. I got drunk and got a DUI to protect another boyfriend who had actually been driving. Low self-esteem and poor decision making were themes in my drinking years.

In my mid- and late twenties, I got hungrier for more oblivion and more risk. Drugs became a part of my life. I was living in NYC, working in book ...

Continued on page 2

	EVENI CALENDAK
Sat 09/02	Accessibilities 10:00 AM 4116 Lamson Ave, Spring Hill + Zoom
Fri 09/08	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 09/09	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee
Mon 09/11	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Fri 09/29	Area Assembly Registration 6:00 PM 10400 County Road 48, Howey-in-the-Hills
Sat 09/30	Accessibilities 10:00 AM 4116 Lamson Ave, Spring Hill + Zoom
Sat 09/30	Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
Sun 10/01	Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
Mon 10/02	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Fri 10/06	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 10/14	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee
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subscribe@aahernando.org

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Hernando County Intergroup

Central Office & Book Store

4116 Lamson Ave. Lamson Woods Plaza Spring Hill, FL 34608 Office Manager: JJ M.

352-683-4597

Intergroup Office Hours: Mon - Fri 9 am-1 pm Saturday 9 am-12 pm info@aahernando.org

Group Donation Addresses

Attention all Group Treasurers:

Please send donations to the following:

District 13 Treasurer

7381 Lykes Dublin Road Brooksville, FL 34601 (Checks payable to District 13)

Hernando Intergroup Office

Suzanne M. – Treasurer 4116 Lamson Ave. Spring Hill, FL 34608 (Checks payable to Hernando Intergroup)

North Florida Area Assembly PO Box 6301

Jacksonville FL 32205-9998

(Checks payable to NFAC)

aanorthflorida.org

Please note new address:

General Service Board PO Box 2407 James A Farley Station New York, NY 10116-2407

(Checks payable to GSB)



The Magic of Recovery continued from page 1

... publishing, drinking and doing other substances.

Not surprisingly, I ended up strung out, even though I had the idea that I could be the first person to NOT get addicted to dope. I could be grandiose that way.

My boyfriend and I moved back to Colorado, and I got enmeshed with my mother yet again. I looked for anything to help me that WASN'T recovery, and ended up really circling the drain for the next 6 years or so. I went to jails, psych wards, and I overdosed many times. The relationship didn't make it.

In 2006, through a series of angels in my life, I ended up back in New York. Having become essentially homeless, and needing to get away from an abusive boyfriend, I finally agreed to let my family try to help me.

I was out of ideas. I landed at a noon meeting in Saugerties, New York, that felt comforting to me, and got a taste of AA. I still looked for answers other than real recovery. I psychiatrist-shopped. I tried sneaking pills while celebrating sober milestones. I got into ridiculously inappropriate relationships and even married someone I should never have. My insides were not getting better in any significant way because I wasn't sober. In 2010, I surrendered — and I'll never really know why it was then and not any other time. But I finally got willing to not drink or drug and to be one hundred percent honest.

I haven't had the urge to drink or drug since then. It's been a long road. I had to become employable. I started cleaning houses and sweeping an antique shop. I temped in an office, and that turned into a purchasing / supply chain job that actually lasted for a couple years, and I have now been at another company for ten years. I lived in many studio apartments. I worked with different sponsors. I worked the steps. I looked at my family and my role in that system. I learned to be a friend. I stayed sober. My beloved aunt died. My beloved father died. I bought a house. I fell in love and committed to someone, and that didn't last. But it was because I made a healthy decision for myself.

I am now going to graduate school — at age 55 — to do what I really love: to get back to books and scholarship, and eventually to help people.

I love AA more than anything and go to 3-4 meetings a week. I hope my story helps someone and that the magic of recovery gets passed on.

A.G., Bloomington, NY
The Hand of A.A., Kingston NY

Definition of an alcoholic bottom:

when your life is falling apart faster than you can lower your standards.

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Intergroup Officers **CHAIRPERSON**

Frank S.

chair@aahernando.org

ALTERNATE CHAIRPERSON

Jim B. 727-642-3533

altchair@aahernando.org

SECRETARY

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TREASURER

Suzanne M. 352-584-5656 igtreasurer@aahernando.org

Intergroup Contacts

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JJ M. 352-683-4597 info@aahernando.org 4116 Lamson Ave. Spring Hill

Intergroup Office Hours

Mon-Fri 9am-1pm Saturday 9am-12pm (Checks payable to Hernando Intergroup)

COMMUNIQUÉ (INTERGROUP)

John K. 352-650-2324 communique@aahernando.org **HOTLINE** 352-683-4597

Chairperson:

Johnny V. 352-346-6096 **HEAART**

Nancy E. 352-232-5207 heaart@aahernando.org

INTERGROUP LIAISON

Pam H. 352-424-5352 igliaison@aahernando.org

UNITY MEETING

Anne Marie Chair 352-277-6304 Nancy Asst. Chair unity@aahernando.org

WEBMASTER & MEETING LISTS

John K. 352-650-2324 webmaster@aahernando.org

Intergroup Meeting

First Friday

Sep 1st, Oct 6th at 6:30 PM Forest Oaks Lutheran Church 8555 Forest Oaks Blvd, Spring Hill



District 13 Officers

DCM

Lori Ann S. 631-480-3200 dcm@aahernando.org

ALTERNATE DCM

Mark S. 727-858-8366 altdcm@aahernando.org

SECRETARY

<VACANT>

dsecretary@aahernando.org

TREASURER

Linda M. 812-841-5601 dtreasurer@aahernando.org

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ACCESSIBILITIES

Richard C. Chair Diane B. Alt Chair accessibilities@aahernando.org

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PARLIAMENTARIAN

Diana B. 727-470-1642 parlimentarian@aahernando.org **TREATMENT**

Joe C.

treatment@aahernando.org

District Meetings

District-1st Monday

Sep 11th, Oct 2nd at 6:15 PM Holy Trinity Lutheran Church 1214 Broad St., Masaryktown

Accessibilities-Sat before 1st Mon

Sep 2nd, Sep 30th at 10:00 AM 4116 Lamson Ave, Spring Hill and Zoom Meeting ID: 852 0319 0787 Passcode: 820000 (all 2023 meetings)

Unity Meeting Schedule

Saturday, September 9th Hosted by: HernandoBeach

Saturday, October 14th Hosted by: Let Go Let God

Doors open at 6:30, meeting at 7:00 pm. Nativity Lutheran Church, 6363 Commercial Way, Weeki Wachee, FL

For more information please contact: Anne Marie, Chair: 352-277-6304, unity@aahernando.org

2023 AREA 14 ASSEMBLY DATES

Sept 29-Oct 1

Area Assembly location: Mission Inn Resort & Club, 10400 County Road 48, Howey-in-the-Hills, FL. 352-324-3101, 800-874-9053 (toll free.) Check in 4:00 PM, check out 12:00 PM.

See Area Assembly website for more information:

aanorthflorida.org/assembly agenda.asp

Here are some digital resources for recovery:

A.A. Grapevine podcast:

https://www.aagrapevine.org/podcast

A.A. Grapevine on YouTube:

https://www.youtube.com/@AAGrapevine

A.A. Podcasts:

https://player.fm/podcasts/Alcoholics-Anonymous

YouTube Alcoholics Anonymous World Services, Inc: https://www.youtube.com/channel/UC2nfvf9DeDA 7QYvLeq4pQ-w

Communique Email List

Anyone wishing to subscribe to the Communique email list can send an email with a subject line of "Opt In" to the address below requesting to be added to the email list. You will automatically receive the



Communique in your email inbox on the first of every month. You can opt out anytime by sending an email with your request to the same address with the subject line "Opt Out."

subscribe@aahernando.org

Your email address will not be shared for any other purpose.

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9[™] STEP EXPERIENCE

I had my 8th step list and was ready to complete the 9th step quickly by saying "I am sorry" for my behavior. I simply wanted to get all this behind me as fast as possible. My sponsor stopped me cold. He told me to get some 3x5 cards, write the person's name on one side and what my specific amend was going to be on the other side of the card. I was taken aback, thinking my sponsor is going a little overboard with making amends. Also, he said I will need to improve my behavior with the people in my life through living amends. Yeah, he told me to improve my attitude by amending the way I talked to people, specifically those that were close to me. At first, it was easier said than done, but with a little time my relationships with my family and my friends improved immensely. In other words, I learned to walk the walk and not to just provide lip service.

My sponsor said that making amends is not simply apologizing for the bad behavior. He said making amends means being specific about the behavior I had toward that person and acknowledging the hurt/damage I did to them. He also said I needed to understand that making an amend is more to make things right. It is supposed to be how I can make a positive change in my attitude toward that person and could repair damaged relationships. If I think of how I can best serve you, then I have a better chance of keeping any negativity out of our conversation.

My parents were deceased when I came into the A.A. program, and I didn't know how to make things right with them. It was suggested for me to write each of them a letter, take it to their respective graves, read it to them, put the letter in their urn, and burn it. This has taken me to a new level with my parents. The pain of growing up with a drunken and abusive mother and her boyfriend began to disappear and I was better able to forgive them for their transgressions. I am free from the bondage of my poor childhood.

As far as financial amends are concerned, I thought I would be able to dismiss the burden of paying people back if I was unable to locate them. Well, I was wrong there as well. I also took some money from a company. I decided to write to my previous boss at that company where I took the money (padded my expense account) expecting the worst. I also knew if I didn't correct this, I might get drunk. I got

permission to send the letter from both my wife at the time and my sponsor once they read the letter, knowing full well I could face jail time. I never heard back from that boss at that company. In another case, I borrowed some money from a man and never paid it back. I was unable to locate him, so I donated that amount to a local charity.

I have been sober for more than 44 years and still have a few amends that need to be made. Unfortunately, I am unable to locate them, but I am more than willing to right the wrongs. Perhaps I will be able to make those amends one day. Until then, I just need to stay available to make them.

Lee B.

A Desire Group

Area Delegate's Desk

Greeting Area 14 fellowship!

August 24, 2023

It has been a busy and productive month since my last Delegate's Corner. I hope everyone is now receiving them via email and, please, if you have any questions or comments, reach out to me anytime.

Firstly, I have attached a Summer Delegate's Report, the latest information from the General Service Office. I have also added a "Myth Busters Report" compiled by my friend and fellow delegate from Area 51, North Carolina, Julie R. Both documents are loaded with important information for us all.

After the July Board weekend, I, as Delegate Chair, and Mike L., interim Board Chair, hosted a Sharing Session following an advisory action from the 73rd General Service Conference.

"To foster unity, trust, and transparency in the Fellowship, the members of the General Service Conference meet outside of the annual meeting for general sharing sessions at least two times per year utilizing virtual meeting technology. The General Service Board Chair and Delegate Chair will set the date and time as well as determine what issues currently facing the Fellowship would be chosen as topics."

Nearly all the U.S./Canada Service Structure Delegates were present. It was a full General Service Conference meeting. Reports were presented from the Board of Trustees meeting followed by a Q&A session. It was the first meeting of its kind ever held and what an honor to be a part of this open communication.

With many of you and our friends from South Florida I attended the 66th Florida State Convention held at the Saddlebrook Resort. While hot and sometimes rainy amazing fellowship overshadowed the unkind weather as we celebrated our sobriety together. There were many great speakers, presentations, and workshops. Cary W., our South Florida delegate and I did a fun skit of the misadventures of two Florida gals in the big city of New York. In case you missed it you just might get a chance to see it at the Mission Inn ...

Continued on page 5

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DCM Corner

In 2011 I went to a rehab with the idea that they were going to teach me how to drink like a lady. There I was first introduced to AA. I had never heard of it before, and my perception of an alcoholic was a hobo in the streets of the city drinking alcohol from a paper bag. When I got there at the rehab, I found that there were a lot of people there because the judge, their jobs or their families made them go. I was not one of these people. I didn't believe I was an alcoholic. I was not there for any of those reasons. But I stayed because I knew something was wrong with me and my drinking was getting worse. I needed to learn how to stop.

I attended lessons that explained what happens to the body chemically when alcohol is introduced into the body. There were scientific explanations for all of this, but it was way over my head. But I was sure that extensive research had been put into this lesson and they must know what they are talking about. Knowing that there was a medical explanation for my drinking in excess was not enough. I was still not convinced that I was an alcoholic. It wasn't until the first AA meeting that was brought into the rehab and I listened to the speaker who told my story. I cried. It was the first time I thought that maybe I was an alcoholic.

I continued to go through different kinds of therapy sessions at the rehab. We had music therapy, mindfulness sessions, group discussions, and counseling sessions. These sessions taught me ways to occupy my mind so that I don't constantly think about a drink and how to be by myself and be still.

They told me at the rehab that I would never be able to drink alcohol again. This could not be true. I grew up drinking wine at the dinner table, summer BBQs with the neighbors, block parties in Brooklyn, toasts at weddings, holiday drinking, and who goes to a New Years Eve party and doesn't drink? They at the rehab must be mistaken, or maybe I heard them incorrectly. I couldn't fully accept this concept, but I still went along with learning as much as I could while I was there.

I was discharged from the rehab, and I was sure with all the knowledge I had gotten about alcoholism, I was going to be able to know when to stop drinking. I didn't drink for about 5 months. I went to meetings and continued to listen. I was fine. But things happened, and I stopped going to meetings as frequently as I was. Not drinking became less of a priority. I eventually picked up a drink again. The progression of my drinking continued at great speed. I was drinking around the clock. I had gotten to the point that I could no longer bring myself to work. I just stopped going. I could not stop drinking. No matter what I knew, no matter what I tried, I could not stop drinking. I was completely and utterly hopeless. I knew, at last, that I was an alcoholic.

A miracle happened that brought me back into the rooms of AA. I knew that AA was the only place I was going to find the peace I had those 5 months that I did not drink.

Area Delegate's Desk continued from page 4

... when Cary is our guest for the weekend at our fall assembly. She will also lead us in our Area 14 inventory and tell her personal story of recovery as our Saturday night speaker!

Last week I attended a zoom presentation with some 480 other members of the fellowship for all 93 Areas! The presentation topic was the Plain Language translation of the book Alcoholics Anonymous. I have attached the highlight notes from this event. Many unfortunate myths surround this book and our presenter John W. did an excellent job of delivering the timeline, development and purpose of this project. His closing words reflect the full intent of the hope that may be found in these pages.

"We-the assembled here today-may not need a Plain Language Big Book to ensure our own recovery. We do need it to ensure the recovery of the alcoholic with a reading disability who still stumbles in the darkness one short block from this room.

We need it to ensure the recovery of a child being born tonight who, destined to alcoholism, may not understand the vernacular of a century old book.

We need a Plain Language Big Book to provide, in keeping with our Twelfth Step, a permanent haven for all alcoholics who, in the ages ahead, can find in A.A. that rebirth which brought us back to life."

I am working closely still with the General Service Office and the Southeast Regional Delegates as we ready ourselves for the next round of agenda items for the 74th General Service Conference next spring, this is a year-round process. May I remind you that any Proposed Agenda Items must be submitted by September 15th of this year and there is a new submission form uploaded to the NFAC website in the password protected portion of the site. We are focused on finalizing current projects and keeping a sharp eye on the funds that are made available through the 7th Tradition contributions. These are financially challenging times for us all but an extra dollar in the basket goes a very long way to the continued efforts of carrying the message to the still suffering alcoholic.

Thank you all for your love and support.

Mary A. Area 14 Panel 73 74th GSC Delegate Chair



I work my AA program every day knowing I am a true alcoholic. There are no doubts and no reservations anymore. I am no longer hopeless. If I live the principles of AA one day at a time, do the next right thing, and keep my side of the street clean, I have a chance to live a long and useful life.

Yours in grateful service, Lori Ann

DCM

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About Concept 9

No matter how carefully we design our service structure of principles, and relationships, no matter how well we apportion authority and responsibility, the operating results of our structure can be no better than the personal performance of those who must man it and make it work. Good leadership cannot function well in a poorly designed structure... Weak leadership can hardly function at all, even in the best of structures.

Due to A.A.'s principles of rotation, furnishing our service structure with able and willing workers has to be a continuous effort. The base of the service structure--and the source of our leadership--is General Service Representative. The G.S.R. is the service leader for his or her group, the indispensable link between the group and A.A. as-a-whole. Together the G.S.R.s are A.A.'s group conscience-- and together, in their areas, they elect the area committee members and ultimately the delegates and the area's candidates for trustee. Groups who have not named G.S.R.s should be encouraged to do so. And as the G.S.R.s meet in area assemblies, care and dedication are required. Personal ambitions should be cast aside; feuds and controversies forgotten. "Who are the best qualified people?" should be the thought of all.

No society can function well without able leadership in all levels, and A.A. can be no exception. Fortunately, our Society is blessed with any amount of real leadership--the active people of today and the potential leaders of tomorrow as each new generation of able members swarm in. We have an abundance of men and women whose dedication, stability, vision, and special skills make them capable with every possible service assignment. We have only to seek out these folks to serve us.

A leader in A.A. service is therefore a man (or woman) who can personally put principles, plans and policies into such dedicated and effective action that the rest of us want to back him and help with his job.

Good leadership will also remember that a fine plan or idea can come from anybody, anywhere. Consequently, good leadership will often discard its own cherished plans for others that are better, and will give credit to the source.

Good leadership never passes the buck. Once assured that it has, or can obtain sufficient general backing, it freely takes decisions and puts them into action forthwith, provided of course that such actions be within the framework of its defined authority and responsibility. Another qualification for leadership is "give and take," the ability to compromise cheerfully whenever a proper compromise can cause a situation to progress in what appears to be the right direction... We cannot, however, compromise always. Now and then, it is truly necessary to stick flat-footed to one's conviction about an issue until it is settled.

Our leaders do not drive by mandate, they lead by example. We say to them, "Act for us, but do not boss us."

Concept 9

Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

Step 9

Made direct amends to such people wherever possible except when to do so would injure them or others.

Tradition 9 (Short Form)

A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

Tradition 9 (Long Form)

Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our overall public relations and they auarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.

Meeting In A Box

Are you or do you know of anyone who is unable to regularly attend meetings? Convalescing at home, recovering, or caring for a loved one? Extended stay at assisted living facility or hospital? We have a fully self-contained meeting in a box, portable to take to any location and designed to leave no trace from set up to clean up. Coffee and percolator, cream, sugar, cups, readings, format, and commemorative chips for all who attend.

Contact Richard C. or Dianne B. at accessibilities@aahernando.org

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INTERGROUP TREASURER'S REPORT FOR JULY 2023

Hernando County Intergroup Treasurer's report					
			July, 2023		
Checking				Savings	
Beginning Balance	\$	322.01		Beginning Balance	\$ 1,593.18
Total Withdrawls	\$	(2,998.28)		Total Withdrawls	\$ (143.59)
Total Deposits	\$	2,806.03		Total Deposits	\$ 700.02
Ending Balance	\$	129.76		Ending Balance	\$ 2,149.61
Expenses					
Rent - Intergroup Office	\$	(600.00)	Ck 5479	Donations	
Spectrum	\$	(137.97)		Tranquility group	\$50
AAWS	\$	(661.00)		PBP	\$250
Printing Plus - W&W	\$	(148.35)		Serendipitysisters	\$25
Recovery Accents	\$	(233.60)		The steps we took	\$25
Unity rent	\$	(150.00)	Ck 5480	Let go & let god	\$25
Transfer to savings	\$	(700.00)		Ridge manor Big Book	\$150
bank charge	\$	(24.50)		Womens Serenity	\$60
Picnic supplies	\$	(342.86)		Let's get Serious	\$25
Total	\$	(2,998.28)		Heavy Hitters	\$110.40
Deposits					
Cash/Checks		2211.06			
Square (Credit Cards)		594.97			

2806.03

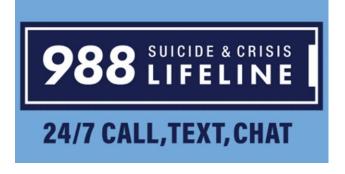


Total

PAGE 8 SEPTEMBER 2023

DISTRICT TREASURER'S REPORT FOR JULY 2023

DISTRICT 1	13	Jul-23		DONATIONS		YTD
Beginning Balance		\$2,029.97	*	Anonymous	\$0.00	\$150.00
				Aripeka BB	\$0.00	\$150.00
Expenses			YTD	Fun and Frolic	\$0.00	\$30.00
Archive Rent	\$0.00		\$300.00	Happy Hour	\$0.00	\$100.00
Founders Day	\$0.00	\$835.00	\$400.00	Heavy Hitters	\$110.40	\$270.40
Meeting Rent	\$0.00		\$150.00	Hernando Beach	\$0.00	\$25.00
Area Room Rent	\$323.16		\$620.64	Hope Group	\$0.00	\$200.00
Communique	\$0.00		\$1,625.00	Its All Good	\$0.00	\$100.00
Email Expense	\$0.00		\$59.70	Let Go Let God	\$25.00	\$25.00
Service Fee	\$0.00		\$47.00	Lunch Bunch	\$50.00	\$50.00
Accessibilities	\$0.00			Meeting in Box	\$0.00	\$4.00
Treatment	\$0.00		\$89.20	More Serenity Sis	\$0.00	\$40.00
Total	\$323.16	(\$323.16)	\$3,291.54	PBP	\$0.00	\$225.00
				Ridge Manor BB	\$0.00	\$360.00
Donations	\$440.40	\$440.40	\$3,487.40	Rough Roads	\$0.00	\$180.00
Comq		\$0.00	\$2,065.10	S.A.Y.S.	\$0.00	\$10.00
Ending Balance		\$2,982.21		Serendipity Sisters	\$0.00	\$25.00
				Serenity Sisters	\$25.00	\$50.00
CORRECTIONS				Singleness of Purpose	\$0.00	\$168.00
				Step Sisters	\$0.00	\$25.00
Beginning Balance		YTD	\$1,191.20	Sunset Grp	\$0.00	\$500.00
Hope grp	\$0.00	\$77.50		The Steps We Took	\$0.00	\$25.00
Intergroup Pink Can	\$0.00	\$76.68		TIAS	\$0.00	\$180.00
Living Sober	\$0.00	\$72.37		Tranquility Group	\$100.00	\$215.00
Ridge Manor BB		\$105.75		Wise Women	\$30.00	\$30.00
Tranquility	\$0.00	\$15.00		Woman's Serenity Grp.	\$100.00	\$250.00
Total	\$0.00	\$347.30	\$0.00	13530	\$0.00	\$100.00
				Total	\$440.40	\$4,072.40
Expenses	\$239.62	\$812.20	(\$239.62)			
Ending Balance			\$951.58	Bank Beginning Balance	\$3,621.07	
				Bank Ending Balance	\$3,933.69	
* corrected total				Cash on hand	\$0.82	
				Total	\$3,934.51	



If you or someone you know is thinking about suicide, please call 988 (formerly 1-800-273-8255(TALK)). 988 is a 24/7, free, confidential counseling line that connects individuals to a trained specialist in suicide crisis intervention. *One common misconception of the line is that people need to be suicidal to contact 988, yet that is not the case.* Call, text, or chat 988 if you are feeling overwhelmed, upset, or worried about a suicidal loved one, and talk through the steps to take to feel better.

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SEPTEMBER ANNIVERSARIES



Send us anniversary information for your group at www.aahernando.org. Look for the "Submit Anniversaries" link at the top of the home page, or email them to anniversaries@aahernando.org. Please submit by the 25th of the month for the following month.

J	
A Desire	
Stacy S	2
Larry K	51
Tricia C	3
Tattoo Bill	24
AlGood	
John H	23
Aripeka Open Speal	ker
Paul H	40
Happy Hour	
Cindy C	38
Frank S	25

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3

Julia B	4
Steve T	11
Women's Serenity	
Amy F	2
Ashley W	4
Caryl M	43



Acceptance Is the Key

ACCEPTANCE IS THE ANSWER TO ALL OF MY PROBLEMS TODAY, WHEN I AM DISTURBED, IT IS BECAUSE I FIND SOME PERSON, PLACE, THING OR SITUATION- SOME FACT OF MY LIFE-UNACCEPTABLE TO ME, AND I CAN FIND NO SERENITY UNTIL I ACCEPT THAT PERSON, PLACE, THING, OR SITUATION AS BEING EXACTLY THE WAY IT IS SUPPOSED TO BE AT THIS MOMENT. NOTHING, ABSOLUTELY NOTHING, HAPPENS IN God's WORLD BY MISTAKE UNTIL I COULD ACCEPT MY ALCOHOLISM, I COULD NOT STAY SOBER UNLESS I ACCEPT MY LIFE COMPLETELY ON LIFE'S TERMS, I CANNOT BE HAPPY I NEED TO CONCENTRATE NOT SO MUCH ON WHAT NEEDS TO BE CHANGED IN THE WORLD AS ON WHAT NEEDS TO BE CHANGED IN ME AND IN MY ATTITUDES.

24 Hour HOTLINE

7 DAYS week 365 DAYS a year 352-683-4597

VISIT OUR WEBSITE aahernando.org

for all your event info and meeting schedules when you are on the go. If you have **any** changes or event information to add please email

webmaster@aahernando.org

Ifyou find a mistake in this newsletter, please consider that it is there for a purpose.
We publish something for everyone, and some people are always looking for mistakes.