



COMMUNIQUE



Nowhere To Hide

My name is Andrew W., and I am definitely an alcoholic. My sobriety date is 10-20-2023, and, at the time of writing this, I have been sober for about four months. I am 43 years old and was born and raised in upstate NY. I was a very rebellious kid, and even at a young age I had already developed some nasty character defects. I became spiteful, self-centered, and grew an ego the size of Texas which remain the same character defects I still fight today. Five months ago, I would have painted you a picture of how I grew up in multiple homes and had divorced parents. My ex-wife left me and took my kid away. I had all of these reasons for why I developed such strong resentments and defects. Alas, the last four months have seen the greatest change in my life, my heart, my daily routine, and even the way I think – and so I have a very different way of looking back upon my past than I did five months ago.

Aside from getting kicked out of schools, running away, and doing stupid crap to get attention, I discovered at a very early age that there was this magical substance called alcohol that could numb my pain and make me feel happy with myself. This of course was a lie, but at the time I thought it was the greatest thing ever. I skipped the part where kids experiment with alcohol and drink it on social occasions, and I went directly to hiding it in my closet and drinking in secret. I would often augment with weed, pills, and other substances as well, but alcohol was always the easiest to get because everybody in my family and friends' families drank. We never had a problem getting our hands on it as kids.

From my teens to my forties, a lot happened. I got married, divorced, and had a kid. I joined the navy and did a tour overseas. I lived in multiple states and ultimately decided to adopt a life on the road as a full time RVer. Looking back at it all now (and especially this whacky idea to go live life in an RV), I realize it was always just me running from my problems and chasing that magical feeling of happiness and serenity. This became increasingly impossible to reach as I progressed in my drinking career. I left a lot of damage in my rearview mirror; choosing this life style was conducive to my drinking. I had, without realizing it, changed every single aspect of my life to center around my drinking. I was developing extreme anxiety and depressive disorder, so I gave up all other substances and doubled down on my alcohol because I still didn't ...


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TRADITION 3

The only requirement for A.A. membership is a desire to stop drinking.



EVENT CALENDAR

- Fri 03/01 Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
- Sat 03/02 Accessibilities 10:00 AM Zoom only
- Mon 03/04 District Meeting 6:15 PM 1214 Broad St, Masaryktown
- Sat 03/09 Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee
- Sun 03/17 Pre-Conference Workshop 11:00 AM 9636 SE 58th Ave, Belleview (DAV)
- Sat 03/30 Accessibilities 10:00 AM Zoom only
- Sat 03/30 HEAART 2:30 PM 4116 Lamson Ave, Spring Hill
- Mon 04/01 District Meeting 6:15 PM 1214 Broad St, Masaryktown
- Fri 04/05 Area Assembly 6:00 PM 10400 County Road 48, Howey-in-the-Hills
- Fri 04/05 Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
- Sat 04/06 Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
- Sun 04/07 Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
- Sat 04/13 Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee

Hernando County Intergroup

Central Office & Book Store

4116 Lamson Ave.
Lamson Woods Plaza
Spring Hill, FL 34608
Office Manager: JJ M.

352-683-4597

Intergroup Office Hours:

Mon - Fri 9 am–1 pm
Saturday 9 am–12 pm
info@aahernando.org

Group Donation Addresses

Attention all Group Treasurers:

Please send donations to the following:

District 13 Treasurer

7381 Lykes Dublin Road
Brooksville, FL 34601

(Checks payable to District 13)

Hernando Intergroup Office

Cyd B. – Treasurer
4116 Lamson Ave.
Spring Hill, FL 34608

(Checks payable to Hernando Intergroup)

Please note new address:

NFAC Area 14 Panel 74 Treasurer

PO Box 840066
St Augustine, FL 32080

aanorthflorida.org

(Checks payable to NFAC)

General Service Board

PO Box 2407
James A Farley Station
New York, NY 10116-2407

(Checks payable to GSB)



Nowhere To Hide, continued from page 1

... see it as a problem in my life but a solution. My daughter wouldn't talk to me, and my friends ignored me. It's funny how everyone I knew seemed to go to bed at about 7:00 pm because they wouldn't answer the phone when I called.

Last fall, I took the trip back down south in my camper and stopped a while in Tennessee. I knew I needed to change something. At the time, I was debating moving to Tennessee. I thought I loved it there, but what I loved was the idea that something needed to change. I had a couple of last hurrahs drinking my face off at some music concerts, but my anxiety was through the roof, and my blood pressure and heart rate were getting critical. I couldn't enjoy myself. It was a constant effort to ride the knife edge of drinking just enough to be drunk but sober enough to avoid a panic attack. I realized drinking was no longer an activity but a requirement for me. The last weekend I spent at a huge rave in a cave and used up all my battery power in the camper. I was the last camper to pull out having woken up about noon, tripping over beer bottles and whatever else was on the floor. I threw everything in the camper. I was dirty, screwed up, and hung over. I took off with the pets to go to Florida. It was only 900 miles, and I could do that in a day, so off I went.

Just over the border into Georgia, I had a wheel bearing blow out. By now my anxiety was so high I couldn't think straight. I managed to limp to a Walmart for the night and sleep. The next morning, I had to leave the camper there and backtrack 100 miles in the wrong direction to get the parts I needed to fix the wheel bearing. I spent the whole day in that Walmart parking lot working on it. The batteries were dead, so there was no air conditioning. Have you ever seen a cat panting like a dog, sweating, sprawled out on the floor dying of thirst? It freaking broke my heart. At that moment I had had enough. I broke down crying and started praying. I asked my God to help me. I couldn't live this way any longer. I knew about AA because my grandfather had been a 29-year member and had just passed this last year. He would often listen to me when I called and was never judgmental. He even took me to a few meetings as an observer, and he gave me his personal big book. Sadly, just before he died, I had given it back to him and said AA just wasn't for me. Well, I like to think of Gramps as my second sponsor these days because I got that book back. I get to read his notes in the margin and hear his wisdom. I can see now that what he did all those years was to plant the seed. He knew one day I would reach my bottom and need AA, and he made sure I had just what I needed to get me there. He lived by example, was humble, and happy, joyous, and free. At that time, he was gone, but I was finally ready to listen to him.

The rest of the trip back my wheels stayed on, and traffic was light. I didn't have many more problems, but I drove the entire remaining distance deep in prayer and meditation. I decided, when I get there, I'm throwing out all my beer in the camper, all the liquor bottles, all of it. And I am finding a meeting. What I didn't know – what I couldn't have known at that time – is I basically completed steps 1 through 3 on that drive home, and it changed my life. I did exactly that. I threw out all my alcohol, and I found a meeting that was open, big book, in person and zoom. I figured I'd sit in the back or just hang out online and not really be a speaker or part of anything, just hide out in the shadows. That meeting was the Ridge Manor Big Book meeting on Tuesday nights. I walked in there, and when they asked if there was anyone attending their first meeting, what I could not have possibly ...

Continued on page 4 ...

Intergroup Officers**CHAIRPERSON**

Dee Mc. 352-442-6423
chair@aahernando.org

ALTERNATE CHAIRPERSON

Jim B. 727-642-3533
altchair@aahernando.org

SECRETARY

Eleanor B. 484-661-8753
igsecretary@aahernando.org

TREASURER

Cyd B.
igtreasurer@aahernando.org

Intergroup Contacts**OFFICE MANAGER**

JJ M. 352-683-4597
info@aahernando.org
4116 Lamson Ave. Spring Hill

Intergroup Office Hours

Mon-Fri 9am-1pm
Saturday 9am-12pm
(Checks payable to Hernando Intergroup)

COMMUNIQUÉ (INTERGROUP)

John K. 352-650-2324
communique@aahernando.org

HOTLINE 352-683-4597**Chairperson:**

Johnny V. 352-346-6096

HEAART

Emma C.
heaart@aahernando.org

INTERGROUP LIAISON

Nancy C. 706-386-9857
igliaison@aahernando.org

UNITY MEETING

Deborah-Anne C. 631-522-0734
Donna M. 352-238-9697

unity@aahernando.org

TECHNOLOGY COMMITTEE

John K. Chair 352-650-2324
Andrew W. Co-chair
webmaster@aahernando.org

Intergroup Meeting**First Friday**

Mar 1st, Apr 5th at 6:30 PM
Forest Oaks Lutheran Church
8555 Forest Oaks Blvd,
Spring Hill



subscribe@aahernando.org

District 13 Officers**DCM**

Mark S. 727-858-8366
dcm@aahernando.org

ALTERNATE DCM

<VACANT>
altdcm@aahernando.org

SECRETARY

<VACANT>
dsecretary@aahernando.org

TREASURER

Linda M. 812-841-5601
dtreasurer@aahernando.org

District 13 Committees**ACCESSIBILITIES**

Diane B. Chair
Laura L. Co-Chair
accessibilities@aahernando.org

ARCHIVES

<VACANT>
archives@aahernando.org

COMMUNIQUÉ (DISTRICT)

Maryanne N. 914-466-9116
communique@aahernando.org

CORRECTIONS

Debbie Q. 314-607-4670
Lisa W. 912-312-0210
corrections@aahernando.org

GRAPEVINE

Tom H. 352-502-1274
grapevine@aahernando.org

LITERATURE

Linda S.
literature@aahernando.org

PUBLIC INFO (PICPC)

<VACANT>
picpc@aahernando.org

PARLIAMENTARIAN

Eleanor B.
parliamentarian@aahernando.org

TREATMENT

Joe C.
treatment@aahernando.org

District Meetings**District-1st Monday**

Mar 4th, Apr 1st at 6:15 PM
Holy Trinity Lutheran Church
1214 Broad St., Masaryktown

Accessibilities-Sat before 1st Mon

Mar 2nd, Mar 30th at 10:00 AM
4116 Lamson Ave, Spring Hill and
Zoom Meeting ID: 827 8314 8424
Passcode: 995 008, all 2024 meetings)

Unity Meeting Schedule

Saturday, March 9th

Hosted by: **Heavy Hitters**

Saturday, April 13th

Hosted by: **Sunday Morning Serenity Sisters**

Doors open at 6:30, meeting at 7:00 pm.
Nativity Lutheran Church, 6363 Commercial
Way, Weeki Wachee, FL

For more information please contact:
Deborah-Anne C., Chair: 631-522-0734,
unity@aahernando.org

2024 AREA 14 ASSEMBLY DATES

April 5-7

July 7-9

Sept 29-Oct 1

Area Assembly location: Mission Inn Resort &
Club, 10400 County Road 48, Howey-in-the-
Hills, FL. 352-324-3101, 800-874-9053 (toll
free.) Check in 4:00 PM, check out 12:00 PM.

See Area Assembly website for more
information:

aanorthflorida.org/assembly_agenda.asp

Get in... we're going on a 12-step call!

Our primary purpose is to carry this message to alcoholics who still suffer. The Intergroup Office is looking for volunteers to sign up for our 12-step call list. You can sign up by calling the office, or go to our website: aahernando.org/12-step

aahernando.org

ALL The Promises

Here are promises 3-5 taken from the [list](#) that the Atlanta Men's Workshop found in the Big Book (they found 147.) Please reference the February 2024 *Communique* for the full list of promises that we will be covering:

Pg Line Promises

xxx 4 ...he is as fine a specimen ...
 11 20 ...raised from the dead ...best ... (2)
 11 34 ...inwardly reorganized ...different footing ... (2)

Promises #3 pg. xxx

His alcoholic problem was so complex, and his depression so great, that we felt his only hope would be through what we then called "moral psychology," and we doubted if even that would have any effect. However, he did become "sold" on the ideas contained in this book. He has not had a drink for more than three years. I see him now and then and **he is as fine a specimen** of manhood as one could wish to meet ... I earnestly advise every alcoholic to read this book through, and though perhaps he came to scoff, he may remain to pray.

Promise #4 pg. 11

But my friend sat before me, and he made the point-blank declaration that God had done for him what he could not do for himself. His human will had failed. Doctors had pronounced him incurable. Society was about to lock him up. Like myself, he had admitted complete defeat. Then he had, in effect, **been raised from the dead**, suddenly taken from the scrap heap to a level of life better than the **best** he had ever known.

Promise #5 pg. 11

Had this power originated in him? Obviously, it had not. There had been no more power in him than there was in me at that minute; and this was none at all. That floored me. It began to look as though religious people were right after all. Here was something at work in a human heart which had done the impossible. My ideas about miracles were drastically revised right then. Never mind the musty past; here sat a miracle directly across the kitchen table. He shouted great tidings. I saw that my friend was much more than **inwardly reorganized**. He was on a **different footing**. His roots grasped a new soil.



Come and meet your new HEAART Chair and HEAART committee **March 30th 2:30 pm at the intergroup office!** We will discuss more about HEAART and what this committee does to serve AA and

its members. Do you want service work but have a hard time making weekly commitments? Then this is the committee for you! *All meeting and building reps are asked to attend*

subscribe@aahernando.org

Step 3

Made a decision to turn our will and our lives over to the care of God as we understood him.

Tradition 3 (Short Form)

The only requirement for A.A. membership is a desire to stop drinking.

Tradition 3 (Long Form)

Our membership ought to include all who suffer from alcoholism. Hence, we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.



Nowhere To Hide, continued from page 1

... known just before raising my hand was that those people, that group, and this way of life would immediately and drastically infiltrate and change every single aspect of my life. What I also could not have known is just how grateful I would be for this huge life change.

It's only been four months, but I could not possibly articulate how amazing this transformation has been in my little world. I have a sponsor, and he helped me work the steps. I go to meetings almost every night between Lake Pan, Bushnell, Ridge Manor. I have met so many incredible people in these rooms. Of course, the biggest thank you belongs to my Higher Power. He brought me to this place, and He listens to my daily prayers to remove my character defects, to remove my addictions, and to give me direction and purpose in helping other people.

My purpose each day now is to be kind and helpful and to practice these principles in ALL of my affairs, whether I let that car enter my lane of traffic, or hold the door open for an old lady at Walmart. My entire life is made new. I finally found that all-time high I had been looking for, but it wasn't at the bottom of a bottle, nor was it just over the next horizon on the highway in my camper. It was here all along. My grandfather knew that, but he also knew I would have to find it out on my own. Thank you all for keeping me sober – and for giving me purpose.

Andrew W.

Ridge Manor Big Book

aahernando.org

INTERGROUP TREASURER'S REPORT FOR JANUARY 2024

Hernando County Intergroup Treasurer's report				
Jan-24				
Checking			Savings	
Beginning Balance	\$ 1,702.42		Beginning Balance	\$ 2,549.69
Total Withdrawals	\$ (2,882.53)		Total Withdrawals	
Total Deposits	\$ 3,390.57		Total Deposits	\$ 0.02
Ending Balance	\$ 2,210.46		Ending Balance	\$ 2,549.71
Expenses			Donations	
Rent - Intergroup Office	\$ (600.00)		Archives	\$ 50.00
Spectrum	\$ (137.97)		Hernando Beach	\$ 100.00
AAWS	\$ (1,306.63)		S.A.Y.S. Group	\$ 50.00
Recovery Accents	\$ (214.45)		Singleness of Purpose	\$ 12.00
Go Daddy	\$ (227.05)		Together We Stand	\$ 25.00
Hazelden	\$ (232.60)		Unity	\$ 265.50
Unity Rent	\$ (150.00)		Total	\$ 502.50
Office Supplies	\$ (13.83)			
Total	\$ (2,882.53)			
Deposits				
Cash/Checks	\$ 2,715.08			
Square (Credit Cards)	\$ 675.49			
Total	\$ 3,390.57			

Meeting In A Bag

Now available through the Accessibilities Committee is Meeting in a Bag, also called Mini-Meeting in a Box. If you are planning to visit a member of AA in the hospital, residential center, convalescing at home, or caring for a loved one, and they can't make it to a meeting, simply contact the Accessibilities committee, and take one of these with you. Visiting is great, but sometimes a meeting can be even better. It includes everything needed: format card, readings, and our commemorative chips.

Contact Dianne B. or Laura L. at accessibilities@aahernando.org

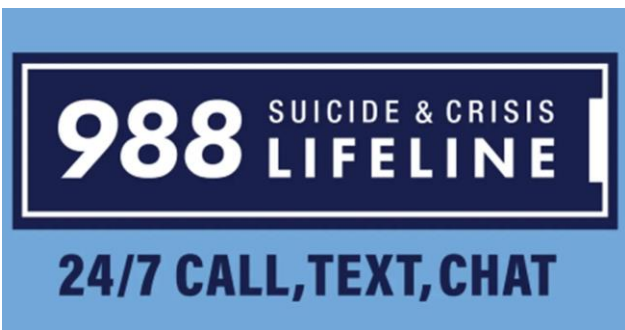
Meeting In A Box

Are you or do you know of anyone who is unable to regularly attend meetings? Convalescing at home, recovering, or caring for a loved one? Extended stay at assisted living facility or hospital? We have a fully self-contained meeting in a box, portable to take to any location and designed to leave no trace from set up to clean up. Coffee and percolator, cream, sugar, cups, readings, format, and commemorative chips for all who attend.

Contact Dianne B. or Laura L. at accessibilities@aahernando.org

DISTRICT TREASURER'S REPORT FOR JANUARY 2024

	Jan-24		District 13			
Beginning Balance			<u>\$3,860.75</u>		Donations	YTD
	Expenses	YTD				
Archives	\$50.00	\$50.00				
Area	\$304.14	\$304.14	(\$354.14)		Hernando Beach	\$75.00 75
					Let's get Serious	\$50.00 50
Total	\$354.14	\$354.14			Rough Roads	\$120.00 120
Donations			\$292.00		S.A.Y.S.	\$10.00 10
					Singleness of Purpo	\$12.00 12
					The Steps We Took	\$25.00 25
Ending Balance			\$3,798.61			
					Total	\$292.00 292
Corrections						
Beginning Balance			\$1,341.39	CORRECTED		
	Donations	YTD				
Intergroup	\$39.54	39.54				
Ridge Manor BB	\$41.00	\$41.00				
Total	\$80.54	80.54	\$80.54			
Expenses	\$0.00	\$0.00				
Ending Balance			\$1,421.93	CORRECTED		
Bank Beginning Balance			\$5,202.68			
Bank Ending Balance			\$5,220.54	CORRECTED		
Cash on hand			\$0.89			
Total			\$5,221.43			



If you or someone you know is thinking about suicide, please call 988 (formerly 1-800-273-8255(TALK)). 988 is a 24/7, free, confidential counseling line that connects individuals to a trained specialist in suicide crisis intervention. **One common misconception of the line is that people need to be suicidal to contact 988, yet that is not the case.** Call, text, or chat 988 if you are feeling overwhelmed, upset, or worried about a suicidal loved one, and talk through the steps to take to feel better.

What is “Accessibilities?”

The purpose of an Accessibilities Committee is to define and determine resources and recommend activities that will help carry the message of Alcoholics Anonymous to those with accessibility needs, both inside and outside the rooms of AA.

Examples of Accessibility needs:

- Deaf/Blind, Hard of Hearing or Low Vision
- Homebound or Bedridden Technology/Literacy
- Speech and Language Barriers Military/Veterans
- Reading Comprehension Remote Communities
- Foreign Language/ English as a second language
- Cooperation with the Elder Community CEC Nursing Homes/Assisted Living
- Loners
- Internationalists Correspondence Service
- Lack of Transportation/Mobility
- Childcare Availability

The Accessibilities Committee is looking for enthusiastic people to help us to carry the A.A. message to anyone who needs it. If you are interested in joining us, please contact Diane B. or Laura L. at accessibilities@aahernando.org.

Scheduled Accessibilities Committee Meetings 2024:

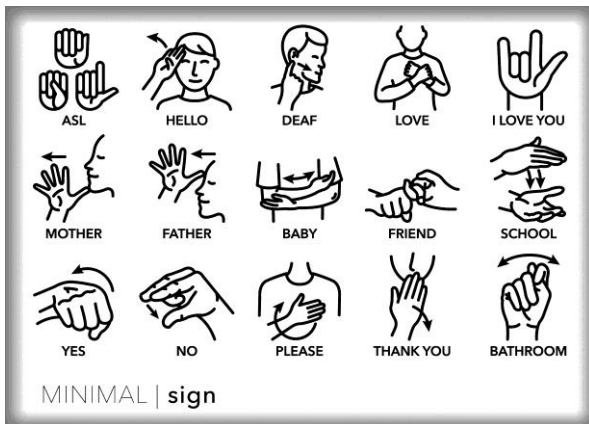
Mar 2nd 10:00 AM

Mar 30th 10:00 AM

If interested, please join us at our upcoming committee meeting(s) via Zoom:

Zoom Meeting ID: 827 8314 8424

Passcode: 995 008



Interpreters Available

Accessibilities has located two interpreters who can be requested for your event. For your information, here is the cost of reserving an interpreter:

- \$25.00 - \$50.00 per hour (usually a 2-hour minimum)
- Events (2 or more hours) \$100/event
- Also - possible additional basket for gratuity

Contact Dianne B. or Laura L. at accessibilities@aahernando.org

Service Positions Available

Thinking about a service position? District 13 is looking to fill the position of secretary. No experience necessary, but some sobriety is required.

The district is also looking for an interim alternate DCM at this time. Many thanks to Lori Ann S. for her time in service. A minimum of four years is required for this position. Please attend the district meeting where you will be asked to provide your service resume. If more than one person stands for the position, the GSRs will then vote.

Another position which is available is PI/CPC, also known as Public Information/Cooperation with the Professional Community Committee. Members of PI/CPC committees across the nations inform the public, professionals, and future professional (such as

clergy, judges, juvenile services, law enforcement, lawyers, probation, and parole officers) about A.A. – what we are, what we can do, and what we cannot do. PI/CPC is a DCM-appointed position. No experience necessary, but some sobriety is required.

Also available is the position of Archivist. An archivist for Alcoholics Anonymous (A.A.) collects, organizes, and preserves historical records. They are responsible for the physical and intellectual integrity of the collection. No experience is necessary, but some sobriety is required.

If you are interested in any of these positions or have questions about them, please come to the district meeting which is held the first Monday of every month at 6:15 PM at 1214 Broad St, Masaryktown.

DCM Corner

Hello District 13!!

It's that time of year in our fellowship. We are getting ready for a few changes. We have an upcoming pre-conference workshop scheduled with our delegate on March 17 from 11:00 am – 2:00 pm at the Disabled American Veterans-Chapter 85 (DAV), 9636 SE 58th Ave, Belleview, FL. Your GSR has the agenda items and has access to all the background material. All are welcome to attend this workshop. Then on April 6 at Area 14 Assembly, our delegate, Mary A. will take a census of the body. She will carry our voice on each item to the 74th General Service Conference in New York from April 14-20. This is how the process works.

There are many agenda items that will be reviewed and discussed over the week she is at the General Service Conference. Afterwards, we will schedule a post-conference workshop with her. This is when she will give her report on the conference.

I also attended Zoom meetings regarding the Plain Language Big Book and Our Founders' Writings with a few members from our district. Both were filled with much discussion on the progress of each book. Your GSR should have the presentations on both items. If you would like a copy of them, please contact me.

In service,
Mark S.
District 13 DCM



Area Assembly
April 5-7
Howie-in-the-Hills, FL
 Website [here](https://aanorthflorida.org) or:
<https://aanorthflorida.org>

Map of North Florida Area
 5/2023



Pre-Conference Workshop

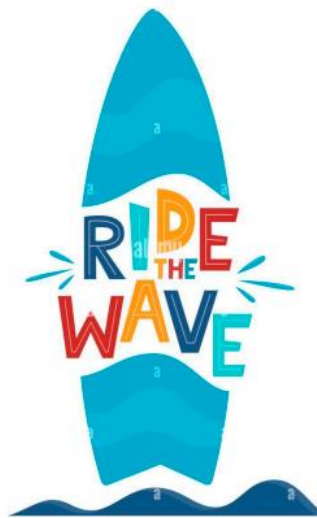
March 17, 2024 11am-2pm

Come one, Come all:

Sponsored by: District 17, 7A, 7B, 13,14, 27 and 28.

Our Conference Delegate, Mary A. and Alt Delegate Lori P. will be bringing us information for the Conference. All are welcome to attend this meeting, held at the DAV: 9636 SE 58th Ave, 34420.

There will be delicious snacks!



NATURE COAST WOMEN'S DAY

April 20, 2024

10am to 4pm

COST: \$35

**Join the party at Wellington At Seven Hills
400 Wexford Blvd
Spring Hill, FL 34609**

Two Awesome Speakers

Coffee & Pastries and Lunch will be served

CASUAL BEACH ATTIRE
BASKETS 50/50 RAFFLE
ENTERTAINMENT

RESERVED SEATING FOR PARTIES OF 8-10
FOR TICKETS PLEASE CONTACT
ELEANOR B. 484-661-8753

Changes to Intergroup Bylaws

Addition of Parliamentarian Position to Hernando County Intergroup

Purpose: The Parliamentarian is a member who has been appointed by the Intergroup Chair who provides advice or counsel on matters of parliamentary procedure. Parliamentarian is an appointed position by the Intergroup Chair. This services position will not exceed 2 years, in the spirit of rotation.

Description: The parliamentarian sits adjacent to the chair and unobtrusively gives the chair help, guidance, and support during the meeting. The chair can and should consult with the parliamentarian when not certain on how to rule on a question or proceed in the circumstances. A parliamentarian is an expert in interpreting and applying the "Rules of Order" for meetings. These rules, such as Robert's Rules of Order, enable groups to efficiently and fairly discuss and determine actions to be taken. The Parliamentarian does not rule.

Change of Title to Intergroup Assistant Office Manager

Motion: Change Title of Intergroup Assistant Office Manager to Co-Manager.

Background: During the past year Amy F., Assistant Office Manager, has assisted in managing the Intergroup office. She has proven a strong asset the Intergroup office. Her professional background has assisted with the positive growth and changes to the Intergroup Office. Currently JJ M. and Amy F. have worked collaboratively in assisting with improvements to the office and the day-to-day operations. Motion approved 15 / 0 after motion was taken back to the groups by the Intergroup Representatives.

Intergroup Office Manager is an appointed position by the Intergroup Chair. The Intergroup Office Manager appoints Co-Manager. Both of the services position will not exceed 2 years, in the spirit of rotation.



Daylight Saving Time
SPRING FORWARD

Set your clocks ahead one hour
 Sunday, March 10
 2024

FEBRUARY ANNIVERSARIES



Send us anniversary information for your group at aahernando.org. Look for the "Submit Anniversaries" link at the top of the home page, or email them to anniversaries@aahernando.org. Please submit by the 25th of the month for the following month.

Group Anniversaries

(Date registered with GSO)

(None)

A Desire

Jack C.5
 Diane B.43
 Pete H.9
 Rich C.1
 Steve S.1

AlGood

Tom M.38
 Jim S.42

Aripeka Open Speaker

Pete H.9

Heavy Hitters

Carl L. 3
 Gary S. 19
 Nikki L. 3
 Tony H. 3
 Randi R. 34
 Robin W. 9
 Liz S. 2
 Ann B. 58
 Wayne S. 15

Hernando Beach

Michael P. 2
 John D. 35

Hope

George H. 47
 John S. 6
 Lisa B. 7

Ladies Big Book

Angela R. 7

Let Go And Let God

John P. 7
 John D. 35

Let's Get Serious

Angela R. 7

Life Goes On

Rosa N. 29

Principles B4 Personalities

Scott S. 14
 Eric L. 29
 Bill S. 13
 Don C. 3
 Jim S. 42
 John P. 7
 Terry M. 11

Ridge Manor Big Book

Denise W. 4

Rough Roads

Charlie W. 5
 Chuck S. 50
 John W. 47
 Pat H. 49
 Scott S. 27

Spring Hill Monday Night

James O. 3

Serendipity Sisters

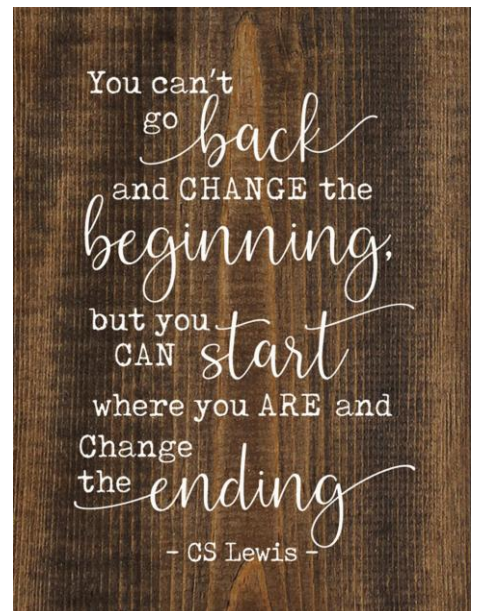
Eileen B. 14
 Sherrill A. 22

Serenity Sisters

Carole M. 12
 Joanne H. 27

Tranquility

Howard B. 15



**24 Hour
HOTLINE**
 7 DAYS a week
 365 DAYS a year
 352-683-4597

VISIT OUR WEBSITE
aahernando.org
for all your event info and meeting schedules when you are on the go.
If you have any changes or event information to add please email
webmaster@aahernando.org

If you find a mistake in this newsletter, please consider that it is there for a purpose. We publish something for everyone, and some people are always looking for mistakes.