



# COMMUNIQUE



## In a Spiritual Kindergarten

I was born on July 12, which coincidentally marks my sobriety date in 2022. By the time I was seventeen, my life had been shaped by a mix of fortunate circumstances, uncertainties, and perceived disappointments, common to many at that age. In mid-October of my junior year in high school, after a heated and poorly delivered argument with my stepmom, I dropped out of school. On the 17th of that month, I was in the U.S. Army, on a Greyhound bus headed to boot camp, oblivious to the ongoing Vietnam War. I began drinking when I was seventeen. Overall, it was enjoyable, filled with memorable moments, and didn't lead to significant consequences, except for some occasional risky behaviors between the ages of 19 and 27. Life events, an instinctual pattern of adaptation, and their positive and negative consequences, became glaringly evident to me during my 4th step inventory. Before my mid-50s, I had experienced much fortune such as good employment, a wonderful wife and marriage, a college education, and more. These blessings might typically make someone feel grateful and humble. However, as Bill W. writes in "The Next Frontier: Emotional Sobriety", "... those adolescent urges that so many of us have for top approval, perfect security, and perfect romance — urges quite appropriate to age seventeen — prove to be an impossible way of life when we are at age forty-seven or fifty-seven." Without perspective, emotional and spiritual growth, disaster can occur. In my 50s, I began drinking heavily and eventually transitioned to becoming alcoholic for over ten years, causing sadness and pain to those around me.

In July of 2022, my excessive alcoholism and behavior had pushed my loving wife's patience, kindness, and understanding to their limits. My subtle dishonesty, blatant lies, lack of intimacy, and verbal abuse had reached rock bottom. After numerous broken promises and failed attempts to change my life over the years, faced with the end of my marriage, I finally recognized that I needed help.

Three days later, I anxiously walked toward an A.A. meeting room. A man smoking outside greeted me. Knowing the meeting was a closed men's gathering, I said something like, "I'm not a member." Without hesitation, he asked if I wanted to stop drinking. I said, "Yes!" "Then you're a member," he said.

Step 1 in Alcoholics Anonymous suggests admitting powerlessness over alcohol and that life has become unmanageable. When I stepped over the threshold of A.A.'s door, that principle was undeniable. However, it required having sufficient experiences (the wily cousin to perspective) to convince me of that fact, being 'roasted, toasted and well done on both sides' a few times.

Before entering the meeting room, I had faced some of life's challenges and disappointments with reasonable effort and success. The concept of being "powerless" ...

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## EVENT CALENDAR

Mon 07/01	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Fri 07/05	Area Assembly 6:00 PM 10400 County Road 48, Howey-in-the-Hills
Fri 07/05	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 07/06	Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
Sun 07/07	Area Assembly 8:00 AM 10400 County Road 48, Howey-in-the-Hills
Sat 07/13	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee
Sat 07/27	<b>Founder's Day 4:00 PM 109 S. Broad Street, Brooksville</b>
Thu 08/01	FL State Convention 8:00 PM 225 E Coastline Dr Jacksonville, FL
Fri 08/02	FL State Convention 10:00 AM 225 E Coastline Dr Jacksonville, FL
Fri 08/02	Intergroup Meeting 6:30 PM 8555 Forest Oaks Blvd, Spring Hill
Sat 08/03	Accessibilities 10:00 AM Zoom only (see page 3)
Sat 08/03	FL State Convention 10:00 AM 225 E Coastline Dr Jacksonville, FL
Sun 08/04	FL State Convention 10:00 AM 225 E Coastline Dr Jacksonville, FL
Mon 08/05	District Meeting 6:15 PM 1214 Broad St, Masaryktown
Sat 08/10	Unity Meeting 6:30 PM 6363 Commercial Way, Weeki Wachee

TRADITION 7

Every A.A. group ought to be fully self-supporting, declining outside contributions.



## Hernando County Intergroup

### Central Office & Book Store

**Please note new address:**

4126 Lamson Ave.  
Lamson Woods Plaza  
Spring Hill, FL 34608  
Office Manager: Amy

**352-683-4597**

Intergroup Office Hours:  
Mon - Fri 9 am–1 pm  
Saturday 9 am–12 pm  
[info@aahernando.org](mailto:info@aahernando.org)

## Group Donation Addresses

### Attention all Group Treasurers:

Please send donations to the following:

#### District 13 Treasurer

7381 Lykes Dublin Road  
Brooksville, FL 34601  
**(Checks payable to District 13)**

#### Hernando Intergroup Office

Cyd B. – Treasurer

**Please note new address:**

4126 Lamson Ave.  
Spring Hill, FL 34608  
**(Checks payable to Hernando Intergroup)**

#### NFAC Area 14 Panel 74 Treasurer

PO Box 840066  
St Augustine, FL 32080  
[aanorthflorida.org](http://aanorthflorida.org)  
**(Checks payable to NFAC)**

#### General Service Board

PO Box 2407  
James A Farley Station  
New York, NY 10116-2407  
**(Checks payable to GSB)**



*... In A Spiritual Kindergarten, continued from page 1*

had never occurred to me. I struggled to control my drinking, always believing that I could make a change and regain control. Now, I realize that had been an alcoholic's rationalization. Those successes were often the result of an abundance of inexplicable kindness or compassion.

My juvenile understanding was ignorant to the hidden dangers that Dr. Tiebout described as "His Majesty the Baby" in his essay "The Ego Factors in Surrender in Alcoholism." A crucial aspect lingering in the shadow of my consciousness was my inability to recognize what we in A.A. refer to as selfish self-centeredness, "the root cause of all our problems."

Adding to the mix of powerlessness was my complete lack of knowledge about alcoholism as a disease, including both its physical and psychological aspects. As the "Foreword to the First Edition of 1939" states, "Many do not comprehend that the alcoholic is a very sick person."

At the time, I had only a limited understanding of the organization Alcoholics Anonymous. I didn't know that A.A. had a spiritual solution to alcoholism. I was not looking for a "spiritual solution" to my situation. I just wanted to stop drinking and feeling worthless.

Step 1 in the "12 and 12" states that "few ... try to practice the A.A. program unless they have hit bottom." My rock bottom involved typical behaviors such as hiding bottles, being falling-down drunk, and experiencing shakes so severe that I couldn't write my name when necessary. Also included were tumblers of whiskey every night until I was literally "stinking" drunk and passed out. While my years of alcoholism didn't reach the extreme depths of hellish experiences that others have faced, they were enough for me to recognize self-deception, dishonesty, anxiety, fear, and the overwhelming mental, emotional, and physical powerlessness of alcoholism.

That was my perspective on the third Saturday evening in July at the A.A. men's meeting. There, I experienced kindness and acceptance. Without my asking, they gave me the book Alcoholics Anonymous through the generosity of a member along with a list of names and numbers I could call for help.

During the following weeks and months, with the support of my wife, I attended meetings, diligently read the Big Book and the Twelve Steps and Twelve Traditions. I spent hours listening to Joe and Charlie and many other audio recordings. Convinced of the first step, I had to come to terms with Step 2.

I was neither atheistic nor agnostic at the time. I was essentially indifferent to whatever Power may or may not have existed. Over the years, I have studied philosophy, comparative religions, and metaphysics. However, that information had not helped before nor was it helping then. I wasn't looking for anything spiritual. I just wanted to stop drinking. I desperately saw the 12 steps and the Saturday men's meetings as my only hope for regaining sanity.

Step 3 occurred one evening while I was discussing my progress in A.A. with my wife. While sitting on the edge of our coffee table, I explained that A.A. had to be my higher power and wholeheartedly committed to working the steps. (I also made that commitment with my sponsor sometime later.) The steps and the A.A. group became the concrete formula for improving my life.

With this new perspective, I listened to audio recordings and read all I could about...

*Continued on page 5 ...*

### In Memoriam

Thomas Duffy, born in Brooklyn, NY on October 21, 1939, passed away on June 9, 2024, surrounded by his loving daughter Geena and grandson Damian. He is now reunited with the love of his life, Jennie, to whom he was married for 34 years.

Tom had a deep passion for fishing, golf, and drawing. He lived a fulfilling and beautiful life, enriched by family and friends, a testament to his 47 years of sobriety. He was a member of the Rough Roads group.



**Intergroup Officers**

**CHAIRPERSON**

Dee Mc. 352-442-6423  
 chair@aahernando.org

**ALTERNATE CHAIRPERSON**

Jim B. 727-642-3533  
 altchair@aahernando.org

**SECRETARY**

Eleanor B. 484-661-8753  
 igsecretary@aahernando.org

**TREASURER**

Cyd B. 818-314-4058  
 igtreasurer@aahernando.org

**Committees**

**OFFICE MANAGER**

Amy 810-845-2561  
 info@aahernando.org

4126 Lamson Ave. Spring Hill

**Intergroup Office Hours**

Mon-Fri 9am-1pm  
 Saturday 9am-12pm  
 Checks payable to Hernando Intergroup

**COMMUNIQUE (INTERGROUP)**

Chair: John K. 352-650-2324  
 communicate@aahernando.org

**HOTLINE 352-683-4597**

**Chairperson:**

Johnny V. 352-346-6096

**HEAART**

Emma C.  
 heaart@aahernando.org

**INTERGROUP LIAISON**

Nancy C. 706-386-9857  
 igliaison@aahernando.org

**UNITY MEETING**

Deborah-Anne C. 631-522-0734  
 Donna M. 352-238-9697  
 unity@aahernando.org

**TECHNOLOGY**

John K. Chair 352-650-2324  
 Andrew W. Co-chair  
[webmaster@aahernando.org](mailto:webmaster@aahernando.org)

**PARLIAMENTARIAN**

<VACANT>  
[igparliamentarian@aahernando.org](mailto:igparliamentarian@aahernando.org)

**Intergroup Meeting**

**First Friday**

Jul 5<sup>th</sup>, Aug 2<sup>nd</sup> at 6:30 PM  
 Forest Oaks Lutheran Church  
 8555 Forest Oaks Blvd,  
 Spring Hill

**District 13 Officers**

**DCM**

Mark S. 727-858-8366  
 dcm@aahernando.org

**ALTERNATE DCM**

<VACANT>  
 altdcm@aahernando.org

**SECRETARY**

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 secretary@aahernando.org

**TREASURER**

Linda M. 812-841-5601  
 treasurer@aahernando.org

**Committees**

**ACCESSIBILITIES**

Diane B. Chair  
 Laura L. Co-Chair  
 accessibilities@aahernando.org

**ARCHIVES**

<VACANT>  
 archives@aahernando.org  
**COMMUNIQUE (DISTRICT)**  
 Maryanne N. 914-466-9116  
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**CORRECTIONS**

Debbie Q. 314-607-4670  
 corrections@aahernando.org

**GRAPEVINE**

Tom H.  
 grapevine@aahernando.org

**LITERATURE**

Linda S.  
 literature@aahernando.org

**PUBLIC INFO (PICPC)**

Nancy C.  
 picpc@aahernando.org

**PARLIAMENTARIAN**

Eleanor B.  
 parliamentarian@aahernando.org

**TREATMENT**

Joe C.  
 treatment@aahernando.org

**District Meetings**

**District-1st Monday**

Jul 1<sup>st</sup>, Aug 5<sup>th</sup> at 6:15 PM  
 Holy Trinity Lutheran Church  
 1214 Broad St., Masaryktown

**Accessibilities-Sat before 1st Mon**

Aug 3<sup>rd</sup> at 10:00 AM  
 Zoom Meeting ID: 827 8314 8424  
 Passcode: 995 008, all 2024 meetings)

**Unity Meeting Schedule**

Saturday, July 13<sup>th</sup>

Hosted by: **Wise Women**

*If you would like to bring either a dish to share or dessert to help out Wise Women, it would be appreciated!*

Saturday, August 10<sup>th</sup>

Hosted by: **Hope**

Doors open at 6:30, meeting at 7:00 pm.  
 Nativity Lutheran Church, 6363 Commercial  
 Way, Weeki Wachee, FL

For more information please contact:  
 Deborah-Anne C., Chair: 631-522-0734,  
[unity@aahernando.org](mailto:unity@aahernando.org)

**2024 AREA 14 ASSEMBLY DATES**

July 5-7

Sept 27-29

Area Assembly location: Mission Inn Resort & Club,  
 10400 County Road 48, Howey-in-the-Hills, FL. 352-  
 324-3101, 800-874-9053 (toll free.) Check in 4:00 PM,  
 check out 12:00 PM.

See Area Assembly website for more information:

[aanorthflorida.org/assembly\\_agenda.asp](http://aanorthflorida.org/assembly_agenda.asp)

**New Meeting Announcement:**



Parents In Recovery, child-friendly meeting, at Bell Avenue, First Presbyterian Church, Wednesdays and Thursdays at 10:00 AM. Contact Ashley 352-238-1945



Our primary purpose is to carry this message to alcoholics who still suffer. The Intergroup Office is looking for volunteers to sign up for our 12th-step call list. You can sign up by calling the office, or go to our website: [aahernando.org/12-step](http://aahernando.org/12-step)



## \*ALL\* The Promises

Here are the next three promises taken from the [list](#) that the Atlanta Men's Workshop found in the Big Book (they found 147.) Please reference the February 2024 *Communique* for the full list of promises that we will be covering:

Pg	Line	Promises
28	8	...A new life has been given us...
42	33	...all my problems... more satisfying... (2)
46	26	...we began to be possessed by a new sense of power...

### pg. 28

Here was the terrible dilemma in which our friend found himself when he had the extraordinary experience, which as we have already told you, made him a free man. We, in turn, sought the same escape with all the desperation of drowning men. What seemed at first a flimsy reed, has proved to be the loving and powerful hand of God. **A new life has been given us** or, if you prefer, "a design for living" that really works.

### pg. 42

I had the curious feeling that my alcoholic condition was relieved, as in fact it proved to. Quite as important was the discovery that spiritual principles would solve **all my problems**. I have since been brought into a way of living infinitely **more satisfying**. and I hope, more useful than the life I lived before. My old manner of life was by no means a bad one, but I would not exchange its best moments for the worst moments I have now. I would not go back to it even if I could.

### pg. 46

Much to our relief, we discovered we did not need to consider another's conception of God. Our own conception, however inadequate, was sufficient to a Creative Intelligence, a Spirit of the Universe underlying the totality of things, **we began to be possessed of a new sense of power** and direction, provided we took other simple steps. We found that God does not make too hard terms with those who seek Him.

## Birthday Plan

Have you heard of the **Birthday Plan**?

The **Birthday Plan** is for A.A. groups or A.A. members who wish to contribute to the General Service Office on their A.A. birthday. \$1 per year is suggested, but members may contribute as much as they wish up to \$7,500. You can click on [this](#) link to log in to the A.A. website at <https://contribution.aa.org/>



[subscribe@aahernando.org](mailto:subscribe@aahernando.org)

## Step 7

Humbly asked God to remove our shortcomings.

### Tradition 7 (Short Form)

Every A.A. group ought to be fully self-supporting, declining outside contributions.

### Tradition 7 (Long Form)

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

Cost Of:	1963	2024	Increase By
Loaf of bread	\$0.22	\$2.54	12 times
Gallon of milk	\$0.95	\$3.84	4 times
Gallon of gas	\$0.30	\$3.25	11 times
6-pack of beer	\$0.99	\$5.50	6 times
Carton of cigarettes	\$2.80	\$45.00	16 times
Postage stamp	\$0.05	\$0.68	14 times
Grapevine	\$0.35	\$3.00	9 times
<b>Donation</b>	<b>\$1.00</b>	<b>\$1.00</b>	<b>no change</b>

*We have no dues or fees, but we do have expenses. If you can afford it, perhaps it's time to start putting more than \$1 in the basket?*



[aahernando.org](http://aahernando.org)

... In A Spiritual Kindergarten, continued from page 2

Step 4. One morning, I made my first attempt at it but was unsatisfied with the result. I tried again, more methodically, taking my time, and, following the format outlined in the Big Book, I completed it.

Completing a 4th step A.A. inventory was similar to previous attempts made while seeking psychiatric help and studying metaphysical schools and practices. The crucial difference for me was the inclusion of the 4th column in the inventory. In that column, "... we resolutely look for our own mistakes," specifically, identifying where I had been selfish, dishonest, and self-seeking. Of paramount importance was discovering my own deep-seated fear and misperceptions, and asking "Where were we (was I) to blame?" This perspective brought about a unique shift in my mindset, a subtle but significant "psychic change," altering my attitude toward my responsibilities. I began considering how I could have acted differently.

Up to that point, I was hesitant about getting an A.A. sponsor. However, the Big Book warns, "Going it alone in spiritual matters is dangerous." My ego may have been a factor, but I was also considering approaching a minister or maybe seeing a psychologist or psychiatrist as I had done in the past. These alternative approaches began losing their appeal after realizing I needed someone intimately familiar with Alcoholics Anonymous; another alcoholic. I began attending a couple of meetings a week and started looking for someone I would feel comfortable doing a 5th step with. In time, that "itty-bitty miracle" happened.

At my sponsor's suggestion, I began attending different types of meetings and reading recommended literature. One story that stood out was "Acceptance Was the Answer" in the Big Book. He recommended the book "Living Sober" and later gave me "Drop the Rock." The two essays on Steps 6 and 7 in the 12 and 12 were especially helpful as Alcoholics Anonymous only briefly describes them in two paragraphs. The essays emphasize the importance of understanding that my Higher Power doesn't just instantly "render us (me) white as snow,"

without my cooperation and that I must strive for the "precious quality" of humility in "character building."

My amends began with my wife. The realization of harm and patterns of behavior learned from the 4th step meant doing more than just apologizing. My many past apologies alone had never brought about behavioral changes. Actions needed to demonstrate a willingness and desire to change. In that effort, I found the text "Living Sober" helpful, particularly section 15, "Watching out for Anger and Resentments." Taking the necessary steps to make things right in all circumstances is not easy for me, or anyone, and requires an ongoing conscious effort and practice. I realize this includes forgiveness, acceptance, and having reasonable expectations.

During a meeting with my sponsor, we discussed steps 10, 11, and 12. What stood out to me was the distinction between "maintenance" and "continued growth," highlighting the importance of not just maintaining current self-awareness but striving to "grow in understanding and effectiveness." Central to this effort is morning "quiet time" for reading and "mindfulness" meditations. Step 11 in the 12 and 12 makes clear the "direct linkage" and benefit between self-examination, meditation, and prayer. As I approach two years of sobriety, I see the Big Book and the 12 steps as a map for an ongoing journey of experiences and a maturing perspective in physical and emotional sobriety.

Reading the chapter "His Spiritual Quest" in "Dr. Bob and the Good Old Timers" brought me comfort. I can relate to his description of his gradual and slow spiritual experience as a journey rather than a sudden revelation. As a dedicated seeker, he was always open to different perspectives. Dr. Bob once said, "I don't think we can do anything very well in this world unless we practice it." His comment faithfully embodies the idea that we should "practice these (A.A.) principles in all our affairs."

Best Wishes for Continued Experience, Strength, and Hope  
Anonymous, a Hernando County A.A. member



**Where Money and Spirituality Mix**

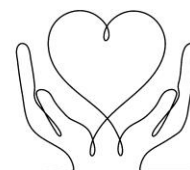
Members celebrate sobriety by giving time, energy, and money in support of carrying the A.A. message. Members assure that group expenses are paid by voluntarily putting money into the basket passed at each meeting. Contributions support the group and A.A. worldwide. Contributions ensure that:

- Groups get meeting space
- Phones get answered
- Alcoholic persons in custody get Big Books
- Professionals get correct information about A.A.
- Lone A.A. members get letters
- Newcomers get literature and meeting lists
- A.A.s around the globe share experience, strength and hope

**GENERAL SERVICE OFFICE FINANCIAL OVERVIEW**

REVENUE AND EXPENSE	2024 BUDGET	2023 ACTUAL	2022 ACTUAL
7th Tradition Contributions	\$10,500,000	\$10,841,419	\$10,548,525
Literature Gross Profit	\$8,492,759	\$6,763,226	\$4,894,113
Other Revenue	\$649,600	\$452,137	\$467,695
Total Revenue	\$19,642,359	\$8,056,782	\$15,910,333
Operating Expense	\$19,024,414	\$17,474,874	\$15,902,014
Operating Surplus (Deficit)	\$617,945	\$581,908	\$8,319

Source: [https://www.aa.org/sites/default/files/literature/en\\_asofinancialinfo.pdf](https://www.aa.org/sites/default/files/literature/en_asofinancialinfo.pdf)



**Hernando County Intergroup Treasurer's report**

**May-24**

Checking		Savings	
Beginning Balance	<b>\$1,517.89</b>	Beginning Balance	<b>\$2,549.77</b>
Total Withdrawals	-\$2,354.49	Total Withdrawals	\$0.00
Total Deposits	\$2,365.66	Total Deposits	\$0.02
Ending Balance	<b>\$1,529.06</b>	Ending Balance	<b>\$2,549.79</b>

Expenses	
Rent - Intergroup Office	-\$850.00
AAWS	-\$112.95
Electric May & June	-\$115.00
Printing Plus	-\$135.00
FL Dept Revenue	-\$651.28
Recovery Accents	-\$47.30
Amazon - supplies	-\$7.96
Founders Day	-\$400.00
Service Chrg	-\$35.00
<b>Total</b>	<b>-\$2,354.49</b>

Donations	
Unity	\$ 426.00
Archive Rent	\$ 50.00
Ladies Big Book	\$ 50.00
Tranquility Group	\$ 82.50
Serenity Sisters	\$ 30.00
Heavy Hitters	\$ 21.00
PBP	\$ 506.94
Rough Road	\$ 90.00
Anonymous	\$ 213.00
<b>Total</b>	<b>\$ 1,469.44</b>

Deposits	
Cash/Checks	\$2,129.49
Square C/C	\$236.17
<b>Total</b>	<b>\$2,365.66</b>

**What is "Accessibilities?"**

The purpose of an Accessibilities Committee is to define and determine resources and recommend activities that will help carry the message of Alcoholics Anonymous to those with accessibility needs, both inside and outside the rooms of AA.

Examples of Accessibility needs:

- Deaf/Blind, Hard of Hearing or Low Vision
- Homebound or Bedridden Technology/Literacy
- Speech and Language Barriers Military/Veterans
- Reading Comprehension Remote Communities
- Foreign Language/ English as a second language
- Cooperation with the Elder Community CEC Nursing Homes/Assisted Living
- Loners
- Internationalists Correspondence Service
- Lack of Transportation/Mobility
- Childcare Availability

The Accessibilities Committee is looking for enthusiastic people to help us to carry the A.A. message to anyone who needs it. If you are interested in joining us, please contact Diane B. or Laura L. at [accessibilities@aahernando.org](mailto:accessibilities@aahernando.org).

[subscribe@aahernando.org](mailto:subscribe@aahernando.org)

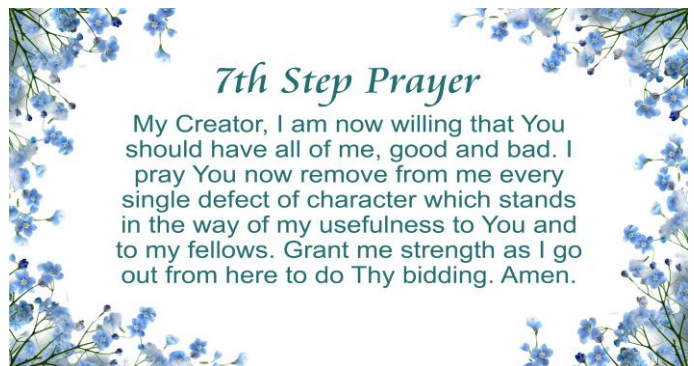
Scheduled Accessibilities Committee Meetings 2024:

Aug 3<sup>rd</sup> 10:00 AM (no July meeting)

If interested, please join us at our upcoming committee meeting(s) via Zoom:

Zoom Meeting ID: 827 8314 8424

Passcode: 995 008





Hernando County District Treasurer's report  
May 2024

District	
Beginning Balance	<b>\$2,749.87</b>
Total Expenses	-\$486.18
Total Deposits	\$332.39
Ending Balance	<b>\$2,596.08</b>

Corrections	
Beginning Balance	<b>\$2,815.02</b>
Total Expenses	\$0.00
Total Deposits	\$86.00
Ending Balance	<b>\$2,901.02</b>

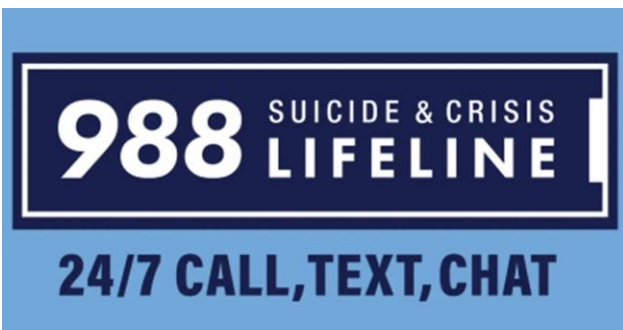
All	
Beginning Balance	<b>\$5,564.89</b>
Total Expenses	-\$486.18
Total Deposits	<b>\$418.39</b>
Ending Balance	<b>\$5,497.10</b>

District Expenses	YTD	
Archives	\$50.00	\$250.00
Area	\$0.00	\$456.21
Founder's Day	\$400.00	\$400.00
Grapevine	\$0.00	\$52.14
Office	\$36.18	\$36.18
PI/CPC	\$0.00	\$41.60
Pre-Conference	\$0.00	\$25.00
Rent 1 year	\$0.00	\$300.00
Treatment	\$0.00	\$88.04
<b>Total</b>	<b>\$486.18</b>	<b>\$1,649.17</b>

Corrections Expenses	YTD	
General Expenses	\$0.00	\$230.80
<b>Total</b>	<b>\$0.00</b>	<b>\$230.80</b>

District Donations	YTD	
Al Good	\$0.00	\$50.00
BYOBB	\$0.00	\$50.00
Fun and Frolic	\$20.00	\$20.00
Heavy Hitters	\$21.00	\$21.00
Hernando Beach	\$0.00	\$75.00
Ladies Big Book	\$0.00	\$50.00
Let Go Let God	\$0.00	\$25.00
Lef's get Serious	\$0.00	\$50.00
N C Womens Day	\$100.00	\$100.00
PB4P	\$101.39	\$268.39
Ridge Manor BB	\$0.00	\$300.00
Rough Roads	\$90.00	\$300.00
S.A.Y.S.	\$0.00	\$10.00
Singleness of Purpo	\$0.00	\$42.00
Step Sisters	\$0.00	\$35.00
Sunset Grp	\$0.00	\$100.00
TIAS	\$0.00	\$100.00
The Steps We Took	\$0.00	\$25.00
Together We Stand	\$0.00	\$25.00
Tranquility	\$0.00	\$55.00
Women Into Action	\$0.00	\$10.00
Women's Serenity	\$0.00	\$75.00
<b>Total</b>	<b>\$332.39</b>	<b>\$1,786.39</b>

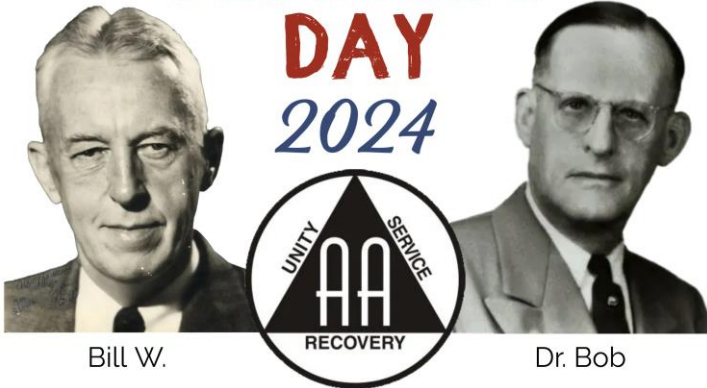
Corrections Donations	YTD	
Hope Grp	\$0.00	\$69.00
Intergroup	\$40.00	\$105.88
Ridge Manor BB	\$46.00	\$213.00
<b>Total</b>	<b>\$86.00</b>	<b>\$387.88</b>



If you or someone you know is thinking about suicide, please call 988 (formerly 1-800-273-8255(TALK)). 988 is a 24/7, free, confidential counseling line that connects individuals to a trained specialist in suicide crisis intervention. **One common misconception of the line is that people need to be suicidal to contact 988, yet that is not the case.** Call, text, or chat 988 if you are feeling overwhelmed, upset, or worried about a suicidal loved one, and talk through the steps to take to feel better.

District 13 and Hernando County Intergroup Present  
the 14th Annual

# FOUNDER'S DAY 2024



Bill W.

Dr. Bob

New date ==>> **Saturday July 27th** <== New date

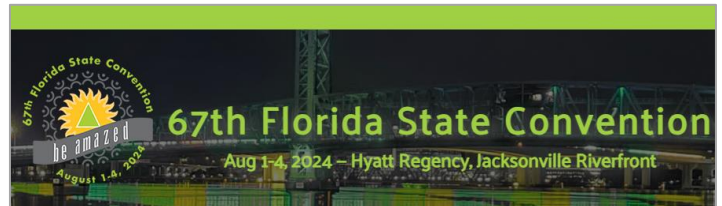
First United Methodist Church, 109 S. Broad St. Brooksville

Doors open at 4:00 pm  
Dinner will be served at 5:00 pm  
Archives presentation at 6:15 pm  
followed by speaker meeting

**PLEASE BRING A DESSERT TO SHARE**

Speaker TBD

Contact Dee McM. 352-442-6423



Dear Friends,

It is with great pleasure and anticipation that I extend a warm welcome to all attendees of the 67th Florida State Convention of Alcoholics Anonymous. This year's convention promises to be a truly remarkable event, filled with inspiration, fellowship, and opportunities for personal growth. From August 1-4, 2024, we will gather at the Hyatt Regency Jacksonville Riverfront in beautiful downtown Jacksonville, Florida, to celebrate the theme of "Be Amazed" and embrace the transformative power of recovery. I am thrilled to serve as the Chair of this convention and look forward to sharing this incredible experience with each and every one of you.

Yours in Service,

Kevin Burkett  
Convention Chair  
2024 Florida State Convention

## DCM Corner

Hello Hernando County, District 13!! As your DCM, I have many responsibilities to serve you. The past month I've been working on updating group and meeting contact information with our NFAC registrar. This is an ongoing process to keep all informed of active meetings and registered group contacts. All information is collected and entered into the GSO database, Fellowship Connection.

If your meeting or group is registered with GSO, you should have a GSR. But some do not, that's ok! I can only encourage your group have one, so your voice is heard! They are asking for the information to keep all groups and meetings updated that are active in our fellowship. This not only helps keep them updated, but it helps others find meetings wherever they are! They update the Meeting Guide App through our intergroup office.

I'll be trying to visit your meeting as soon as I can, to see if I may answer any of your questions. I'm asking you, if any changes to your meeting or group information have changed. Please contact myself at [dcm@aahernando.org](mailto:dcm@aahernando.org) or our intergroup office. All personal information is confidential!

In service,  
Mark S.  
District 13 DCM

[subscribe@aahernando.org](mailto:subscribe@aahernando.org)

## Meeting In A Box

Are you or do you know of anyone who is unable to regularly attend meetings? Convalescing at home, recovering, or caring for a loved one? Extended stay at assisted living facility or hospital? We have a fully self-contained meeting in a box, portable to take to any location and designed to leave no trace from set up to clean up. Coffee and percolator, cream, sugar, cups, readings, format, and commemorative chips for all who attend.

Contact Dianne B. or Laura L. at  
[accessibilities@aahernando.org](mailto:accessibilities@aahernando.org)

## Meeting In A Bag

Now available through the Accessibilities Committee is Meeting in a Bag, also called Mini-Meeting in a Box. If you are planning to visit a member of AA in the hospital, residential center, convalescing at home, or caring for a loved one, and they can't make it to a meeting, simply contact the Accessibilities committee, and take one of these with you. Visiting is great, but sometimes a meeting can be even better. It includes everything needed: format card, readings, and our commemorative chips.

Contact Dianne B. or Laura L. at  
[accessibilities@aahernando.org](mailto:accessibilities@aahernando.org)

[aahernando.org](http://aahernando.org)



JULY ANNIVERSARIES



Send us anniversary information for your group at [aahernando.org](http://aahernando.org). Look for the "Submit Anniversaries" link at the top of the home page, or email them to [anniversaries@aahernando.org](mailto:anniversaries@aahernando.org). Please submit by the 25th of the month for the following month.

**Group Anniversaries**

(Date registered with GSO)

(None)

**AlGood**

- Laura D. ....18
- Sharon H. ....38

**Aripeka**

- Doc T. ....19

**Heavy Hitters**

- Pam H. ....8
- Patty U. ....43
- Kathy G. ....8
- Amanda S. ....2
- Roni .....8
- Theresa .....8
- Bob W. ....10
- Fern L. ....38
- Jim W. ....41
- Kelly B. ....10

Marisa Q. .... 3

**Hernando Beach**

- Kenny K. ....26
- Clark C. ....36

**Hope**

- Calvin ..... 4
- Michele L. .... 4
- Sam C. ....54

**Let Go And Let God**

- Marsha ..... 7
- John C. ....13

**Let's Get Serious**

- Rachelle K. ....39
- Frank R. ....31
- Tattoo Dan .....16
- Todd R. ....13

**Life Goes On**

- Carl B. ....27
- Ben F. ....35
- Sam C. ....54

**More Serenity Sisters**

- Zsuzsi ..... 4
- Rebecca ..... 4
- Bobbie .....48
- Breda .....21

**Principles Before Personalities**

- Marsha P. .... 7
- Nick O. .... 4
- Johnathan M. .... 4
- John C. ....13
- Mari-Beth .....13

**Promises**

- Sandra T. .... 4
- Greg F. .... 1
- Diane P. ....11

**Ridge Manor Big Book**

- Larry H. ....48
- Mike G. ....34

**Rough Roads**

- Bernadette C. ....16
- Harry P. ....31
- Johnny H. ....35
- Mike C. ....25
- Steve N. ....11

**Spring Hill Monday Night**

- Ralph G. .... 6

**Serenity Sisters**

- Karol L. ....8
- Lori P. ....30

**Sunset**

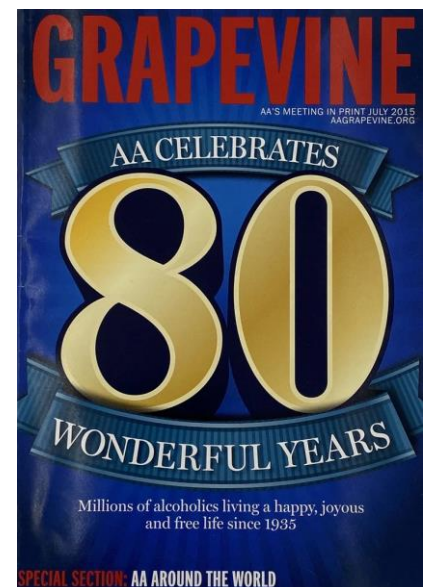
- Ed S. ....19
- Alex M. .... 5
- Phil P. ....20
- Gary F. ....48

**Thursday Night Welcome**

- Amy M. ....38

**Women's Serenity**

- Peggy B. ....28
- Diane S. ....43
- Mari-Beth .....13



**24 Hour  
HOTLINE**

**7 DAYS a week  
365 DAYS a year  
352-683-4597**

**VISIT OUR WEBSITE  
[aahernando.org](http://aahernando.org)**  
for all your event info and meeting schedules when you are on the go.  
If you have any changes or event information to add please email [webmaster@aahernando.org](mailto:webmaster@aahernando.org)

**If you find a mistake in this newsletter, please consider that it is there for a purpose.  
We publish something for everyone, and some people are always looking for mistakes.**