



COMMUNIQUE



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THE OLD and NEW PREAMBLES - AA History

The Wilmington Preamble August 5, 2015 by NorthOak AA

We are gathered here because we are faced with the fact that we are powerless over alcohol and unable to do anything about it without the help of a Power greater than ourselves. We feel that each person's religious views, if any, are his own affair. The simple purpose of the program of Alcoholics Anonymous is to show what may be done to enlist the aid of a Power greater than ourselves regardless of what our individual conception of that Power may be.

In order to form a habit of depending upon and referring all we do to that Power, we must at first apply ourselves with some diligence. By often repeating these acts, they become habitual and the help rendered becomes natural to us.

We have all come to know that as alcoholics we are suffering from a serious illness for which medicine has no cure. Our condition may be the result of an allergy which makes us different from other people. It has never been by any treatment with which we are familiar, permanently cured. The only relief we have to offer is absolute abstinence, the second meaning of A. A.

There are no dues or fees. The only requirement for membership is a desire to stop drinking. Each member squares his debt by helping others to recover.

(The Old and New Preambles — continued on page 2)

(The Old and New Preambles — continued from page 1)

An Alcoholic Anonymous is an alcoholic who through application and adherence to the A. A. program has forsworn the use of any and all alcoholic beverage in any form. The moment he takes so much as one drop of beer, wine, spirits or any other alcoholic beverage he automatically loses all status as a member of Alcoholic Anonymous. A.A. is not interested in sobering up drunks who are not sincere in their desire to remain sober for all time. Not being reformers, we offer our experience only to those who want it.

We have a way out on which we can absolutely agree and on which we can join in harmonious action. Rarely have we seen a person fail who has thoroughly followed our program. Those who do not recover are people who will not or simply cannot give themselves to this simple program. Now you may like this program or you may not, but the fact remains, it works. It is our only chance to recover.

There is a vast amount of fun in the A.A. fellowship. Some people might be shocked at our seeming worldliness and levity, but just underneath there lies a deadly earnestness and a full realization that we must put first things first and with each of us the first thing is our alcoholic problem. To drink is to die. Faith must work twenty-four hours a day in and through us or we perish.

In order to set our tone for this meeting I ask that we bow our heads in a few moments of silent prayer and meditation.

I wish to remind you that whatever is said at this meeting expresses our own individual opinion as of today and as of up to this moment. We do not speak for A.A. as a whole and you are free to agree or disagree as you see fit. In fact, it is suggested that you pay no attention to anything which might not be reconciled with what is in the A. A. Big Book.

If you don't have a Big Book, it's time you bought you one. Read it, study it, live with it, loan it, scatter it, and then learn from it what it means to be an A.A.

The History Of The Wilmington Preamble

The Wilmington Preamble has long been surrounded by controversy and discussion of such has sparked many a debate almost from its inception in the early years of Alcoholic Anonymous. The history of our fellowship has mostly been passed from member to member over the expanse of many years; member whose very disease has a tendency to distort one's memory. Inaccuracies may prevail. The following is in no way an attempt to dispel those controversies, but an effort to establish an accurate history of the birth of the Wilmington Preamble and to keep it's true history alive for the enlightenment of future generations. Documentable corrections are welcomed. **(The Old and New Preambles — continued on page 3)**

(The Old and New Preambles — continued from page 2)

The Wilmington Preamble's birth ties in with one of Wilmington's earliest members, Shoes L. Shoes joined the Wilmington Group and got sober in May of 1944. The following month in June, Shoes was Chairman of the group and in charge of getting speakers for their meetings. There was at this time a sportswriter in town covering the horse races at Delaware Park. His name was Mickey M. and Shoes asked him to speak at the group's meeting. Mickey replied that he wasn't much of a speaker but that he would write something appropriate. He reportedly went back to his room at the Hotel Dupont and wrote the Wilmington Preamble as we know it and it was read the following Friday night.

Being a sportswriter, Mickey M. covered events in other towns, and while in Baltimore covering the races at Pimlico gave the same preamble to the Baltimore Group which they also adopted as their own. Where it was actually read first is the subject of many debates but one fact remains clear, that this "Preamble" was widely accepted in Maryland and Delaware long before World Service sanctioned the shorter A.A. Preamble that is more universally accepted today.

The New A.A. Preamble

The original version of the "current preamble" as it was first introduced to AA in the June, 1947, Grapevine.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is an honest desire to stop drinking . AA has no dues or fees. It is not allied with any sect, denomination, politics, organization or institution. Does not wish to engage in any controversy. Neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Written by the then editor to describe AA to the Grapevine's non-AA readers, it has become a part of AA literature. It came to be called the "preamble" because it is so often read at the opening of AA meetings.

Much of the phrasing was borrowed from the foreword to the original edition of "Alcoholics Anonymous," where "an honest desire to stop drinking" is described as "the only requirement for membership."

In the September, 1958, Grapevine, the preamble was first published in its present form. It now appears in much of our literature to tell what AA is and does, as well as what it is not and does not. The Twelve Traditions present a fuller development of most of these ideas. (Revised in 2021 to say "people")

The current version of the preamble appears on the inside front cover of each Grapevine issue.

Secrets I was carrying to my grave.

April, Fourth month - Fourth Step

Larry H. describes his experience with the Fourth Step of the AA program, detailing his initial reluctance and subsequent efforts to list both positive and negative aspects of his life, including secrets he intended to take to their grave. He reveals past actions such as theft and infidelity, which caused significant guilt and pain, but were alleviated through sharing and working the steps. The support and wisdom of his sponsor, along with the realization that he was suffering from a disease rather than being inherently bad, helped him to continue his journey towards sobriety.

About two years into the program I started doing my Fourth Step. The first effort was while at sea with the Navy, so I proceeded my own way, using a narrative format. I didn't want to do it but I wanted more to stay sober and I knew I had to at least try.

I was told I needed to put everything down and with my next effort I used the Big Book format. My sponsor told me to list some positive things, the Big Book alludes to this fact because it calls for a moral inventory not an immoral inventory.

I felt, to keep my sobriety, I needed to list the bad with good, even those things I was going to carry to my grave. Those things that were so bad included becoming a thief. Stealing auto parts from parked cars to fix my car. The money I saved was spent for booze. Cheating on my wife with multiple women.

Not having been raised this way it brought about immense amounts of guilt and grief.

The drink helped me avoid the pain. The drink was my solution.

When I arrived at the doors of AA I walked in as a bad person.

My sponsor came to my rescue by using his wisdom to tell me that I was not a bad person but a sick person. He led me to the Doctors Opinion where I learned of the disease concept.

I also learned, by doing my fourth step, that I was a fearful, selfish, self-centered, angry, and a resentful person.

At the meetings I heard people sharing that they had done the same things I had done and had the same feelings.

They told me how working the steps was critical to continued sobriety.

This information was vital for me to progress and to be prepared to work future steps.

Most importantly when I shared this information the guilt and shame and all of the negative feelings were lifted from my shoulders.

Those things that I was going to take to the grave were no longer secret.

Larry H. — Ridge Manor Big Book Group

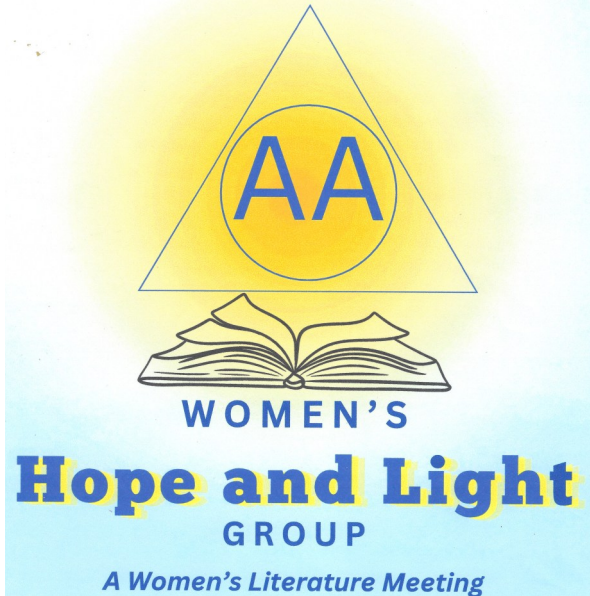
EVENT CALENDAR



2025 A.A. International Convention in Vancouver, BC, Canada!

Registration is now open. Vancouver will welcome AA members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding. The International Convention will take place from July 3 - 6, 2025, at the Vancouver Convention Centre and BC Place Stadium. You can find more information at the international convention website: aa.org/international-convention

Saturday 10 AM
 First Presbyterian Church
 250 Bell Ave, Brooksville FL



DISTRICT 13 MEETINGS

District 13 meets monthly at Holy Trinity Lutheran Church 1214 South Broad St., Masaryktown FL at 6:15 PM

Mon, 07 Apr, 6:15 PM - 7:30 PM

Mon, 05 May, 6:15 PM - 7:30 PM

Mon, 02 Jun, 6:15 PM - 7:30 PM

Mon, 07 Jul, 6:15 PM - 7:30 PM

Mon, 04 Aug, 6:15 PM - 7:30 PM

2025 AREA 14 ASSEMBLY DATES

April 11-13 / July 18-20 / October 3-5

Area Assembly location: Orlando Marriott Lake Mary 1501 International Parkway Lake Mary, FL. 407-995-1100, 800-228- 9290 (toll free.) Check in 4:00 PM, check out 12:00 PM. See Area Assembly website for information:

aanorthflorida.org/assembly_agenda.asp

HERNANDO COUNTY INTERGROUP

Hernando County Intergroup meets monthly, typically the first Friday at Forest Oaks Lutheran Church 8555 Forest Oaks Blvd, Spring Hill FL at 6:30 PM

Fri, Apr, 11 - 13 Area Assembly

Fri, 1 Aug, 6:30 PM - 7:30 PM

Fri, 05 May, 6:30 PM - 7:30 PM

Fri, 5 Sep, 6:30 PM - 7:30 PM

Fri, 13 Jun, 6:30 PM - 7:30 PM

Fri, 3 Oct, 6:30 PM - 7:30 PM

Fri, 4 July, 6:30 PM - 7:30 PM

EVENT CALENDAR continued

Sponsored by Hernando County Intergroup

A Foundation Meeting - Back to the Basics

Beginners Meeting Workshop & Discussion

Saturday April 5th 2025, 1:30 – 3:30 PM

First Presbyterian Church, 250 Bell Ave Brooksville FL 34601



"Our chief responsibility to the newcomer is an adequate presentation of the program." – Bill W. 1942

Are we carrying the message that our founders intended?

We'll spend some time discussing how to provide a clear, consistent and direct description of the disease of alcoholism, and the solution as outlined by our founding members, reading directly from the Big Book, and do so in a typical one hour newcomers meeting.

Free to attend, we will pass the plate to cover use of the church space.

Questions regarding this event? - Email: webmaster@aaahernando.org

EVENT CALENDAR continued

UNITY MEETING SCHEDULE



- April 12th Serendipity Sisters
- May 10th Principles Before Personalities
- June 14th <OPEN>
- July 12th Wise Women & More Serenity Sisters
- August 9th <OPEN>
- September 13th Hernando Beach Group
- October 11th Singleness of Purpose
- November Gratitude
- December Intergroup

Unity Meetings, doors open at 6:30 PM

Nativity Lutheran Church

6363 Commercial Way,

Weeki Wachee, FL

A huge Thank You! to the above groups for stepping up.

We ask our other groups to please consider taking one of the open positions,

either June or August and let;

Deborah-Anne C. know at
unity@aahernando.org

Why A.A.s Carry the Message Behind the Walls

Many A.A. members are unaware of the important work being carried out by corrections committees. To those involved, however, corrections work is an opportunity to carry the A.A. message to the confined alcoholic who wants to live sober, one day at a time. Through a corrections committee working with corrections personnel, alcoholics are reached who might never otherwise find the A.A. program.

An active corrections committee is a vital link to prisons and jails, providing professionals and other workers in correctional facilities with information about A.A., literature, and guidelines for setting up A.A. groups on the inside.

A.A. World Service production of A.A. At work in correctional facilities: If you are interested in Service work with corrections, Please contact Pat C. (corrections@aahernando.org) Pat will handle setting up the orientation and getting your badge. Pat has asked that you do not contact the Sheriffs office your self but call her instead with any questions, needs or concerns.

On March 8th, the Heavy Hitters group celebrated it's 16th Anniversary by hosting the March 8th Unity meeting.

It was an evening full of great food, fellowship, and recovery.



EVENT CALENDAR continued

Founders Day committee

Meeting Schedule

Meeting schedule of the Founders Day committee for the 2025 Founders Day dinner for the month of April.

All meetings are at 6:00 PM on Thursday evenings at the Intergroup office, 4126 Lamson Avenue, Spring Hill:

April 3rd & April 17th

The tentative date for the Founders Day celebration is June 7th. There is a lot of work that we could use help with, so come and join the fun! We could really use a treasurer and a secretary for this event, and we'll need help with decorations and food coordination. Hope to see you there!

NFAC ASSEMBLY INFORMATION - Panel 75

Orlando Marriott Lake Mary
(407) 995-1100
(800) 228-9290 (toll free)
1501 International Parkway
Lake Mary, FL 32746

[April Hotel Booking - Deadline is March 21](#)
[July Hotel Booking - Deadline is June 27](#)
[October Hotel Booking - Deadline is September 12](#)

**AGENDAS ARE POSTED APPROXIMATELY
30 DAYS BEFORE EACH ASSEMBLY**

Future Assembly Dates:

2025
April 11-13 | July 18-20 | October 3-5
2026
January 2-4



A FLIMSY REED

**38TH ANNUAL TAMPA BAY FALL ROUNDUP
AUGUST 29, 2025 - SEPTEMBER 1, 2025
SHERATON TAMPA BRANDON HOTEL
10221 PRINCESS PALM AVE
TAMPA, FL 33610**

REGISTER ONLINE: [HTTP://WWW.TAMPABAYFALLROUNDUP.COM](http://www.tampabayfallroundup.com)

WE, IN OUR TURN, SOUGHT THE SAME ESCAPE WITH ALL THE DESPERATION OF DROWNING MEN. WHAT SEEMED AT FIRST A FLIMSY REED, HAS PROVED TO BE THE LOVING AND POWERFUL HAND OF GOD. A NEW LIFE HAS BEEN GIVEN US OR, IF YOU PREFER, "A DESIGN FOR LIVING" THAT REALLY WORKS. (CH 2 THERE IS A SOLUTION - PP. 28)

Hernando County Intergroup Treasurer's report February 2025

Checking	
Beginning Balance	\$1,637.61
Total Withdrawals	-\$1,495.57
Total Deposits	\$2,155.10
Ending Balance	\$2,297.14

Savings	
Beginning Balance	\$2,549.94
Total Withdrawals	\$0.00
Total Deposits	\$0.02
Ending Balance	\$2,549.96

Expenses	
AAWS	\$156.00
Hazeldon	\$13.90
Go Daddy	\$203.88
Grape Vine	\$11.74
Lamson Rent	\$680.00
Microsoft	\$99.99
Recovery Accents	\$97.45
Service Fee Bank	\$5.00
Spectrum	\$179.98
Target - Office Sup	\$61.53
Total	\$1,123.95

Donations	
Anonymous	\$50.00
Happy Hour Group	\$200.00
Principles B4 Personalities	\$10.41
Serendipity Sister's	\$50.00
Sunset Group	\$480.00
Together We Stand	\$60.00
Wise Women	\$100.00
Total	\$950.41

Other Income	
Archives	\$50.00
Sales Cash/Checks	\$404.22
Sales Square CC	\$410.78
Square Fees	-\$20.31
Unity	\$360.00
Total	\$1,204.69

Outstanding Checks	
Ck31036	
Founders day Treas.	\$400.00

Income	
Grand Total	\$2,155.10

**THE PROBLEM
IS NEVER
THE PROBLEM!
IT IS ONLY A
SYMPTOM OF
SOMETHING
MUCH DEEPER.**

Virginia Satir

What are the four paradoxes of Alcoholics Anonymous?

- (1) we surrender to win.
- (2) we give away to keep.
- (3) we suffer to get well.
- (4) we die to live.

SPONSOR THE STORE



Contributions can be mailed to;
Office & Bookstore - Sponsor the Store
4126 Lamson Ave.
Spring Hill, FL 34608

We celebrate your sobriety and are grateful for contributions such as yours that help support the services our A. A. store/central office provides to members and groups throughout Hernando County.

Your contribution helps ensure that the A.A. message is available anytime for those who reach out for help.

Some members contribute \$1, \$2, or more for each year of sobriety; others may give a penny or nickel for each day of sobriety.

Whatever the amount, we thank you for your participation in A.A.'s Seventh Tradition of self-support

By — Cyd B. Intergroup Treasurer

Comparative Analysis of Sales and Donations Over the Last Three Years and the Need to Increase Reserves Due to Inflation and lack of increased income.

Introduction

This document aims to provide a comprehensive comparison of the sales and donations received by Hernando County Intergroup over the last three years. Additionally, it will explain the necessity of increasing our reserves in response to ongoing inflationary pressures.

Yearly Comparison of Sales and Donations

Year 1: 2022

Sales: \$8,594.00

Donations: \$10,342.00

The year 2022 witnessed a significant level of support from both sales and donations.

Year 2: 2023

Sales: \$10,390.00

Donations: \$11,519.00

In 2023, there was an increase in both sales and donations

Year 3: 2024

Sales: \$9,332.00

Donations: \$11,865.00

The year 2024 saw a decrease in sales, while donations experienced a slight increase. We also received a substantial increase in our rent, had to pay the cost of moving our office and the fees associated with moving utilities. We had to put out multiple financial fires, to the fault of no one in particular, and still did very well. It is important to note that these figures reflect monetary donations only and that the donation of time, and physical goods, such as the TV, and refrigerator, that were donated to the Intergroup Office; were at an all time high this past year and are greatly appreciated.

Analysis — continued on page 10

Analysis — continued from page 9

The Impact of “Life on Life’s terms” on our Reserves

Inflation has been rising steadily over the past few years. This phenomenon has several implications for any company or non-profit organization such as ours:

- **Increased Operational Costs:** The cost of books, merchandise, services, shipping and utilities has risen, leading to higher expenses in maintaining our operations.
- **Reduced Value of Donations:** As inflation increases, the real value of donations decreases. This means that even though the nominal amount of donations may remain the same or slightly increase, their actual purchasing power is diminished. That buck that we’ve put in the basket since around 1975, doesn’t buy nearly what it did then.
- **Uncertainty and Financial Instability:** Inflation creates an environment of economic uncertainty, making it challenging to plan for future projects and initiatives with confidence. For example, maintaining or replacing outdated or broken electronic equipment, i.e. phones, and computers.

Need to Increase Reserves

To safeguard the sustainability and effectiveness of Hernando County Inter Group in the face of inflation, it is crucial to increase our reserves to 3 times the amount of average monthly expenses, which are \$2738 including our Event Seed monies. This will provide us with a financial buffer to:

- **Mitigate Economic Risks:** Enhanced reserves will enable us to weather economic fluctuations and continue our operations smoothly, even during periods of financial instability.
- **Invest in Growth:** With increased reserves, we can invest in innovative projects, expand our reach, and enhance our impact on the community. Doing everything in our power to make sure that our 24-hour Hotline is always up and running.
- **Maintain Service Quality:** Additional reserves will ensure that we can maintain the quality of our services and programs without compromising due to budget constraints. We can assure AA’s that books and literature will be on the shelves at the lowest cost possible, and as quickly as possible.

Conclusion

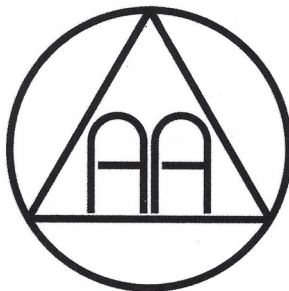
The comparison of sales and donations over the last three years highlights the need for a strategic response to the challenges posed by inflation. By increasing our reserves, we can safeguard our organization's future, ensuring that we continue to fulfill our mission and make a positive impact in the community, making sure that our hand is there for anyone who reaches out for help, despite economic uncertainties.



It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.

— Bill W. —

AZ QUOTES



**INTERGROUP OFFICE &
BOOKSTORE**

☞ COVERAGE NEEDED! ☞

SHIFT COVERAGE FOR: Tuesdays 9 AM – 1 PM

- Every other week if another volunteer is also interested in a bi-weekly commitment

Tues or Thur 4 PM – 6 PM

- Every other week if another volunteer is also interested in a bi-weekly commitment

Hernando County Intergroup Office & Bookstore is in immediate need of volunteers. This is a long-term commitment (at least one year preferred) and requires regular attendance to cover the shift. *Suggested* time in sobriety is two years, but less time will be considered.

If you are interested in joining the volunteer staff please contact Amy F at (810) 845-2561. Feel free to leave a message and I will get back with you. I look forward to hearing from you!

With gratitude,
Amy F, Office Manager

SHARE A SHIFT!

The IG Office & Bookstore needs volunteers who are interested in covering a shift on a bi-weekly basis (every other week) or as a backup. This allows members to make a service commitment that may be more manageable in order to meet the needs of their schedules. If you are interested, please contact Amy F at (810) 845-2561.

Thank you for considering these service opportunities!

Intergroup Office & Book Store
4126 Lamson Ave, Spring Hill, FL 34608
Office: (352) 683-4597
Hours: Mon – Fri 9 AM – 1 PM
Sat 9 AM – Noon
Tues 4 PM – 6 PM Coming Soon ***Need Volunteers***
Thurs 4 PM – 6 PM Starting in April (Date TBD) ***Need One Volunteer***

District Treasurer's Report			February 2025	
District			Corrections	
Beginning Balance	\$4,120.48		Beginning Balance	\$2,240.31
Total Expenses	-\$728.81		Total Expenses	-\$36.44
Total Deposits	\$395.00		Total Deposits	\$30.00
Ending Balance	\$3,786.67		Ending Balance	\$2,233.87
District Expenses			Corrections Expenses	
		YTD	Total	\$36.44
Archives	\$50.00	\$50.00		
Area-DCM Room	\$0.00	\$266.60		
Checking Acct Surcharg	\$5.00	\$5.00		
Check -New	\$135.47	\$135.47		
Founder's Day	\$400.00	\$400.00		
Preconf/Poat Conf	\$100.00	\$100.00		
Treatment	\$38.34	\$38.34		
December 2024 Unity	\$0.00	\$46.08		
Total	\$728.81	\$1,091.49		
District Donations			Corrections Donations	
		YTD	Hope Grp	\$30.00
Al Good	\$0.00	\$50.00		
Let's Get Serious	\$50.00	\$50.00		
Together We Stand	\$25.00	\$25.00		
Sunset Grp	\$320.00	\$520.00		
TIAS	\$0.00	\$60.00		
The Steps We Took	\$0.00	\$25.00		
Thursday Night Step	\$0.00	\$30.00		
Women Into Action	\$0.00	\$15.00		
Total	\$395.00	\$775.00	Total	\$30.00



"No matter how hard I tried to quit, I kept drinking like a fish."

Random Thoughts

- * The healthy and strong individual is the one who asks for help when he needs it. Whether he's got an abscess on his knee or in his soul.
- * I don't have to attend every argument I'm invited to.
- * When you realize you've made a mistake, make amends immediately. It's easier to eat crow while it's still warm.
- * Fear is a sickness that only the victim can cure.
- * If you tell the truth you don't have to remember anything.
- * Sponsors: have one-----use one-----be one.
- * When all else fails, follow the directions contained within the 12 steps.
- * Are you around AA or in AA?
- * There is no chemical solution to a spiritual problem.

Responsibility Declaration

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

DISTRICT 13 OFFICERS

DCM

Mark S. 727-858-8366
dcm@aahernando.org

ALTERNATE DCM

<V A C A N T>
altdcm@aahernando.org

SECRETARY

Joyce S.
secretary@aahernando.org

TREASURER

Jenlean G. 334 233 7522
treasurer@aahernando.org

COMMITTEES

ACCESSIBILITIES

Chair Laura L.
accessibilities@aahernando.org

ARCHIVES

Robert L.
archives@aahernando.org

Committees Cont.

COMMUNIQUE (DISTRICT)

Larry H. 352-238-3806
communique@aahernando.org

CORRECTIONS

Pat C. 203-228-1574
corrections@aahernando.org

GRAPEVINE

David W. 352-515-4439
grapevine@aahernando.org

LITERATURE

<V A C A N T>
literature@aahernando.org

PARLIAMENTARIAN

Eleanor B.
parliamentarian@aahernando.org

PUBLIC INFO (PICPC)

Nancy C.
picpc@aahernando.org

TREATMENT

Joe C.
treatment@aahernando.org

**Group Donation
 Addresses**

Attention all Group Treasurers:

Please send donations to the following:

ADDRESS CHANGE FOR DISTRICT

District 13 Treasurer

120 Dawson Ave
 Spring Hill, FL 34606
(Checks payable to District 13)

Hernando Intergroup Office

Cyd B. – Treasurer
 4126 Lamson Ave.
 Spring Hill, FL 34608
(Checks payable to Hernando Intergroup)

NFAC Area 14 Panel 74 Treasurer

PO Box 840066
 St Augustine, FL 32080
aanorthflorida.org
(Checks payable to NFAC)

General Service Board

PO Box 2407
 James A Farley Station
 New York, NY 10116-2407
(Checks payable to GSB)

- **What's the difference between a rottweiler and an alcoholic? The rottweiler knows it has to let go eventually.**
- **Asking for advice in AA is like trying to take a sip of water from a fire hose.**
- **Man meets a woman newcomer in an AA meeting. He asked what had brought her here. She replies she's fresh out of prison for murdering her husband. He responds, So you're single then.**

**Hernando County
 Intergroup**

Central Office & Book Store

4126 Lamson Ave.
 Lamson Woods Plaza
 Spring Hill, FL 34608
 Office Manager: Amy 352-683-4597
 Intergroup Office Hours:
 Mon - Fri 9 am–1 pm
 Saturday 9 am–12 pm
info@aahernando.org

Intergroup Officers

CHAIRPERSON

Dee Mc. 352-442-6423

chair@aahernando.org

ALTERNATECHAIRPERSON

Jim B. 727-642-3533

altchair@aahernando.org

SECRETARY

Eleanor B. 484-661-8753

igsecretary@aahernando.org

TREASURER

Cyd B. 818-314-4058

igtreasurer@aahernando.org

SECRETARY

Ellie B. 484-661-8753

igsecretary@aahernando.org

Committees

OFFICE MANAGER

Amy 810-845-2561

info@aahernando.org

4126 Lamson Ave. Spring Hill

Intergroup Office Hours

Mon-Fri 9am-1pm

Saturday 9am-12pm

Checks payable to:

Hernando Intergroup

Committees (cont.)

COMMUNIQUE (INTER GROUP)

Chair; John K. 352-650-2324

communique@aahernando.org

HEAART

Emma C. 727-844-8619

heaart@aahernando.org

HOTLINE 352-683-4597

Chair; Johnny V. 352-346-6096

INTERGROUP LIAISON

<VACANT>

igliason@aahernando.org

PARLIAMENTARIAN

Ellie B. 484-661-8753

igparlamentarian@aahernando.org

TECHNOLOGY

Chair; John K. 352-650-2324

CO-Chair; Andrew

webmaster@aahernando.org

UNITY MEETING

Deborah-Anne C. 631-522-0734

Donna M. 352-238-9697

unity@aahernando.org

INTERGROUP MEETING

First Friday

Feb 7th, Mar 7th

Forest Oaks Lutheran Church

8555 Forest Oaks Blvd.

ALCOHOLICS ANONYMOUS

Step 4

Made a searching and fearless moral inventory of ourselves.

1st Inventory - RESENTMENT

2nd Inventory - FEAR

3rd Inventory - SEX CONDUCT

(Harms to others)

The Fourth Tradition

Each group should be autonomous except in matters affecting other groups or A.A. as a whole

The Fourth Concept for AA World Services

At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge



**24 Hour
HOTLINE**

**7 DAYS a week
365 DAYS a year
352-683-4597**

**VISIT OUR WEBSITE
aahernando.org**

for all your event info and meeting schedules when you are on the go. If you have any changes or event information to add please email
webmaster@aahernando.org

If you find a mistake in this newsletter, please consider that it is there for a purpose. We publish something for everyone, and some people are always looking for mistakes.

APRIL ANNIVERSARIES

A Desire Group

John Y. – 2
 Dave P. – 2
 Louis S. - 2

All Good Group

Bob H. – 36
 Dorsey P. - 19

Aripeka Groups

Neil N. – 20

Happy Hour

Carla A. – 6
 Sam R. - 7

Heavy Hitters

Michael F. – 22
 Trish H. – 11
 Joe P. - 2
 Jodi M. – 9
 Sherri T. – 18
 Tawny C. – 1
 Savannah H. – 3

Travis J. – 1

Bruce P. – 22

Kara – 1

Mike E. – 32

Tiffany C. - 6

Hernando Beach

Dave P. — 2
 Lauren — 2
 Stephanie — 39

Hope Group

Jackie K. – 46
 Fernando M. – 9

Ladies Big Book

Kathy K. – 36
 Linda M. – 10
 Tracey B. - 16

Let Go & Let God

Gindee - 28

Life Goes On

Mike B. – 18
 Chris L. – 5
 John M. - 38

Principles B4 Personalities

Louis S. – 37
 Michelle P. – 5
 Michelle D. – 5
 Kim B. – 4
 Shellee L. – 5

Ed F. – 35

Violet F. - 6

Promises

Patty B. - 38

Ridge Manor

Michelle G. - 24
 Krystee V. - 18
 Paul B. - 26 *In Loving Memory*

Rough Roads

Al S. – 51
 Jim B. – 15
 Jim H. – 36
 Jon G. – 13

Melanie D. – 12

Spring Hill Monday Night

Richie N. – 38
 Roger L. – 39
 Bruce B. - 35

Serendipity Sisters

Tia M. - 25
 Linda M. - 9

Serenity Sisters

Candy M. – 24
 Carrie P. – 5
 Joan G. – 53
 Linda C. – 53
 Maureen B. - 44

Step In The Right Ditection

Doreen L. - 43
 Jack L. - 11

Step Sisters

Lauren D. - 2

Steps We Took

Bob H. - 36
 Jack L. - 11

There Is A Solution

Michael E. - 32
 Dawn S. - 8

Thursday Night Welcome

Richie N. - 38

Tranquility Group

Louis S. - 37

Young Men's

Andy B. - 19

Women's Serenity

Jo Dee - 9
 Susan - 16
 Kathy K. - 36

Young Mens

Bob E. - 36

Congratulations



Poem

knew he was lying
 his lips were moving
 could do it without trying
 he found it amusing

he blamed it on his forgetter
 the brain was not engaged
 lazy, he had no get up and go getter
 his mind like a cheese that aged

next excuse, the backward brain
 no positive only negative
 mind was borne to think insane
 his language just one long expletive

fear and doubt controlled his thinking
 selfishness was just a defense
 he can't control the drinking
 completely void of any common sense

a drunk he was usually found on the floor
 he was the addictive personality
 the drive behind the disease was "MORE"
 the worst cases become a fatality

the fortunate are sent to rehab
 rarely does one get sober on their own
 the lucky have sources to pick up the tab
 it is by example the successful are shown

held in remission is the best result
 alcoholism a disease resistant to willpower
 inheritable, progressive, rarely abrupt
 he believes he lives in an ivory tower

needed is a psychic change
 he cannot be cured solely on brainpower
 new beliefs are not strange
 moving toward faith in a Higher Power

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ME and the Boss

DO go out for coffee for the "meeting after the meeting."

DO recognize the signs of relapse, like taking back control and isolation.

DO take a service position at your home meeting to get connected.

DO find members that are positive and enjoy sober life.

DO start working the steps with a sponsor that you trust.

DON'T arrive late and leave early. Show up and be committed.

DON'T ignore feelings of depression/anxiety. Get professional help if needed.

DON'T assume you can't help other members because you're new.

DON'T hang out with negative people in or out of recovery.

DON'T try working the steps alone. You can't help yourself.

Get in... we're going on a 12-step call!



Our primary purpose is to carry this message to alcoholics who still suffer. The Intergroup Office is always looking for volunteers to sign up for our 12th-step call list. You can sign up by calling the office, or go to our website: aahernando.org/12-step.

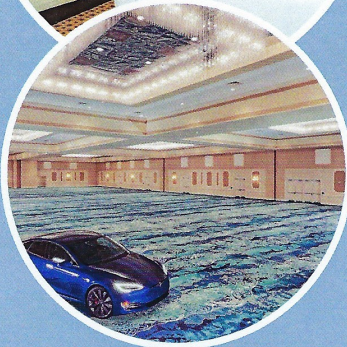
ORLANDO 2026

68th Florida
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August 6-9, 2026



EXPERIENCE A NEW FREEDOM

- ✓ Affordable
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- ✓ Register Early and Save

FUN ACTIVITIES

- ✓ Indoor Go-Kart Racing
- ✓ Indoor Water Volleyball
- ✓ World-Class Golf
- ✓ Scenic 5K
- ✓ Dance Parties



\$159 Room Rates




\$40 Early Registration

◆ NEW FROM GSO

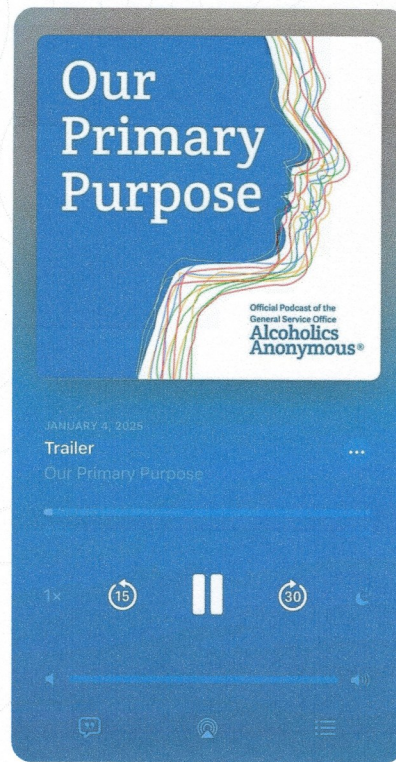
Our Primary Purpose Podcast

“Featuring interviews with GSO staff and voices from A.A. history and the Fellowship today – learn how GSO supports A.A. groups and members to carry the message of hope and recovery.”



*Available in English only

Season 1 streaming now and available on podcast platforms



Questions? Contact us at gsopodcast@aa.org or visit the [webpage](#).



Hernando County Intergroup
 24 Hour Hotline (352) 683-4597



Scan QR Code with your Smart Phone for Hernando County Intergroup's On-Line Meeting List. Pinter friendly list can be found at: <https://aahernando.org/where-when/>

Or.... did you know there is an app for that?
 Brought to you by Alcoholics Anonymous World Services, Meeting Guide is a free of charge app that provides meeting information where ever you happen to be in an easy to read format.



Meeting Guide
 A.A. World Services

