



COMMUNIQUE

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To: Amy R. Office Manager

AA Dist.13 Intergroup

Hernando County

This note of "Thanks" to you Amy is on behalf of everyone at D-13. We want to personally thank you for your level of dedication and hard work that you accomplished during these recent times. It is only because of your persistence and organizational skills that we were able to relocate our IG office and a streamlined inventory so quickly and smoothly while still continuing to serve our AA groups. You have gone above and beyond in your daily support of the office in our mission to serve the alcoholic. We want you to know your valuable skills and dedication will be sorely missed by all.

Again thank you Amy for all you do.

Dee M. Chair

Jim B. Alt Chair

AA Dist.13 Intergroup

Hernando County

Corrections to May 2025 Communique Anniversaries

Two anniversaries were regrettably left off the May Communique.

They are Hernando Beach Group Rich P - 29 years

The Hernando Beach Group celebrated 31 years

My sincere apology for the omissions - Larry H, Editor

June is the 6th month so we will take a look at Step 6**“We were entirely ready to have God remove all these defects of character”****Step Six Summarized**

By using the self-awareness we developed in Steps Four and Five, we compile a list of the character flaws within ourselves that are obstructing our progress. These "character defects" might include outdated beliefs that no longer serve us (such as “I’m incapable of love,” “I’m not good enough,” or “People will always disappoint you”), or they could be personality flaws like being easily angered, judgmental, envious, perfectionistic, or procrastinating, or having excessively high expectations of others. These flaws act as barriers to our ability to experience the love, relationships, and life we desire. Without clearly identifying these barriers, we cannot initiate change. Some of our character defects may provide certain benefits. For example, our tendency towards self-righteous anger might give us a feeling of superiority and significance. Alternatively, our procrastination may enable us to evade challenging tasks and seek immediate pleasure instead of engaging in work. Letting go of these defects may require significant sacrifice. In Step Six, we prepare ourselves to be completely ready and willing to release these flaws.

What is a Character Defect?**Anger and Hatred****Selfishness and self-centeredness****Being dishonest and lying regularly****Defensiveness****Constantly playing the victim****Blaming self and others****Antagonistic****Close-mindedness****Codependence****Being judgmental towards others****Self-loathing****Being overly critical****Overly apologetic****Perfectionism****Resentment****Arrogance and over-confidence****Being dishonest****Impatience****Laziness and a persistent lack of motivation****Irresponsibility****Failure to fulfill personal obligations and take care of responsibilities****Intolerance****Being overly critical of self/self-deprecation****Preoccupation with physical appearance****Stubbornness****Selfishness****Too Much Pride****Jealousy****Taking things too seriously****Consistently reacting to situations with aggression and anger****Actively avoiding confrontation****Being controlling of others*****(Step 6 continued on page 3)***

(Step 6 continued from page 2)

These are just a few examples; personal character flaws differ from person to person. As you progress through the 12 steps of Alcoholics Anonymous, you will focus on your own unique – and much more specific – shortcomings. For instance, you may realize that your tendency to “react to situations with aggression and anger” manifests as road rage. You might notice that “playing the victim” arises whenever you feel unwell. No matter what you learn about yourself, the key is to be willing to address these character flaws and work through them without setting unrealistic expectations for yourself. This process is known as “taking a moral inventory,” which involves examining yourself honestly and thoroughly, identifying areas for improvement in your life and how you engage with the world around you.

When we request the removal of our flaws, it does not imply that we anticipate all our character flaws to be eliminated from us at once. Some may be removed, but for the majority, we will need to be satisfied with gradual improvement. The phrase “entirely ready” emphasizes our desire to strive for the highest standards we know or can learn. Essentially, this means that no one in recovery is expected to completely eliminate all their flaws immediately upon recognizing them. Recovery from alcoholism is a journey — one that requires a lifelong commitment to self-discovery and significant personal development.

Responsibility Declaration

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

A Declaration of Unity

"This we owe to A.A.'s future: To place our common welfare first; To keep our fellowship united. For on A.A. unity depend our lives, And the lives of those to come."

Me: it's not about how many times you fall, it's about how many times you get back up

Cop: that's not how field sobriety tests work

THIS TOO SHALL PASS.

IT MIGHT PASS LIKE A KIDNEY STONE.

but it will pass.

AGIRLANDAGLUEGUN.COM

When you stop drinking alcohol but switch to coffee instead...



Your assistance is needed now more than ever to share the AA message in treatment centers.

The hand of AA is now reaching out to "YOU"

Contact Joe C. at Ph, 201-981-9945 to volunteer

Be sure to leave him a voicemail in case Joe is not able to answer right away.

Below are some excerpts from our official pamphlet **"A.A. IN TREATMENT SETTINGS"**

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."

— Alcoholics Anonymous, page 89

Since one of the ways A.A.'s co-founders helped maintain their sobriety was by carrying the A.A. message into hospitals, many other alcoholics have discovered the great value to their own sobriety of working with suffering alcoholics in treatment settings and correctional facilities.

How does bringing A.A. to alcoholics in treatment settings help to strengthen sobriety?

Many happy sober A.A. members have found that the best cure for a "dry drunk" or a self-pity binge is working with another still-suffering alcoholic. Seeing other alcoholics recover, whenever they do, is almost as great a reward as our own sobriety. What better place to look for those still-suffering alcoholics than in a hospital or some other alcoholism treatment place? The idea is older than A.A. itself.

In 1934, a sober alcoholic named Bill W. kept trying to help drunks in Towns Hospital in New York City. None of them seemed interested at that time, **but Bill stayed sober.**

Joe C. Reports that he currently has three (3) days with no volunteers.

This is your opportunity to save a life and help your own sobriety.

Responsibility Declaration

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

EVENT CALENDAR

7TH
ANNUALEMOTIONAL
SOBRIETY
CONFERENCE 2025

JOIN US FOR EXPERIENCE, STRENGTH + HOPE

Saturday, June 28, 2025

8:45am	Welcome & Opening Statements
9:00am	Opening Speaker: Candice M - LA, CA
10:00am	Step 1: Tony M - Oklahoma City, OK
11:00am	Step 2: Beth B - Westfield, NJ
12:00pm	Friends Around the World
1:00pm	Step 3: Neal W - Antioch, CA
2:00pm	Steps 4 & 5: Di T - W Australia
3:00pm	Steps 6 & 7: Line B - San Diego, CA
4:00pm	Steps 8 & 9: Steven L - Austin, TX

Sunday, June 29, 2025

9:45am	Opening Statements
10:00am	Step 10: Glen D - Aiken, SC
11:00am	Step 11: Heather G - Knoxville, TN
12:00pm	Step 12: Rory M - Las Vegas, NV
1:00pm	Closing Speaker: Mildred F - Toronto, CAN

This ZOOM ONLY
conference brought
to you by
Everything or Nothing
of Gainesville, FL

ZOOM INFO

Zoom ID:
886 2977 4556
Password:
ESC2025

Attendance is Free.
Contributions greatly appreciated
VENMO & PayPal available at
conference

Zelle:
emotionalsobrietygainesville@gmail.com

Recorded by:
recoverytapers.org

EVENT CALENDAR continued



2025 A.A. International Convention in Vancouver, BC, Canada!

Registration is now open. Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding. The International Convention will take place from July 3 - 6, 2025, at the Vancouver Convention Centre and BC Place Stadium. You can find more information at the international convention website: aa.org/international-convention

NFAC ASSEMBLY INFORMATION - Panel 75

Orlando Marriott Lake Mary
(407) 995-1100
(800) 228-9290 (toll free)
1501 International Parkway
Lake Mary, FL 32746

July Hotel Booking - Deadline is June 27
October Hotel Booking - Deadline is September 12

AGENDAS ARE POSTED APPROXIMATELY 30 DAYS BEFORE EACH ASSEMBLY

Future Assembly Dates:

2025

July 18-20 | October 3-5

2026

January 2-4

DISTRICT 13 MEETINGS

District 13 meets monthly at Holy Trinity Lutheran Church 1214 South Broad St., Masaryktown Fl at 6:15 PM

Mon, 02 Jun, 6:15 PM - 7:30 PM

Mon, 07 Jul, 6:15 PM - 7:30 PM

Mon, 04 Aug, 6:15 PM - 7:30 PM

Mon, 08 Sep, 6:15 PM - 7:30 PM

Mon, 06 Oct, 6:15 PM - 7:30 PM

2025 AREA 14 ASSEMBLY DATES

July 18-20 / October 3-5

Area Assembly location: Orlando Marriott Lake Mary 1501 International Parkway Lake Mary, FL. 407-995-1100, 800-228- 9290 (toll free.) Check in 4:00 PM, check out 12:00 PM. See Area Assembly website for information:

aanorthflorida.org/assembly_agenda.asp

HERNANDO COUNTY INTERGROUP

Hernando County Intergroup meets monthly, typically the first Friday at Forest Oaks Lutheran Church 8555 Forest Oaks Blvd, Spring Hill Fl at 6:30 PM

Fri, 13 Jun, 6:30 PM - 7:30 PM

Fri, 3 Oct, 6:30 PM - 7:30 PM

Fri, 11 July, 6:30 PM - 7:30 PM

Fri, 1 Aug, 6:30 PM - 7:30 PM

Fri, 5 Sep, 6:30 PM - 7:30 PM

EVENT CALENDAR continued

HEAART

Hernando Emergency A.A. Response Team – Carrying The Message During Times of Emergency & Crisis.

Our Hotline is manned 24 hours a day, 7 days a week for meeting information and 12 step calls. (352) 683-4597.

**The next HEAART meeting will be June 20th, 6pm
at the Inter Group office to kick off hurricane season?**

In an attempt to serve our community better, we are asking for each Group or Meeting to Delegate a Representative (HEAART Rep) to provide our HEAART Team and Webmaster with contact information, and keep us advised of any meeting changes. If you are interested in becoming a Rep for your meeting or group, send us an email. Feel free to reach out with any questions or Concerns.

Thank you,

Emma C. – [Contact Emma – heaart@aahernando.org](mailto:heaart@aahernando.org)

Service Beyond the Group

General Service Representatives (GSRs)

The general service representatives (GSRs) of the U.S. and Canada are the foundation of our general service structure. Just as members make up a community, each A.A. group is part of a larger whole. Through your GSR, you can make your group's voice heard.

Each group's GSR usually participates with the GSRs of other local groups in regular district meetings. There the GSRs discuss plans and make decisions on how to best serve the local groups. They also learn more about what is happening in A.A. world service. GSRs also take part in area assemblies. They give input to those who represent your area at the General Service Conference.

District Committee Members (DCMs)

Each district has a leader of the district committee of GSRs called the district committee member (DCM). Thanks to the participation of the GSRs, the DCM is exposed to the group conscience of that district.

These DCMs are essential links between the group GSRs and the area delegate to the General Service Conference. DCMs pass on their district's thinking to area committees and service workers. They carry information back to local GSRs, who in turn keep their group members informed on various A.A. issues.

EVENT CALENDAR continued

UNITY MEETING SCHEDULE



June	14th	Womens Hope & Light Grpoup
July	12th	Wise Women & More Serenity Sisters
August	9th	The Hope Group
September	13th	Hernando Beach Group
October	11th	Singleness of Purpose
November		Gratitude
December		Intergroup

Unity Meetings, doors open at 6:30 PM

Nativity Lutheran Church

6363 Commercial Way,

Weeki Wachee, FL

A huge Thank You! to the above groups for stepping up.

We ask our other groups to please consider taking a positions next year

Deborah-Anne C. know at
unity@aahernando.org

Why A.A.s Carry the Message Behind the Walls ?

Many A.A. members are unaware of the important work being carried out by corrections committees. To those involved, however, corrections work is an opportunity to carry the A.A. message to the confined alcoholic who wants to live sober, one day at a time. Through a corrections committee working with corrections personnel, alcoholics are reached who might never otherwise find the A.A. program.

An active corrections committee is a vital link to prisons and jails, providing professionals and other workers in correctional facilities with information about A.A., literature, and guidelines for setting up A.A. groups on the inside.

A.A. World Service production of A.A. At work in correctional facilities: If you are interested in Service work with corrections, Please contact Pat C.

(corrections@aahernando.org) Pat will handle setting up the orientation and getting your badge. Pat has asked that you do not contact the Sheriffs office your self but call her instead



ALCOHOLICS ANONYMOUS

GETTING YOUR LIFE BACK ON TRACK
(RESULTS MAY VARY)

EVENT CALENDAR continued

District 13 and Hernando County Intergroup Present
the 15th Annual



Bill W.

**Founders Day
Celebration**

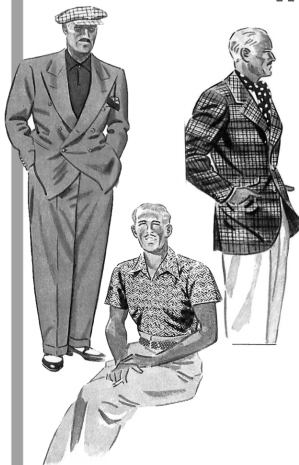
**Saturday, June 7
2025**



Dr. Bob

**Hernando County Fairgrounds
6436 Broad St Brooksville**

***Dress in your best
1930s clothing!***



Doors open	3:30 PM
Fashion show	4:15 PM
History of A.A.	4:30 PM
Long Timers panel	4:45 PM
Dinner served	5:15 PM
Archives presentation	6:15 PM

Followed by speaker meeting

GUEST SPEAKER: LEE B. FROM BROOKSVILLE

Please bring a dessert to share

200 tickets available

Tickets \$12, ticket sales deadline: May 15th

Several scholarship tickets available, meeting is free to attend starting at 6:45 PM

Call Ellie B. 484-661-8753 or Maryanne N. 914-466-9116

EVENT CALENDAR continued

August 16th 2025

**Emotional
Sobriety
*Workshop***

FROM 1:30-4:30

Speakers: Diana S, Amy W, Jose R

**Parking is only to the North by the Taco
Stand, the entrance is in the back**

Old School Group

18125 US Hwy 41, Lutz, FL 33549

**Bring an appetizer, a
main dish or a
dessert for the
Potluck**

Fellowship-Food-Fun!

50/50 Raffle

Bring your big book and a friend!

Hernando County Intergroup Treasurer's report

Apr-25

Checking		Savings	
Beginning Balance	\$3,273.87	Beginning Balance	\$2,549.98
Total Withdrawals	-\$2,748.32	Total Withdrawals	\$0.00
Total Deposits	\$2,111.80	Total Deposits	\$1,038.86
Ending Balance	\$2,637.35	Ending Balance	\$3,588.84

Expenses		Donations	
AAWS	\$ (501.96)	Anonymous	\$ 7.30
Annual Report 2025	\$ (70.00)	Fun & Frolic	\$ 100.00
Electric	\$ (52.20)	Principles B4P	\$ 98.49
Lamson Rent	\$ (680.00)	Precisely II BB	\$ 250.00
Office Suplies	\$ (70.32)	Singleness of Purpose	\$ 45.00
Service charge	\$ (5.00)	Ridge Manor	\$ 360.00
Spectrum	\$ (180.00)	Rough Roads	\$ 120.00
Unity Rent	\$ (150.00)	Women into Action	\$ 15.00
Total	\$(1,709.48)	Total	\$ 995.79

Transfer to Reserves

4/18/2025 \$ 1,038.84

Other Income

Archives	\$ 50.00
District Tech Expense	\$ 300.10
Sales Cash/Checks	\$ 209.00
Sales Square CC	\$ 301.30
Square Fees	\$ (18.39)
Unity	\$ 274.00
Total	\$1,116.01

Grand Total \$2,111.80

**Recovery
Is
About
Progression
Not
Perfection.**



alcoholics anonymous

Step Six
**FULL-BLOWN EGO
DEVASTATION!**

SPONSOR THE STORE



Contributions can be mailed to;

Office & Bookstore - Sponsor the Store
4126 Lamson Ave.
Spring Hill, FL 34608

We celebrate your sobriety and are grateful for contributions such as yours that help support the services our A. A. store/central office provides to members and groups throughout Hernando County.

Your contribution helps ensure that the A.A. message is available anytime for those who reach out for help.

Some members contribute \$1, \$2, or more for each year of sobriety; others may give a penny or nickel for each day of sobriety.

Whatever the amount, we thank you for your participation in A.A.'s Seventh Tradition of self-support

ACCESSIBILITIES

If you or anyone you know has an accessibilities need contact
Chair: Laura L. 352-345-0543. accessibilities@aahernando.org

What is Accessibilities?

The purpose of an Accessibilities Committee is to determine resources and recommend activities that will help carry the message of Alcoholics Anonymous to those with accessibility needs, both inside and outside the rooms of AA.

Examples of Accessibility Needs

- Deaf/Blind, Hard of Hearing or Low Vision
- Homebound or Bedridden
- Technology/Literacy
- Speech and Language Barriers
- Military/Veterans
- Reading Comprehension
- Remote Communities
- Foreign Language/ English as a second language
- Cooperation with the Elder Community CEC
- Nursing Homes/Assisted Living
- Loners Internationalists Correspondence Service
- Lack of Transportation/Mobility
- Childcare Availability

District Treasurer's Report April 2025

District	
Beginning Balance	\$4,172.59
Total Expenses	-\$685.90
Total Deposits	\$809.70
Ending Balance	\$4,296.39

Corrections	
Beginning Balance	\$1,903.07
Total Expenses	-\$67.20
Total Deposits	\$24.00
Ending Balance	\$1,859.87

District Expenses		YTD
Archives	\$50.00	\$200.00
-DCM Room	\$330.80	\$597.40
Checking Acct Sur chr	\$5.00	\$15.00
Checks-New	\$0.00	\$135.47
Founders Day	\$0.00	\$400.00
Treatment	\$0.00	\$38.34
December 2024 Unity	\$0.00	\$46.08
Rent Meeting Room	\$0.00	\$300.00
Technology	\$300.10	\$300.10
Returned Check	\$0.00	\$320.00
Total	\$685.90	\$2,452.39

Corrections Expenses		YTD
General Expenses	-\$67.20	\$434.44
Total	\$67.20	\$434.44

Corrections Donations		YTD
Hope Grp	\$24.00	\$47.00
Ridge Manor BB	\$0.00	\$30.00
Total	\$24.00	\$77.00

District Donations		YTD
Al Good	\$0.00	\$50.00
Cash on Hand	\$0.00	\$0.23
Hernando Beach	\$0.00	\$50.00
Fun & Frolic	\$50.00	\$50.00
Heavy Hitters	\$0.00	\$800.00
Let's get Serious	\$0.00	\$50.00
PB4P	\$19.70	\$85.39
Ridge Manor BB	\$360.00	\$360.00
Rough Roads	\$0.00	\$120.00
Thursday Night Step	\$0.00	\$30.00
Dist 7 Pre Conf	\$0.00	\$25.00
Singleness of Purpose	\$45.00	\$45.00
Sunset Grp	\$320.00	\$520.00
TIAS	\$0.00	\$60.00
The Steps We Took	\$0.00	\$25.00
Together We Stand	\$0.00	\$25.00
Women Into Action	\$15.00	\$30.00
Total	\$809.70	\$2,325.62

STEP 6



*It is easier to act yourself
into a new way of thinking
than to think yourself into
a new way of acting.*

(AA Big Book: 366:2)

Random Thoughts

"Those who abandon their dreams will discourage yours"

"Would you like to be right or happy?"

"When I came to recovery I realized that being a child for 28 years nearly killed me"

"I came for my drinking and stayed for my thinking."

"I searched for the enemy that I could not see, when I looked in the mirror the enemy was me."

"Anything an alcoholic lets go of has claw marks all over it."

DISTRICT 13 OFFICERS

DCM

Mark S. 727-858-8366
dcm@aahernando.org

ALTERNATE DCM

Kevin M. 352-232-5562
altdcm@aahernando.org

SECRETARY

Joyce S.
secretary@aahernando.org

TREASURER

Jennean G. 334 233 7522
treasurer@aahernando.org

COMMITTEES

ACCESSIBILITIES

Chair Laura L. 352-345-0543.
accessibilities@aahernando.org

ARCHIVES

Robert L.
archives@aahernando.org

Committees Cont.

COMMUNIQUE (DISTRICT)

Larry H. 352-238-3806
communique@aahernando.org

CORRECTIONS

Pat C. 203-228-1574
corrections@aahernando.org

GRAPEVINE

David W. 352-515-4439
grapevine@aahernando.org

LITERATURE

<V A C A N T>
literature@aahernando.org

PARLIAMENTARIAN

Eleanor B.
parliamentarian@aahernando.org

PUBLIC INFO (PICPC)

Nancy C.
picpc@aahernando.org

TREATMENT

Joe C.
treatment@aahernando.org

Group Donation

Addresses

Attention all Group Treasurers:

Please send donations to the following:

ADDRESS CHANGE FOR DISTRICT

District 13 Treasurer

120 Dawson Ave
Spring Hill, FL 34606
(Checks payable to District 13)

Hernando Intergroup Office

Cyd B. – Treasurer
4126 Lamson Ave.
Spring Hill, FL 34608
(Checks payable to Hernando Intergroup)

NFAC Area 14 Panel 74 Treasurer

PO Box 840066
St Augustine, FL 32080
aanorthflorida.org
(Checks payable to NFAC)

General Service Board

PO Box 2407
James A Farley Station
New York, NY 10116-2407
(Checks payable to GSB)

Hernando County

Intergroup

Central Office & Book Store

4126 Lamson Ave.
Lamson Woods Plaza
Spring Hill, FL 34608
Office Manager: <VACANT>

Intergroup Office Hours:

Mon - Fri 9 am–1 pm
Saturday 9 am–12 pm

info@aahernando.org

Contribute

The Seventh Tradition:

"Every AA group ought to be fully self-supporting, declining outside contributions."



Intergroup Officers

CHAIRPERSON

Dee Mc. 352-442-6423

chair@aahernando.org

ALTERNATECHAIRPERSON

Jim B. 727-642-3533

altchair@aahernando.org

SECRETARY

Eleanor B. 484-661-8753

igsecretary@aahernando.org

TREASURER

Cyd B. 818-314-4058

igtreasurer@aahernando.org

SECRETARY

Ellie B. 484-661-8753

igsecretary@aahernando.org

Committees

OFFICE MANAGER

<VACANT>

info@aahernando.org

4126 Lamson Ave. Spring Hill

Intergroup Office Hours

Mon-Fri 9am-1pm

Saturday 9am-12pm

Checks payable to:

Hernando Intergroup

Committees (cont.)

COMMUNIQUE (INTER GROUP)

Chair; John K. 352-650-2324

communique@aahernando.org

HEAART

Emma C. 727-844-8619

heaart@aahernando.org

HOTLINE 352-683-4597

Chair; Johnny V. 352-346-6096

INTERGROUP LIAISON

Angela M. 504-810-9739

igliason@aahernando.org

PARLIAMENTARION

Ellie B. 484-661-8753

igparlamentarian@aahernando.org

TECHNOLOGY

Chair; John K. 352-650-2324

CO-Chair; Andrew

webmaster@aahernando.org

UNITY MEETING

Deborah-Anne C. 631-522-0734

Donna M. 352-238-9697

unity@aahernando.org

INTERGROUP MEETING

First Friday

May 2th, Jun 6th

Forest Oaks Lutheran Church

8555 Forest Oaks Blvd.

I'M TOO BUSY
WORKING ON MY
OWN GRASS TO
NOTICE IF YOURS
IS GREENER

WALKING INTO A MEETING



AFTER YOU WORKED THE
STEPS

Eventually
every alcoholic
will have his
last drink.
Those of us in
AA get to talk
about ours.

**24 Hour
HOTLINE**

**7 DAYS a week
365 DAYS a year
352-683-4597**

**VISIT OUR WEBSITE
aahernando.org**

*for all your event info and meeting
schedules when you are on the go. If
you have any changes or event
information to add please email
webmaster@aahernando.org*

If you find a mistake in
this newsletter, please
consider that it is there
for a purpose.
We publish something for
everyone, and some
people are always looking
for mistakes.

JUNE ANNIVERSARIES**A Desire Group**

Lee B. - 46

All Good Group

Cheryl V. - 39

Gordon B. - 8

Aripeka Groups

Andy O. - 44

Fun N' Frolic

Bob C. - 31

Happy Hour

Matthew S. - 8

Heavy Hitters

Brenda C. - 1

Jenny S. - 4

Ed R. - 4

Maggie M. - 12

Lori - 3

Pete R. - 39

Cathie H. - 45

Michelle F. - 11

Hernando Beach

Sam P. - 38

Hope & Light

Maggie M. - 12

Marsha D. - 37

Cathie H. - 45

Hope Group

Danny B. - 7

Thomas S. - 7

Ladies Big Book

Mi Mi M. - 16

Kathy S. - 36

Valerie J. - 27

Let Go & Let God

Donna M. - 12

Pete - 39

Principles B4 Personalities

Ben P. - 15

Karen P. - 15

Donna M. - 12

Nancy F. - 28

Promises

Karen B. - 21

Bobby W. - 38

Nick S. - 2

Ridge Manor

Brooke M. - 14

Rough Roads

Jerry B. - 45

Spring Hill Monday Night

Bill - 45

Serendipity Sisters

Donna M. - 12

Serenity Sisters

Dee N. - 38

Singleness of Purpose

Nancy K. - 4

Joe W. - 5

Step In The Right Direction

Bill - 45

Step Sisters

Valarie J. - 27

Donna M. - 12

Sunset Group

Warner S. - 11

There is a Solution

Jenny S. - 53

Thursday Night Welcome

Ralph G. - 3

Tranquility Group

Joyce S. - 9

Joe W. - 5

Women into Action

Laura D. - 3

Marsha D. - 37

Women's Serenity

Chera D. - 3



Congratulations

Poem:

the dream so real I could touch it
awoke with a head that was split
in a cold sweat with a hairy tongue
feeling like a miner with black lung

oh the joys of a hangover
by a Mack truck you have been run over
daylight hurts the back of the eyes
every little noise is a big surprise

every hair follicle screaming ouch
pasted by a sweaty T-shirt to the couch
oh God, I swear, never again
from drugs and alcohol I will abstain

until the next time

the devil said I was having fun
if I stick to only beer, wine, vodka, rum
put on a limit to just three or four
remember the oath that I swore

will I ever tire of being sick and tired
of really being sick and tired
what shall I call my bottom
is my problem that uncommon

they say don't ever forget that last drunk
don't worry about how low you have sunk
just keep coming back is all they implore
the rewards will be more than you could ever ask for

choices, choices and choices
just listen to the sober voices
learn to live one day at a time
off that couch you will be able to climb

and pray that there will be no next time

ME and the Boss

The Principles of the Twelve Steps of AA:

Step 1: Honesty

Step 2: Hope

Step 3: Surrender

Step 4: Courage

Step 5: Integrity

Step 6: Willingness

Step 7: Humility

Step 8: Love

Step 9: Responsibility

Step 10: Discipline

Step 11: Awareness

Step 12: Service

Get in... we're going on a 12-step call!



Our primary purpose is to carry this message to alcoholics who still suffer. The Intergroup Office is always looking for volunteers to sign up for our 12th-step call list. You can sign up by calling the office, or go to our website: aahernando.org/12-step.

aahernando.org

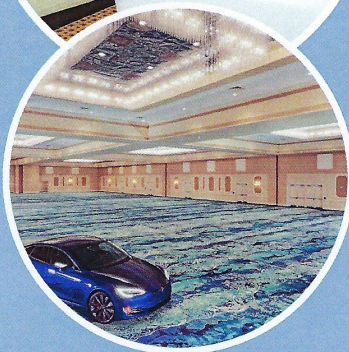
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NEW FROM GSO

Our Primary Purpose Podcast

“

Featuring interviews with GSO staff and voices from A.A. history and the Fellowship today — learn how GSO supports A.A. groups and members to carry the message of hope and recovery.

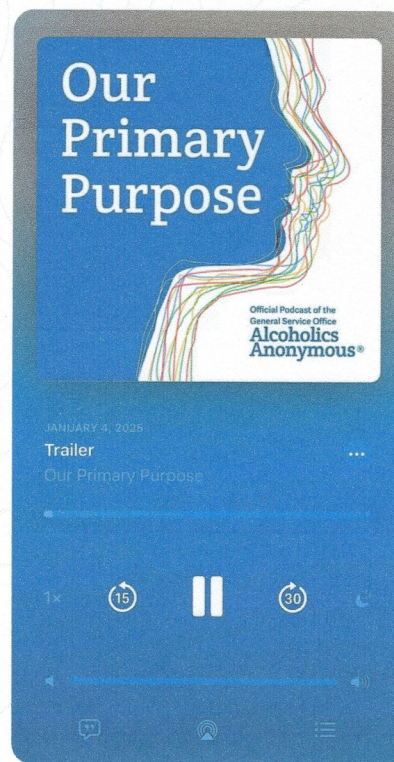


***Available in English only**

**Season 1 streaming now
and available on podcast
platforms**



Questions? Contact us at
gsopodcast@aa.org or visit the
[webpage](#).





Hernando County Intergroup
24 Hour Hotline (352) 683-4597



Scan QR Code with your Smart Phone for Hernando County Intergroup's On-Line Meeting List. Pinter friendly list can be found at: <https://aahernando.org/where-when/>

Or.... did you know there is an app for that?
Brought to you by Alcoholics Anonymous World Services, Meeting Guide is a free of charge app that provides meeting information where ever you happen to be in an easy to read format.



Meeting Guide
A.A. World Services





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Karaoke



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Sunday Poolside BBQ

**Package saves \$35 over a la carte*

SPEAKERS

Janice P, Tampa, FL
Danny B, Spring, TX
Rose E, Springhill, FL
Chet P, Orlando, FL
AFG Sue L, Ridgeport, PA
Steve L, Redondo Beach, CA
Karl M, Covina, CA
Cyndi M, Louisville, KY
Paulette R, Miramar, FL
Holly D, Jacksonville, FL
YPAA Thomas P, Sugar Hill, GA

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